





OL. 60

50¢

That's Our Story and We're Sticking to It



COMMENTS?

Suggestions?

CONTRIBUTIONS?

WRITE TO OUR NEWSPAPER:

Suffield High School

1060 SHELDON STREET

West Suffield, CT 06093

Tel. # (860) 668-3810

event of this year has finally occurred! And The Suffield Times is the first to bring you the breaking news. The Class of 2008 from Suffield High School has officially graduated after four long years of hard work.

Although details have still not been released, we

have learned that these students are looking back at their days at Suffield High School as the best time of their lives. Read into our newspaper to discover the most memorable events from this year. And remember...this story is still being written.

THE STORY BEHIND THE SUFFIELD TIMES

THE METHOD TO OUR MADNESS

lic about the important events look at. in a certain area. Here, at Suffield High School, there are that have happened during the always many different things year and we hope you enjoy going on. From dances to mara-looking back on them. We want thons, everything needs to be to assist in cherishing your made note of.

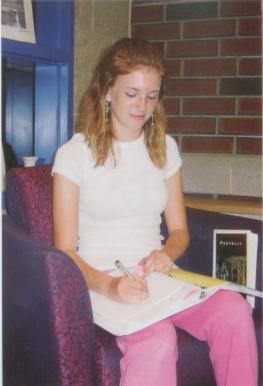
As members on the yearbook best way possible. staff, we want to bring you all of the memorable occasions in an organized way. A newspa-

YEARBOOK ROOM- So, why a per theme allows us to present newspaper theme? Newspa- crucial information and the pers are used to inform the pubpictures that people love to

> We covered the main events high school memories in the

Everyone has their story; this is ours... and we're sticking to it. *

(Below) Meredith Lowe takes some time after class in the library to take notes for an upcoming AP U.S. history exam.





(Above) Kayla Fahle and Laura Vallance spend time in the media center to catch up and read about events in the paper.



(Right) Jillian Sipperly, Chris Oprica, and Laura Sauter are busy at work while taking notes during their chemistry class.

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E. TODAY AP

STUDENT OPINION

"A newspaper? It's a really cool idea. It will be easy to flip through and find what I'm looking for. When I get the yearbook, I want to be able to flip right to the boys' soccer page."

Drew Kirkland

"I am excited for the yearbook. I know it's going to be good. I really like the newspaper theme because people read newspapers everyday. I think it's very realistic and fun."

Chelsea Hunter

"I think the idea of a newspaper for the yearbook is going to be awesome. I hope to see a lot of pictures and I want to be able to look back and remember what happened at school events."

Matt Shute

"A newspaper is a great idea for a theme for this year's yearbook. I cannot wait to get it and have all of my friends sign it. It's a good way to record memories. The yearbook is going to be amazing!"

Grace Presnick

(Below) Gosi Kelliher and Colleen Moroney work hard in the computer lab on a project that is due for their biology class.



(Left) Sean Smith reads a newspaper. It is important for the students to stay informed with what is happening in the world.

Personal Ads

Senior Pics

In Search of: Graduating Senior, Thrill Seeker, Likes Taking Walks on the Beach and is Ready for a Long-Term Commitment...





Why hold the anger, it won't let you fly. -Beth Hart



Be glad of life because it gives you the chance to love, to work, to play, and to look up at the stars. –HVD



You are not what you were born, but what you have it in yourself to be. -Liam Neeson



In this lifetime, you don't have to prove nothing to nobody except yourself.





Don't tell me. Suggest. Don't tell me. -Frank Sinatra



Live for something rather than die for nothing. –George Datton



Laugh as much as you breathe and love as long as you live.



It's not the destination, it's the ride. –Harley Davidson



Illusion was beauty made true.
-Crimson Moonlight



If you want the rainbow, you gotta put up with the rain.
-Dolly Parton



Life is not about the breaths you take, but the moments that take your breath away.



Happy are those who dream dreams and are ready to pay the price to make them come true. -Leon J. Suenes



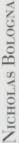
Life isn't about the waiting for the storm to pass, it's about learning to dance in the rain.



Now is the chance to advance and get an outlook, look ahead to a beautiful world. -Gang Starr



Intellectual growth should commence at birth and cease only at death. -Albert Einstein



Take a shower, shine your shoes, you got no time to lose, you are young and you must be livin'.



Live like today's your last because you never know where life is going to take you.



Sell your clothes, keep your thoughts. -Thoreau



The good times of today are the bad thoughts of tomorrow. -Bob Marley





To accomplish great things, we must dream as well as act. -Anatole France



Our greatest fear is not that we are inadequate, but that we are powerful beyond measure. -Nelson Mandela



My Love is my desire, my strength, and my conviction.



Popularity isn't always the winning factor.



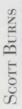
I pwn noobs. -Leeroy Jenkins



Life is what happens to you while you're busy making other plans. -John Lennon



Imperfection is beauty, madness is genius. It's better to be absolutely ridiculous than absolutely boring. -Marilyn Monroe







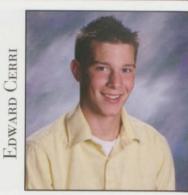
People don't understand that not only can they make a difference, it's their responsibility to do so. -F.R.



STEPHEN CANNON



The woods are lovely, dark and deep. But I have promises to keep, and miles to go before I sleep. -Robert Frost



Pain is inevitable, suffering is optional. -M.K. Casey

KARA CHAMBERLAIN



Never regret anything because every little detail of your life is what made you into what you are in the end.



Wherever you go, go with all your heart. - Confucious



SAMANTHA CIERI



Whether you think you can or you can't, you're right!





JAMES COATES



When the power of love overcomes the love of power, the world will know peace. -Jimi Hendrix



Sometimes you got to stop thinking so much, if it feels right it probably is, so just go with it.





Life is half spent before we know what it is. -George Herbert





KEVIN CONNELLY



Great works are preformed, not by strength, but by perseverance. -Samuel Johnson

BRITTANY CROSBY



The sun is always shining somewhere, even when it rains. - Tyrese



A quitter never wins, and a winner never quits. -Napoleon Hill



It is our choices that show what we truly are, far more than our abilities.

-J.K. Rowling



Live in the sunshine, swim the sea, drink the wild air ... -Ralph Waldo Emerson



Shoot for the moon. Even if you miss, you'll land among the stars. -Les Brown



He that loses money loses much. He that loses friends loses more. He that loses faith loses all.



From this moment on we will live our lives with open hearts and open eyes. -Story of the Year





Don't let life get you down, don't feel abused, keep a positive view unto yourself be true...Goosefraba, peace.



Faith sees the invisible, believes the incredible, and receives the impossible.



Life is a waterfall, were one in the river, and one again after the fall. -System of a Down



Nothing can bring you peace but yourself.



Sometimes there is no next time, no second chance, no time out. Sometimes, it's now or never.



You make a living by what you get; you make a life by what you give.



I don't know the key to success, but the key to failure is trying to please everybody. -Bill Cosby



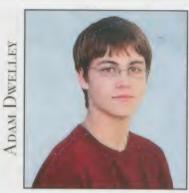
Obstacles are what you see when you take your eyes off the goal.



We Americans are too lazy to take over the world. We'll outsource the task to India and then take credit for it.



I love the place I live, but I hate the people in charge.



Do you walk to school or carry your lunch?





Hockey is where I live, life is just the time spent between the games.



Say who you are, say what you mean, question yourself are you really what you dream? -Dispatch



Emancipate yourselves from mental slavery. None but ourselves can free our mind. -Bob Marley





A true friend never gets in the way unless you happen to be going down.



Emancipate yourselves from mental slavery, none but ourselves can free our minds. -Bob Marley



Fly and you will catch the wind; dream and you will reach your goal.



There is no right way or wrong, you just have to live. - Bright Eyes



All I wanna do is go the distance. -Rocky Balboa





You can't see what you're not looking for.



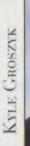
And if you look high, you see that I'm gonna be in it. The sky is the limit. -Lil Wayne



Live everyday like it was your last day.

BRIAN GRACEY

Others are merely mirrors of you. You cannot love or hate something about another person, unless it reflects you.





JAMESON GROUT

Begin each day as if you were on purpose. -Will Smith



Normal is not something to aspire to, it's something to get away from. - Jodie Foster

LEXANDER GUMINIAK

A word to the wise ain't necessary. It's the stupid ones who need the advice. -Bill Cosby



The future is no place to place your better days. -DMB

CHRISTOPHER HOLTZMAN



Don't tell someone what to do, tell them what you want and let them surprise you with their ingenuity. -Patton

BRYAN HULL



Imagination is more important than knowledge. -Albert Einstein

MELISSA JENKINS



If there is anything better than to be loved, it is loving.





Friends are forever, love is infinite, live life to the fullest and fulfill your deepest dreams.



Life is like a box of chocolates, you never know what you're gonna get. -Forrest Gump



What lies behind us and what lies before us are tiny matters compared to what lives within us. -Emerson



Free your mind and the rest will follow, seize the time no one is promised tomorrow. -Dead Prez



Be who you are and say what you feel because those who matter don't mind and those who mind don't matter.



Live as if you were to die tomorrow. Learn as if you were to live forever. -M.K. Ghandi



Life is like a box of chocolates, you never know what you'll get.

PEBBLES LACROSS



Who can say if I've been changed for the better? Because I knew you, I've been changed for good. -For Good

DEANNA LAMANTINI

Life is too short, live it to the fullest everyday. -Peanut

IACOB LAVALLEY



Peace through superior firepower leaves the peacefull all alone. -JDL

TRAVIS LAVALLEY



Laugh and the world laughs with you. Cry and you cry alone.



That's funny because no one would ever do that.



I swear I remembered to do it, I just thought it would be funny if I didn't. -Sam Larson



Do not dwell in the past, do not dream of the future, concentrate the mind on the present moment. -Buddha

CHRISTINA LUBAN



The true meaning of life is to plant trees, under whose shade you do not expect to sit. -Nelson Henderson



If you're not living on the edge, you're taking up too much space.

KEVIN MANNINO



An eye for an eye only ends up making the whole world blind.



Life is a great big canvas, and you should throw all the paint on you can. -Danny Kaye

MEGHAN MCGUNIGLE

Humor will keep you sane and balanced in the most difficult circumstances. -Robert M. Gates

VLEXANDRA MESSMER

Some believe in destiny and some believe in fate. I believe that happiness is something we create. -Sugarland



Believe nothing, no matter where you read it, or who said it, unless it agrees with your own reason and common sense. -Buddha



I don't know the key to success, but the key to failure is trying to please everyone.



Choose your friends by the type of person they are, not by how much money they have. -Mom



If you learn from your losses, your ability to win will become much stronger.

JASON MOYER



Even though it took four years to get here, it was the best four years of my life.

ALISON MURRAY



Only those who will risk going too far can possibly find out how far one can go. -T.S. Eliot

ERIN MURRAY

TAYLOR NEALE



To understand the heart and mind of a person, look not at what he has already achieved, but what he aspires to do. -Kahlil Gibran



AMBER NADEAU

Every new beginning comes from some other beginning's end.



Pursue the things you love doing, and then do them so well that people can't take their eyes off you.



Do not dwell on the past, do not dream of the future, but concentrate the mind on the present moment. -Buddha



Everywhere is within walking distance if you have the time.
-Stephen Wright



God's good word goes unspoken, but the music goes all night. -Sublime



We all sit around here in our hometown, it's so good like this; these times and memories I hope never fade.



The older you get the more rules they are going to try to get you to follow, you just gotta keep on living, man.



There are no tellers of fortune, only readers of fate. Everything happens for a reason.



Experience is a great advantage. The problem is that when you get it you're too old to do anything. –Jim Connors



It's only after you've lost everything, that you're free to do anything. -Fight Club

KRISTEN PEPLER



All men are frauds. The only difference between them is that some admit it. I myself deny it. -H.L. Mencken



Size matters not; look at me.
Judge me by size, do you?

-Yoda



Don't worry, be happy.
-Bob Marley



I'll lean on you and you lean on me and we'll be okay. –Dave Matthews



Life is not measured by the breaths you take, but by the moments that take your breath away.



I'd rather die like a man than live like a coward. -Tupac Shakur



This instant is the only time we have!



Opportunity is missed by most because it is dressed in overalls and looks like work. -Thomas Edison



You miss 100% of the shots you never take. -Wayne Gretzky



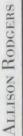
Only those who will risk going to far can possibly find out how far one can go. -T.S. Eliot



Nothing worth having comes easily.



I'm from the future, it's too late to RSVP. -Cyborgbot of the future





Neither you nor the world knows what you can do until you have tried. -Ralph Waldo Emerson



Who you choose to be around lets you know who you are.



There's not to reason why, there's but to do and die. -Alfred Tennyson



Stay far from timid, only make moves when your heart's in it, and live the phrase, sky's the limit. -Biggie





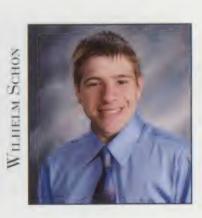
Some things cannot change, but till I try, I'll never know. -Defying Gravity



To give anything less than your best it to sacrifice the gift. -Steve Prefontaine



If opportunity doesn't knock, build a door. - Milton Berle



KANE SEAHA





WILLIAM SCHNEPP

You can't measure the heart of a champion.







Carpe Diem. -Quintas Horatius Flaccusnone.

IAN SHULMAN



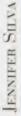
Only those who risk going too far can possibly find out how far they can go. -DJ Solo

NICOLE SILKEY



Be who you are and say what you feel because those who matter don't mind and those who mind don't matter.

- Dr. Seuss





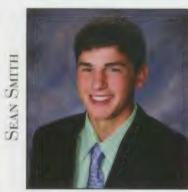
Pain nourishes courage. You can't be brave if you've only had wonderful things happen to you. -Mary Tyler Moore



When your life flashes before your eyes, make sure you have got plenty to watch.



Every battle has its end.
-Vanguard



It's a dog eat dog world.





Don't go where the path may lead, but go instead where there is no path and leave a trail. -Emerson



I haven't missed a day!



What lies behind us and what lies before us, are tiny matters compared to what lies within us.

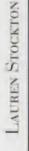


If you have your car under control, you're not driving fast enough. -Parnelli Jones



CHRISTOPHER STEIN

Whether you think you can or you can't, you're usually right.



Never regret anything, because at one point it was exactly what you wanted.



Do you like having a good time? Then you need a good watch! -Rocky Balboa



In the end you always go back to the people that were there in the beginning.



I get by with a little help from my friends. -The Beatles



Am I country and willing to take a stand, you bet I am. -Craig Morgan

MICHAEL TASSINARI



To thine own self, be true.

AMANDA THIBEDEAU



Change is the law of life. And those who look only to the past or present are certain to miss the future. -JFK

ENNIFER THRESHER



Don't cry because it's over, smile because it happened.

Melissa Tittarelli



Don't go where the path may lead, but instead where there is no path and leave a trail. -Emerson



Life isn't about the breaths we take, but the moments that take our breaths away.



Stage dives make me feel more alive than coded messages in slowed down songs. -Gorilla Biscuits



Life's tough, get a helmet!

ELIZABETH TREIBER

If you're lost in the dark, get to where you can see. -OAR



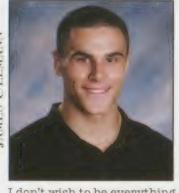
All you touch and all you see is all your life will ever be. -Pink Floyd



It's been a wild ride, I wouldn't change a minute. -311



Long you live, high you fly, smiles you give, tears you cry, all you touch, all you see, is all your life will ever be. -Pink Floyd



I don't wish to be everything to everyone, but I would like to be something to someone. -Javan



MEGAN WESOLOWSKI



CASSANDRA WEST



You're brains in your head and feet in your shoes, so steer yourself in any direction you choose. -Dr. Seuss





Those who stand for nothing, fall for anything. -Alexander Hamilton



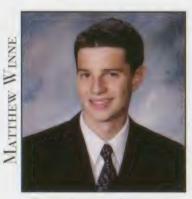
[Insert funny quote here.]



Flowers grow out of darker moments. -Corita Kent



I do what I say and say what I do.



Peace, love, and poptarts.



If you're not laughing, you aren't living, baby.



How does it feel, to be on your own, with no direction home, like a rolling stone? -Bob Dylan



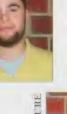
If one door opens to another door closed, I hope you keep on walking till you find the window. -Rascal Flatts



ERIC HEAVEY



MAX CARROLI





FROME HILL





Not Pictured: Kera Simons James Cecere Kyle Henry Gregory Moser Jasmine Betts Cody Keller Rebecca St. John Noelle Sullivan

Caps Fly at Suffield High

shs - For the seniors it seems as if Freshman year was just last week. Four long years have been spent waiting for this time. All the tests, the exams, projects, homework; seem to fade away as the end comes near. Each year they knew they were one step closer to their final goal, and they've made it. Graduation.

Although they have been anticipating this event for what seems like forever, it has not all been work. Their high school career is one that may have been stressful at times, but ultimately, one of the best periods of their lives. These 200 kids have grown with each other, changed, and supported one another. From cheering at Spirit Night to playing sports, they have become so close. The time to leave Suffield High School and their friends will be filled with tears and promises to keep in touch.

They will be staying near, and traveling far, going to many different colleges, experiencing new careers, and meeting new people. However, despite all the future and adventures that they have in front of themselves, the Suffield High Class of 2008 will never forgot the memories that they have with one another. Good luck and congratulations to all seniors!



(Above) Jasmine Betts poses in her lab apron as she dusts for fingerprints in the brand new Forensics class. This seniors only class also includes blood spatter formation, hair and fiber analysis, and DNA comparisons.



(Above) Mitch Moody and Nick Rolocut take a break from their classes and play an intense game of chess in the media center. These two can be found here nearly everyday. Many seniors have a calmer schedule their final year, and therefore get a chance to just relax.



(Left) Andy Parent attempts to catch some shut-eye during Senior AP English. He is mentally exhausted after reading Shakespeare's Hamlet for over an hour. Even though it is his last year at Suffield High School, homework Andy's load and soccer practices make him barely able to stay awake during his classes.



(Above) Alison Murray, Amanda Loveland, and Brittany Crosby concentrate on an exam for Environmental Science. Alot of seniors sign up for the class to get the chance to go outside and explore the surrounding woods. However, there is some work involved.



ADVICE: Ask a SHS Senior



A WORD FROM THE WISE

Underclassmen always have questions about their future years of high school. Luckily, we have found seniors that were willing to shed some light on advice that has helped them through the years. Hopefully this advice will be helpful to all the underclassmen.

Q: What was your most challenging year of high school and how did you manage it?
-Gina DiPrato (soph)

A: My junior year was the hardest because I had just started thinking about college. On top of that, my work load was pretty demanding and I was taking some difficult courses. I had to make sure I kept up with all of my work so I didn't fall behind.

-Luke Anderson

Q: What was your favorite event held at Suffield High School?

-Giovonna Lancaster (soph)

A: The Volleyball Marathon was my favorite event. It was a night full of playing volleyball, video games, and hanging with my friends.

-Stephen Cannon

Q: Did you enjoy having senior privileges? What did you do when you got to leave early?

-Dan Bartley (fresh)

A: I loved having senior privileges. They made my day shorter when I could leave school early or come in late. When I would leave early, I would go home and either get

started on my homework or just chill out and watch TV before I had to head back to school for practice.

-Jenn Thresher

Q: Is there such thing as "Freshmen Friday"?

-Bruce Mackay (fresh)

A: No. There's no Freshmen Friday. All the upperclassmen just use this as an excuse to scare the incoming freshmen. It has been around for so long now that it is a tradition that keeps getting passed on. When the freshmen finally become sophomores, they can take part in the fun.

-Melissa Jenkins

Q: Will I get lost going from class to class?

-Matt Pasquariello (fresh)

A: The school can seem pretty large and overwhelming at first but once you figure it out, it's so easy. There are mainly two hallways that most of the classes are in and the commons and gymnasium are also really hard to miss.

-Matt Willet

Thank you to our senior class for the advice and assistance in making future high school years unforgetable and amazing for Suffield High School's underclassmen. It is important to realize that they need to make high school their own personal experience. Make these years the best ones of your life.



(Above) Seniors Eddie Brown, Luke Anderson, Matt Winne, Alex Peterson, Kirstie Albert, and Liz Treiber offer some advice to underclassmen. Having been at Suffield High School for four years, these students are very knowledgeable about the events that occur and know what is to be expected in classes.



(Above) Freshmen Patrick Slattery, Matt Pasquariello, Dan Bartley, Nick Collins, Brendan Fleming, Conor Blake, Paige Anderson, Katelyn Wood, and Tara Sullivan have millions of questions for the seniors at Suffield High School. The first year of high school can be intimidating, thank goodness for those seniors!

EXCLUSIVE FRESHMAN BOY LOSES GLASSES, WALKS INTO GIRLS BATHROOM!

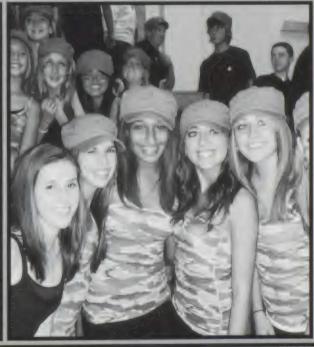
SHS Custodian: SPOTS WILDCAT

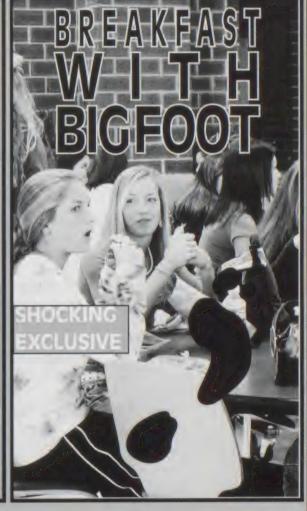








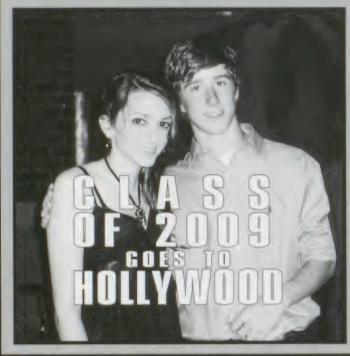














Richard Adams Melody Albert Eva Banlaki Vincent Barnes Stephen Bascom Dianna Bassett

Taylor Begnoche Kelsey Bentz Shelby Bermani Todd Bertrand Julie Bianchi Branden Bielonko



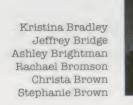












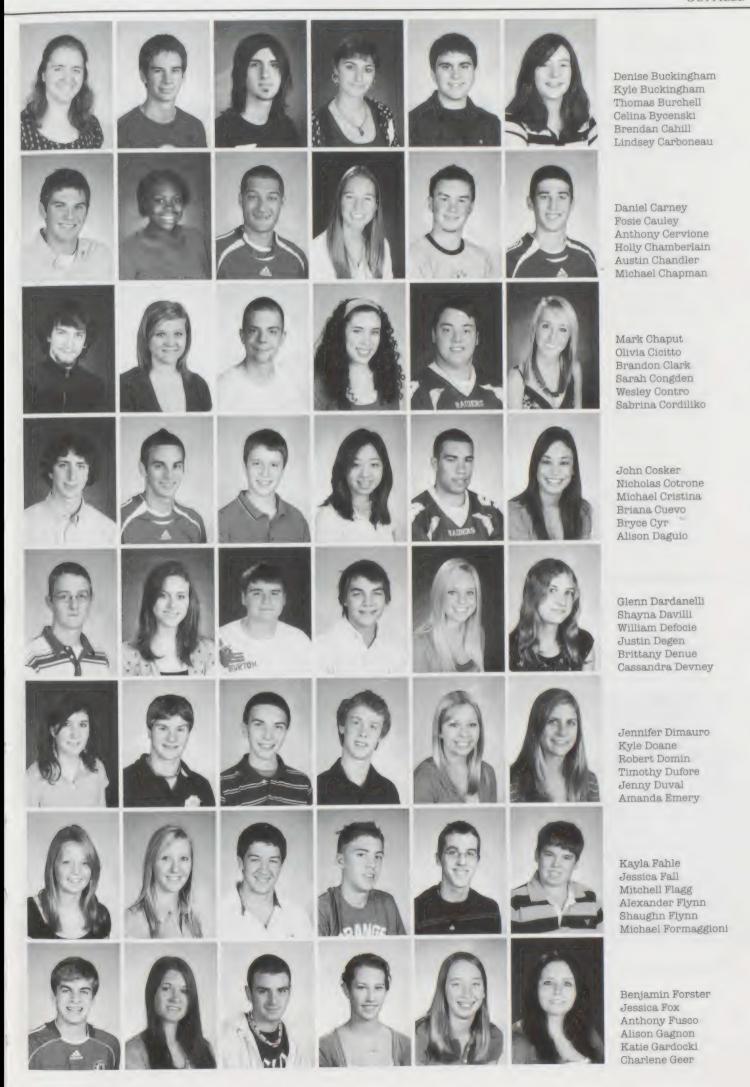










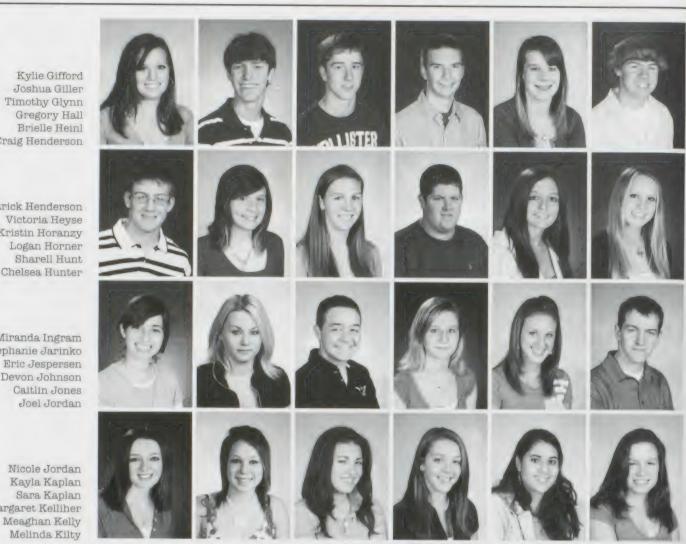


Kylie Gifford Joshua Giller Timothy Glynn Gregory Hall Brielle Heinl Craig Henderson

Patrick Henderson Victoria Heyse Kristin Horanzy Logan Horner Sharell Hunt

Miranda Ingram Stephanie Jarinko Eric Jespersen Devon Johnson Caitlin Jones Joel Jordan

Nicole Jordan Kayla Kaplan Sara Kaplan Margaret Kelliher Meaghan Kelly Melinda Kilty



IT Was So Embarassing!

Students confess their most embarassing moments in SHS...so far!



"I was at home typing, and my printer was out of ink. I normally lick the end of my pen to get the ink to start again, so I thought you could do that with an ink cartridge as well. My tongue was black for a week.'



"I walked into class and sat down. The class started and for 10 minutes I just sat there not paying attention. Eventually I realized I did not recognize a single person in the class. I was in the wrong classroom."

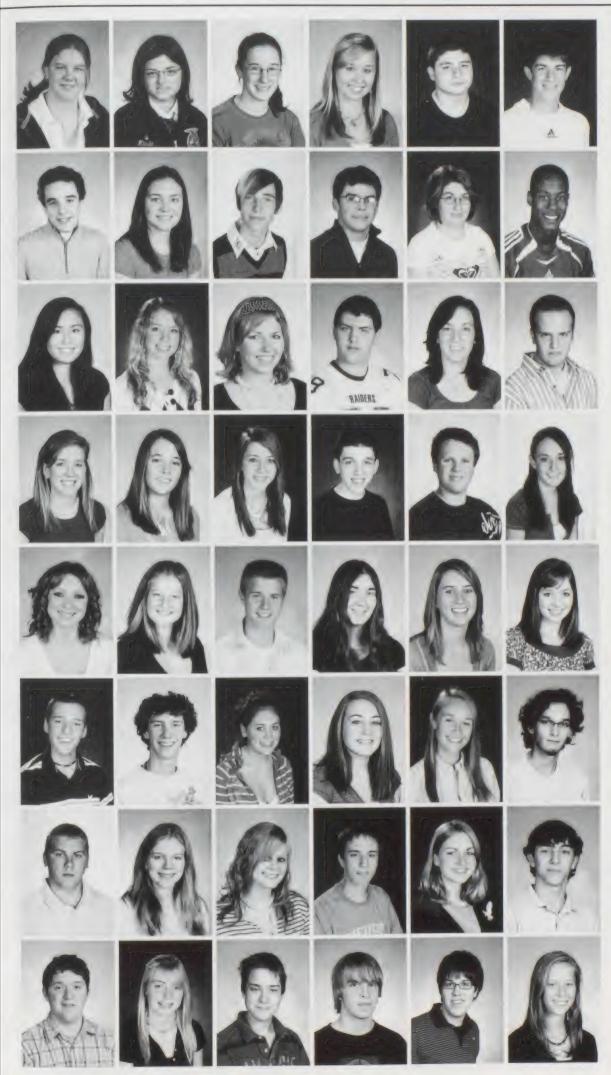


"I wandered into the bathroom and walking into a stall, when I heard a bunch of girls walk in laughing. I did not know what to do, so I did the only thing I could, swallowed my pride and walked past them."

Vicky Heyse

Sharell Hunt

Nick Oliver



Kristine Koistinen Michelle Kopec Sarah Krauss Michelle Kula Daniel Lafreniere Andrew Lagana

Andrew Lamagna Michelle Laplant Evan Laux Matthew Lavoie Jessica Lawrence Erik Lee

Amanda Leonhardt Brianna Lertora Brianna Liquori Robert Logan Nicole Loughrey Thomas Loveland

Meredith Lowe Silvana Luongo Gabrielle MacAri Matthew Magda Walter Malec Caitlyn Martin

Christie Mastroberti Brenna McGann Collin McGunigle Jessica McKenna Lauren Mercik Casey Merrick

Geoffrey Miner Samuel Mitchell Brittney Moores Brittany Morison Colleen Moroney Dante Mousaro

Erik Murphy Carly Neumann Kathryn Niemiroski Evan O'Connor Jennifer O'Leary Nicholas Oliver

Eric Ouellette Kristen Overson Ian O'connor Dermott O'malley Brendan O`shea Rachel Packard

Stephanie Pascoe Maurice Patterson Alexandria Pease Ryan Perkins Thomas Perrin Tran Phan Justin Pierce Dean Porcello Matthew Pravia Courtney Randall Falyn Rasmussen Bernadette Raum Christopher Richardson Joseph Rigby Katelyn Romano Nathaniel Rossi Cara Ryan T. Malion Stephanie Rypysc Nicole Salamone Wesley Sanborn Adam Santaniello Zachary Satryb Stephanie Shamy Holly Shea Evan Shelansky Shawnee Sherman Laura Sikes Julie Silva Bryce Skawski Michael Small Alexandra Smith Derek Stiles Kallie Sullivan Kathleen Summa Bryan Sutton Rebecca Suzenski Christopher Sweeney Edward Szoka Britney Tarantino Nicole Tedone Ashley Terlesky Ashley Thibedeau Giuliana Tittarelli Michael Turgeon

Colby Tyler Laura Vallance Angela Vincenzo Kelly Walsh



"He is a cool kid and really nice to me. That is why Evan is my best bud."

FRIENDS FOREVER

SHS HALLWAYS: Would you rather have ten good friends or one great friend who you can always count on? Some might choose the first option, but most will probably choose to have one or two great friends. The definition of a friend is a person attached to another by feelings of affection or personal regard. Everyone needs a friend who likes them the way they are, even though they may have their faults. Friends support us with our decisions, help us with our homework, give us advice and help cheer us up when we need a little sunshine in our day. Having fiends is great but being a friend can be just as rewarding. After all "The only way to have a friend is to be one" (Ralph Waldo Emerson).



"Branden is my best friend because he is very smart and he always lends me money for gas."

Evan Shelansky





Branden Bielonko









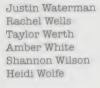








Emily Zaczynski Kendra Zaczynski Jessica Zamal Lucas Zielinski Vesselin Zlatev









CLASSES COMPLETE ABS



Stacey Adamczyk Zachary Allard Peter Armata Elizabeth Babbitt Daniel Bartini Molly Bascom

Ann Bauchiero Connor Betts Chelsea Bishop Lauren Bissey Shannon Bizeau Nathaniel Book

Heather Boudreau Michelle Boudreau Tara Boudreau Timothy Bourdeau Erin Brault Tyler Brookes













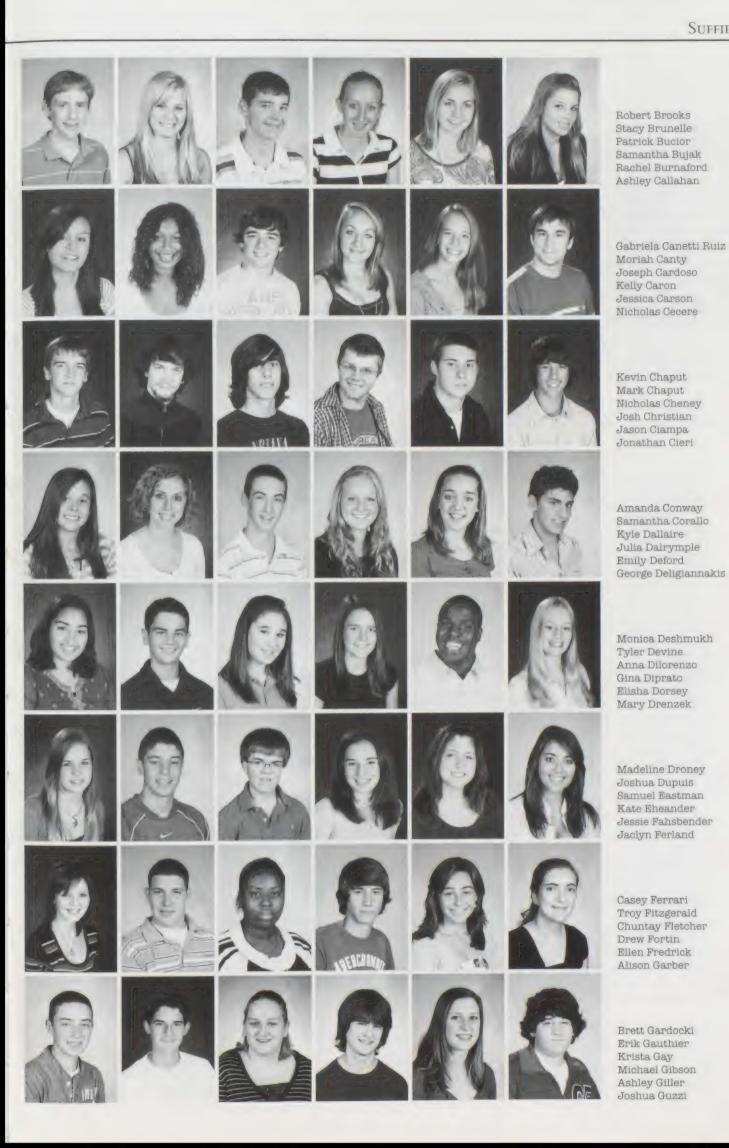












I never leave home without...



"Food and snacks, my 'yum yums'. I make sure I never forget them because I am always very hungry."

Kaitlin Sych



"I always bring my cell phone with me, just in case I need it. I don't have it on in school though, of course."

Rachel Tyman



"I never leave without my boxers. Because one always needs a fresh pair of undies... hygiene is a must."

Kevin O'Kane

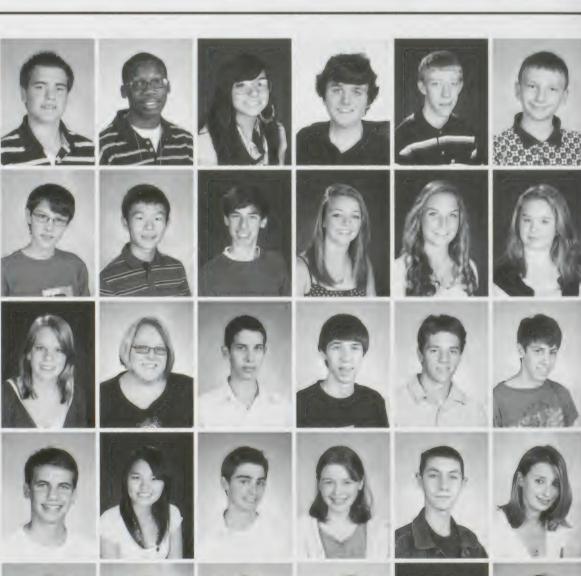
Robert Hale
Davon Hardeman
Andrea Henao
Will Herman
Timothy Herzig
James Heyse

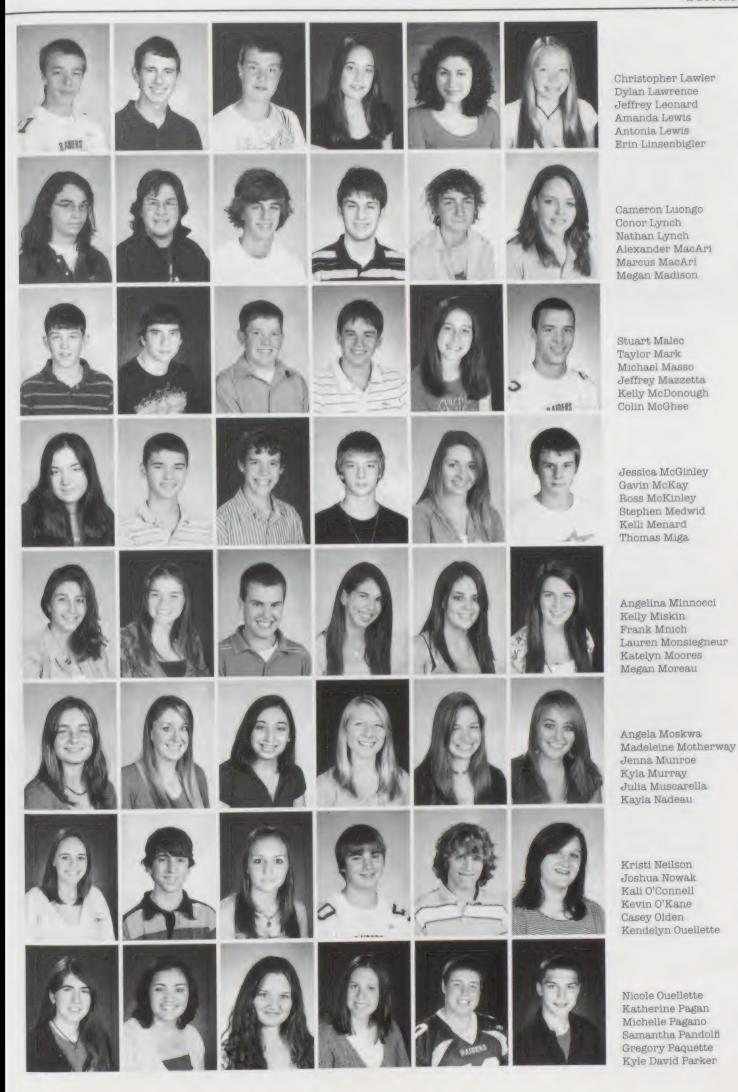
Sean Heyse Kevin Ho William Holtzman Morgan Hubbard Erika Hull Kaela Huther

Stacey Isbister Chelsea Jansen Anthony Jauregui Joseph Jauregui Ryan Johnson Samuel Johnston

Brett Kaselouskas Soo Kim Shawn King Emily Krauss Michael Kudla Kimberly Kuras

Christina Lacafta Alyssa Lacross Giovanna Lancaster Kevin Lapointe Kristie Laverdiere Jordan Lavin





Jessica Pastula Austin Phelps Nicole Picard Jennifer Pinto Jesse Potter Nicole Poudrette Jalon Rainey-Griggs Margaret Reeves Joshua Remy Chris Reynolds Tyler Richmond Sean Riddell Rachel Rocheleau Ariel Rogeness Dustin Rolocut Ralle Rookey Cory Roy Jasmine Ruckey Victoria Sadoski Mario Santos Matthew Schnepp Tyler Schwarz Taryn Scozzari Jonathan Sharp Andrew Shea Robert Sheehan Kyle Sheridan Blake Sherman Rachel Shermer Matthew Shute Tyler Simons Anne Sollish Matthew Spadorcia Kaitlyn Stanton Jeffrey Stein Brendan Stephen Andrew Storey Jessie Strickland Lindsay Strong Bethany Stulpin Joseph Sullivan Katherine Sullivan Kaitlin Sych Alea Tardy Kelsey Tavino Eric Tenczar

Nicholas Theodore Michael Thibodeau

Favorite Brand Names For...

Boy

Girl

Converse		Ugg
	Shoes	
Bull Head		Abercrombie
	Jeans	
Tall Tees		Urban Outfitters
	Shirts	
LG		Motorola
	Cell Phones	
IPod		IPod



Kelly Caron

Jeff Lonard







MP3 Players



























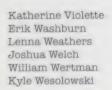






















Stephanie Yuan Melissa Zaczynski Angela Zaffetti Kate Zien Samantha Zipoli



FINALLY, A LITTLE BIT OF FREEDOM

WHERE IS MY BUS?





GET OUT
MY WAYE
FRESHMAN DON'T
KNOW THE "RULES
OF THE ROAD"

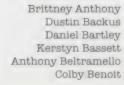
YET AGAIN,
STARTING
AT THE BOTTOM OF THE
LADDER

FOUR MORE YEARS AHEAD



FRESHVAN

Justin Abrams
Cory Allen
Lucas Allen
Paige Anderson
Zachary Anderson
Danielle Andresen



Don Beresford Zachary Bergamini Zachary Biederman Connor Blake Julia Boldy Shelby Bouchard



















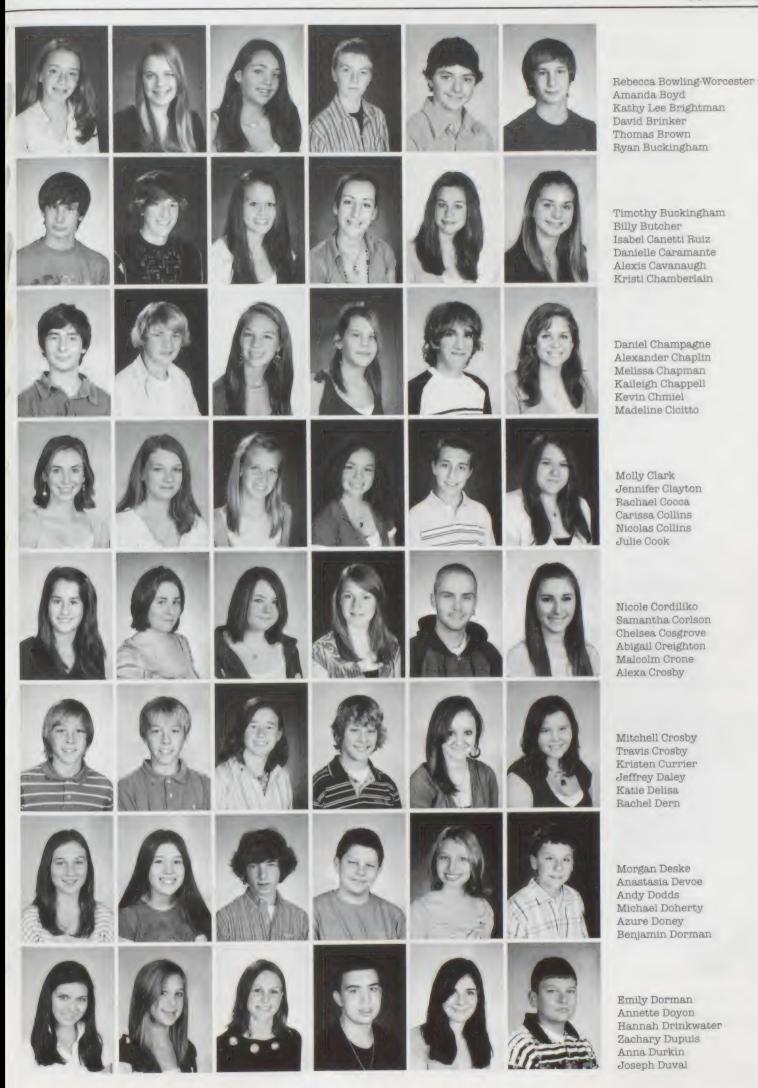






RAIDERS





Emily Ellithorpe Renee Ewing Stephanie Fahey Andrew Fahle Toni Fedora Dennis Ferrari





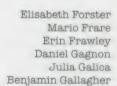










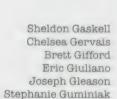
























WHAT'S THE DIFFERENCE?

Freshman compare middle school and high school.



"Sports are definitely more competitive. I love the team spirit."

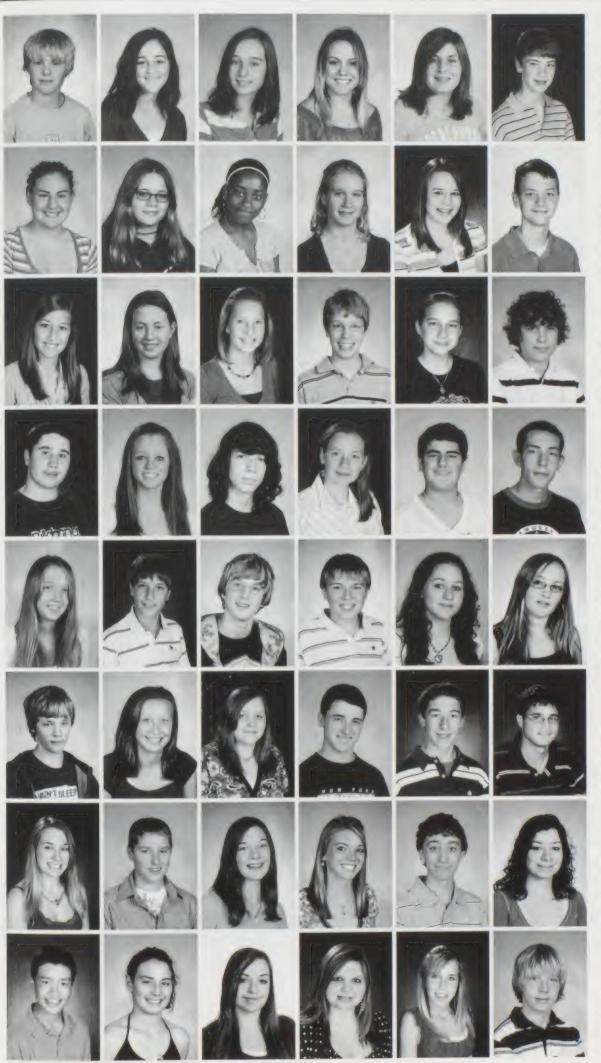
Tara Sullivan



"You get treated like an adult more than a child. You get to wear hats." Connor Blake

There are many differences between middle school and high school. Classes are more difficult, kids are older, but the rules are different. In middle school, students seemed to be treated more as kids. In high school however, you are given more responsibility as a student and as a young adult.

As a freshman, it can sometimes be difficult to transition between the two schools. Some kids find it easy, yet some find it hard. For the most part however, after the first few weeks of school, the freshman seem to fit right in and find their niche. Now, they only have a few more years and some classes to complete before they are back at the top of the social and academic "ladder."



Kevin Gundersen Samantha Guzzi Lauren Haffner Courtney Haglund Kayla Hale William Heath

Lilly Hopcroft Brittany Hube Brittany Hudson Helen Humphreys Megan Hysler Brendan Irish

Silvia Isotti Cathrine Jarinko Sarah Jordan Sawyer Judkins Angelique Justesen Cody Kaczmarek

Geoffrey Kaplan Karter Kaplan Tyler Keller Kelly Kenney John Kopec Michael Krzanowski

Emma Kubetin Mitchell Kucia Tyler Kuhns Ryan Kulas Alida Lamagna Kathleen Lamantini

Timothy Lamantini Hilary Lattanzio Rebecca Lavoie Patrick Lee Eric Lenser Hector Leon

Rachel Liberty Anthony Liquori Kelsey Loveless Brenna Lowe Bruce MacKay Kelsey Mackey

Andy Mai Kim Markee Behrends Michelle Markham Holly Markowski Christian Martin Norris Martinik

Daniel Sullivan

Charles McGann Felicia McPherson Kyle Mercik Sammuel Mercouriou Norissa Meyer Micheal Miskin Lauren Misunas Valerie Motter Anne Murphy Chelsea Murphy Marco Muzio Julie Nadeau Peter Nadolny Matt Nichols Kathryn O'Connell Ryan O'Leary Maura O'Malley James Padrevita Florence Panasiewicz Soobyung Park Scott Pascoe Allyson Pasquariello Matthew Pasquariello Chelsea Peck Katie Pederzani Nichalos Peluso Taylor Piccolo Andrew Pogg Karoline Porcello Grace Presnick Anjali Quinones Nicholas Rigby Brenna Robinson Elizabeth Roch Arianna Rossetti Allyson Rowe Steven Salter Samantha Saner Allison Santi Wayne Sarmiento Tyler Seidel Matt Sheahan Katie Shute Christian Skawski Patrick Slattery Hadley Stevens Shannon Storey

WHO ARE YOUR ROLE MODELS?

role model

-noun

a person whose behavior, example, or success is or can be emulated by others, esp. by younger people; "every child needs a role model."

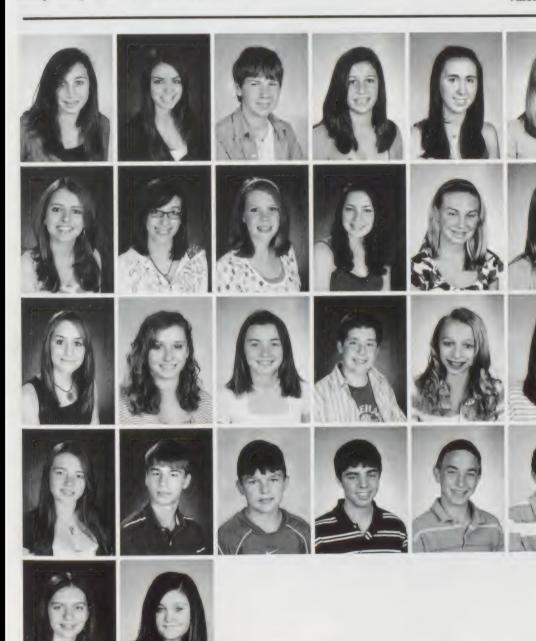
In society today, it is especially important for younger people to have role models. Many young people look up to celebrities because they are in the news and on TV alot, but it is important to look up to someone who displays good values, attitudes, and behaviors associated with a role. Many young people also look up to certain family members who they may share a close bond with.



"My mom. She sets a great example and helps me follow my dreams. It's also really easy for us to get along and she pushes me to do better." Valerie Motter



"Oprah helps and inspires people. She makes dreams come true. Her messages are universal and she touches the hearts of millions." Stephanie Guminiak & Isabel Canetti



Tara Sullivan Jessica Summa Michael Sutton **Emily Sweeney** Clare Tassinari Nicole Taylor Rebecca Tittarelli Jamie Torone Mary Tracey Hannah Vigneri Sarah Voisine Alyssa Wagner

Megan Walsh Alana Watson Kimberly Willett Morgan Wilson Sarah Wilson Katelyn Wood

Kayliegh Worster Mark Wyse Stephen Zaczynski Leo Zaffetti Peter Zaffetti Daniel Zatony



CELEBRITY UPDATES FACULTY ROOM - Although the teachers and faculty at SHS think that they are the ones who keep tabs on the students, in reality, they are

the top gossip in school. From whichteacher is giving a killer test to which principal is cracking down on the late students each and every morning, here you can find the updates and lat-

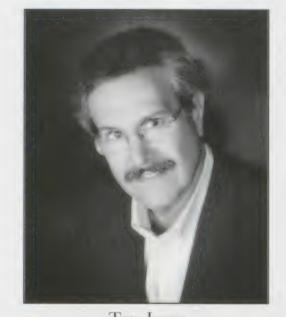
est news about our stars.

The teachers and faculty in the school do their best to evade the spotlight, shrinking away when a camera appears, as if the paparazzi was chasing them. What they do not realize is that they deserve all the attention they can get. Day after day they make the school organized, keep the students happy, provide lunch and maintenance, and educate, all simultaneously.

Not only do the teachers and staff help students learn academically, but they help students with life situations and problems. Teachers often create strong friendships with the students. The staff at Suffield High School is extremely important, without these A-list celebrities the school would certainly fall apart and never be the same. 2



(Above) Mr. Jones and Mr. Garvey can hardly contain their excitement for the completion of another trying school day. It difficult to find these two in the same place at the same time for a picture, since they are always so busy making sure that the school is running smoothly.



Tom Jones PRINCIPAL 8 YEARS FAIRFIELD UNIVERSITY, BA University of Rhode Island, MA RHODE ISLAND COLLEGE, CAGS



ED GARVEY ASSISTANT PRINCIPAL 20 YEARS WESTFIELD STATE, MA, CAGS



A-LIST CELEBS

The students are all buzzing about their favorite celebs of the year Tom Jones, and Ed Garvey. These two men have set an amazing example for the students by turning their job, into a hobby. Their performance in Suffield High School was memorable, realistic, and everlasting. They have brought us to laughter, tears, and occasionally... to their office.

However, not very many students mind talking to Mr. Jones or Mr. Garvey. The assistant principal and principal completely changed the generalized view of the principal's office, a dreaded place. Most students enjoyed getting a chance to have a chat with either Mr. Jones or Mr. Garvey, even if they were getting punished as well.

We will never forget the amazing personalities and enthusiasm that their characters brought to us. In recognition of their superior skills we dedicate this 2008 Suffield High School Yearbook to Principal Tom Jones and Assistant Principal Ed Garvey and wish them happiness in their retirement.



Sharon Akkouris Education Assistant 8 Years



Paula Anderson Secretary 8 Years Bay Path College, AA



Danielle Andrews Art 1 year Rhode Island School of Design Southern CT State U.



Fran Aniello Physical Education 31 Years Springfield College, BS



Terry Antram Resource Officer



Molly Baumann Nurse 11 Years Curry College, BSN Childrens Hospital Medical Center, Boston



Mark Beigel Science 6 Years U. of Rochester, BA UMass, M.Ed



Heidi Bikowski Guindance 1 year Bay Path College, BS U. of Hartford, MS



Miriam Blackaby Media Center Educational Assistant 19 Years



Celeste Cannon Special Education l year Central CT State U., MS Mid-Herts College, BA Montclair State College, BS Central CT State U., MS



Sue Carlson Business 18 Years Rockford College, BS Lesley U., MS



Kathy Carney Pupil Services 5 Years Bay Path College



Carl Casinghino French and Film 11 Years Princeton U., BA Vermont College, MA New York U., GFTV



Domenico Casolari Mathematics 7 Years Boston U., BS Simmons College, MAT



Laurie Castro Special Ed Instructor 2 Years Elms College, BSW Westfield State College, M.ED



Christopher Cosma Mathematics 8 Years Stonehill College, BA



Robert Coughlin Mathematics 1 year Sacred Heart U., MA ECSU, MS



Kevin Courchesne Science 2 Years Stonehill College, BS U. of New England, M.Ed



Physical Education 24 Years Lesley U. Central CT State U.



Diana Cunningham Christina DeAngelis English 2 Years Mt. Holyoke College, BA Manhattanville College, MAT



Libby Deedy Business 15 Years Bryant College, BS Rensselaer at Hartford, MS



Steve Dudeck Business 9 Years W. New England, BS Westfield State, M Ed. Cambridge College, CAGS



Paul Dumais Social Studies 5 Years Assumption College Central CT State U.



Beatrice B. Duni Secretary of Suffield Regional Agriscience Center 44 Years



Cookie Duval Cafeteria Staff 5 Years



Jason Efland Social Studies 1 year Clark U.



Robert Eggleston Physical Education 8 Years Westfield State College



Jennifer Elman Agriscience Student Teacher UConn, BS, MA



Guy Fortunato English 5 Years Sacred Heart U., BA, MAT



Gina Garfield Guidance 3 Years Emmanuel College, BS Central CT State U., MS



Daniel Gatto Life Education 5 Years Springfield College, BS, MS



Jeffery Gowdy Social Studies 38 Years Central CT State U., BS, MS



Harrison Griffin Director Suffield Regional Agriscience Center 30 Years UConn BS, MS



Joseph Grimard Science 7 Years Central CT State U., MS, BS



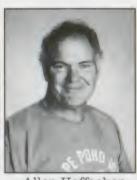
Janet Hackenyos Special Education 3 Years



Noreen Harnett World Languages 4 Years Smith College, BA Central CT State U., MS



Darlene Harris Main Office 16 Years S.T.C.C.



Allen Hoffacker English 4 Years Middlebury College



Christine Hoffacker Stephannie Holland Music 6 years Royal Conservatory Music ARCT Royal Schools Music LRSM Hartt School Music



English 5 Years Middlebury College Oxford, MS South Western, BS



Eddy Huppe Mathematics 6 Years Central CT State U., BS U. of Hartford, M.Ed



Mark Janick Mathematics 2 Years U. of Rhode Island Central CT State U., BS, MS



Rick Jensen Earth Science 32 Years Rutgers, BS, MS



Jean Johnson Physical Education 7 Years Central CT State U., BS, MA



Kristin Johnson Media Center 8 Years UConn, BA Southern CT State U., MLS



Patricia Juhl Mathematics 1 year Lebanon Valley College, U. of Hartford, MA



Sara Kaplan Social Studies 4 Years UConn, BS, M.Ed



Justin Kaput Agriscience 5 Years U. of Maine, BS



Larry Katulka Social Studies 32 Years Central CT State U., BS, MS



Gail Katz English and Latin 7 Years New York U., BA Yale U., MA Trinity College, BA



Alan Kaufmann 4 Years State U. of New York, BS U. of Virginia, MS



Jacqueline Kelly Special Education 2 Years Central CT State U., BS Cambridge College, M.ED



Nancy Kelly Spanish 10 Years Trinity, BA SUNY Albany, MA



Ron Kilby Special Ed. 11 Years Central CT State U., BA Westfield State College, MA



Ann Marie Kimmett Mathematics 29 Years UConn, BA Wesleyan U., MA



Barbara Klaus Special Education 7 Years Westfield State College, BS, M.Ed



Kristina Kochanek Guidance 8 Years Springfield College, BS American International College, MA



Laura Laflamme Agriculture 6 Years UConn, BA Central CT State U., MA



Harold Larson Permanent Substitute 10 Years UConn, BA Westfield State College



Ann Lewis Special Ed Para 13 Years U. of Arizona



Nancy Lombard Life Education 27 Years Central CT State U., BS Southern CT State U.,



Robert Lowell Head Custodian 25 Years



Norah Lusignan Psychologist 22 Years UMass, Ed. D.



Margaret Majewski English 4 Years Clark U., BA



Kyle McCullough History 9 Years American U., BS, BA U. of Hartford, M.Ed



Katherine McGurn Social Studies 10 Years U. of Delaware, BA Central CT State U., MA



Michael Melillo Academic Support 2 Years Keene State College, BA, Central CT State U., MS



Robin Mentzer Mathematics 4 Years Wheaton College, BS U. of Hartford, M.Ed



Maryellen Mercik Main Office 9 Years Asnuntuck, AA



Joseph Migliore Music 24 Years UConn, BA Central CT State U., MA



Donna Millikin Technology Department 20 Years San Juan Vo-tech School Colorado, RN



Deborah Miner Family and Consumer Science 14 Years Hillsdale College, BA Bowling Green State U.



Stacey Navratil Science 3 Years UConn, BS, BA St. Joseph College, MA



Gina Orvieto (Fasoli) English 4.5 Years SUNY College Buffalo, BS Springfield College, M. Ed



Cathy Peerless Art 35 Years U. of North Carolina BS U. of Hartford, MAE



Diane Phelon Secretary 9 Years



Dennis J. Picard English 31 Years Rhode Island College, BA Catholic U., MFA



Deborah Pierce Mathematics 10 Years Westfield State, BS, MA



Sandy Plourde Secretary 21 Years U. of Rhode Island, BS



Janice D. Potter English 26 Years Central CT State U., BA, MS



Kim Radziewicz Biology 15 Years Bates College, BS Tufts U., MAT



(Below) Mrs. Riordan and Mrs. Potter show their enthusiasm for be



Steve Rascher English 2 Years Trinty College, MA UConn. Ph.D.



Karin Riordan Spanish 9 Years Bates College, BA Elms College, MAT



Margaret A. Schmidt Social Studies 5 Years Washington U. St. Louis, MA



EED ADVICE ENIORS

class are Mrs. Riordan and Mrs. countless conflicts, and even sold Potter. These teachers have done hundreds of those leftover skull so much for the graduating class lollipops in their classrooms. and their students can not thank them enough. They have guided and having families and housethe Class of 2008 for four long, holds to run, they volunteered so stressful years, coming up with much of their time to cheer on stusome impulsive decisions from after school activities. Not only come by their graduating class!

Despite being full-time teachers

The class advisors for the senior being made. They have resolved that, but they have also created friendships with many kids, helping lead them through their toughest high school years. The seniors will definitely miss "Snora's" jokes and Mrs. Potter's thoughtfulness. Their two personalities formed the perfect duo, and they will be new ideas, and often preventing dents at Spirit Nights and other remembered for a long time to



Timothy Shea Social Studies 2 Years UConn, BA, MA Central CT State U.



Troy Sheffield English Student Teacher UConn



Steve Shultis Spanish 6 Years Westfield State College, BA Madrid San Luis, MA



Lori Silva Special Ed 11 Years Salem State



Barbara Smith Special Ed 14 Years Central CT State U.



Robert St. Amand Guidance 9 Years Western CT. State U., BS Westfield State College, BA UMass/Amherst, M.Ed, CAGS, M.ED



Ned Sullivan Guidance 29 Years Westfield State College, BSE, MA



David Szabla Science 2 Years Tufts U., BS RPI



Karima Tan (Belemlih) World Languages 6 Years Jacksonville State U. BA, MA



Judy Tower Tech Department 19 Years



Lou Wanat Technology Ed. 37 Years Central CT State U., BS, MS



Anne Willard Agriscience 15 Years UConn, BS, MEd Central CT State U., MS



Tracie Zavisza Academic Support 2 years Westfield State

Not Pictured

Elaina Cavallaro

Marlene Morassi

Judy Saunders Jaina Markowski Jeff Toft Jeremy Mead Ted Urbankski



(Left)Mrs. Deedy shows freshman Bruce Mackay how to construct a chart on the computer during an Infomanagement class.



(Above) Mr. Efland and Mr. Coughlin sit and talk with some seniors and juniors during lunch. These teachers can often be found chatting it up with many of the students to help pass the time during lunch duty.

(Right) Alanna Justesen, Rachel Wells, Tiffany Fellows, and Jenny Ferguson work on a project together in Life Ed II while Mrs. Lombard watches their progress.



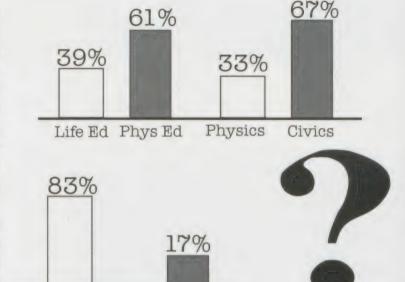
shs-Everyone has heard that high school will be over before you know it. It is difficult for people to believe this until they are finally in their senior year. When senior year finally begins, the weeks speed up and the days pass more quickly. In the blink of an eye, it is graduation day and the beginning of new chapters in the seniors' lives.

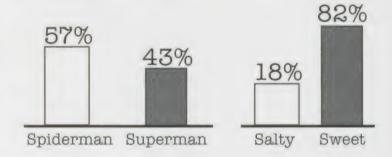
This survey was created to let the students in the class of 2008 look back years from now and remember what they liked and disliked while they were in high school. They will remember what was "in" and realize how "out" it will become in the future.

Every student in the senior class has their own differences

but years from now, they all will be able to remember walking down the same hallways and attending the same classes as each other. It may not be important what percent of the senior class would rather eat poison ivy over a handful of bumblebees, but maybe it can trigger many humorous memories that will be able to bring a smile to your face without fail.

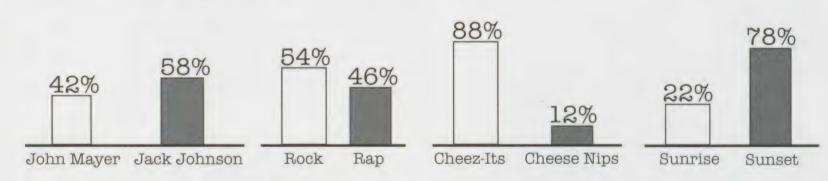
Many of the students plan to attend college while others want to join the armed forces or jump directly into a job. Two hundred and three different paths are about to be traveled somewhere into the world. It is important to remember that all of these paths begin in the same place, good old Suffield High School.





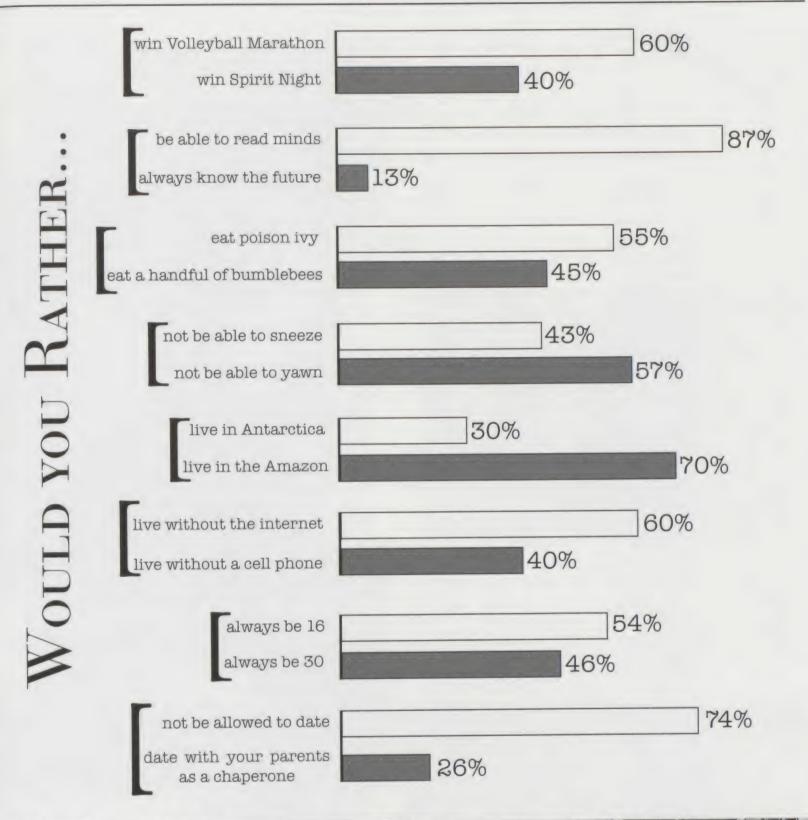
Lose a lover

WHICH DO YOU PREFER?



Love a loser









POLITICS:

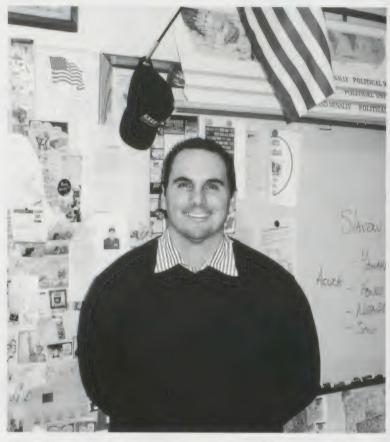
THE STUDENTS SPEAK OUT

SHS - Although many may think kids do not have much to say about politics, the students here at Suffield High School have proved them wrong. When asked about such topics as voting, political parties, and government issues, the students are the ones that have the most to say.

Freshmen, sophomores, juniors, and seniors all have something to say about political processes. Most have very strong opinions about issues such as the current war in Iraq and the upcoming 2008 election. The students have become so vocal realizing that they are the next leaders of America, and the more mistakes made now, the more we will have to fix in the future.

In a few short years, all of us will be voting and making an impact not only in our communities, but in our country as well. Our voices are the ones that need to be heard because some day soon, we will be making choices that will affect everyone. Who knows, the person sitting next to you may become the next President of the United States or the next mayor of our town. Maybe he or she will be a judge or lawyer and bring those who have done wrong to justice.

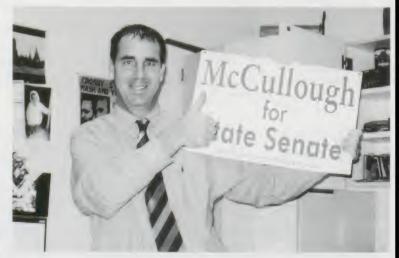
The future is unpredictable, but by getting involved in politics on both a national and local scale, we can make a difference. So always remember that every vote counts and every voice has the opportunity to make a difference. One vote can change everything. Each and every person has an impact on this nation. We are the future of this country. So let your voice be heard today.



"I believe in the greatness of the Constitution. The Constitution will balance the rivalries of the political parties." Mr. Dumais



"I think it is a positive in politics that we have a black and woman candidate to win the democratic primary this year. However, in order to change the views on minorities and women in our countrie these people need to actually be elected in order to see a change." Ms. McGurn

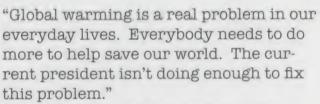


"This upcoming presidential election will be important as it will determine our future path in Iraq and have reaching implications in our Middle Eastern policies." Mr. McCullough



"I think we should have a woman president. It would be a nice change in our government."

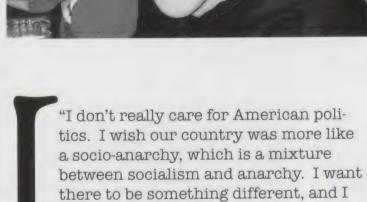
Katelyn Wood & Paige Anderson 'll



Megan Moreau & Kristi Neilson '10



"I think that what we need to do for Iraq is we need to make a set of objectives, a checklist if you will, of what we want to accomplish and once we accomplish it, then we can bring our troops home." Joe Rigby '09



think this would be a good solution."

Randy Parker '08



LETTER FROM THE EDITOR(s)

Dear Readers.

Well, all we can say is...hope you like it! Countless hours were spent putting this yearbook together. All seven members basically lived in the computer lab this year. We sat together at lunch, discussed layouts in our free time, our only 'going out', was to find business ads. Yearbook was our life.

We, lovingly named 'Team Yearbook', have experienced a lot this year. We had 3 members transfer out of the class, had petty arguments over camera shots, heated battles about business ads... Yelling, whining, and crying were common sounds here in our room. But it was all, hopefully, in good fun.

Although the yearbook holds many memories for all students in the school, it is especially dear to our hearts, as we saw it slowly unfold from 200 blank pages to our very own masterpiece. Each page holds memories of approaching deadlines and a few selective swears...

As seniors, we are happy to leave a final footprint in our high school and hope you all enjoy looking through the 2008 Suffield High Yearbook.



(Above) 'Team Yearbook' jumps for joy in a deserted hallway after successfully completing their first deadline. Positive attitudes and superior jumping skills were necessary for the completion of the yearbook. This fine group of seven obviously fulfills those two requirements, thus creating the absolute perfect class.

(Right) Margaret Cooper shrugs as the rest of the year-book class looks on disapprovingly. Margaret was not able to fit Yearbook into her schedule senior year and we were all quite angry that she did not come back. However, eventually, we forgave her.



(Right) Creating this yearbook took a lot of imagination and thinking outside of the 'Team box. Yearbook' accomplished this constantly putting our heads together come up with new ideas. We may have goofed off a lot, but we definitely had some deep conversations and ingenious ideas for Yearbook. the





(Above) 'Team Yearbook' points the finger at Alex Cerri, who also could not fit the class into his schedule. Since losing Alex and foreign exchange student Pol Viassu, Jordan became the only male in the class, and handled his role well.



(Left) Editor Meg Fletcher compares a long list of senior names to the senior layout to make sure that everyone graduating is included in the yearbook.



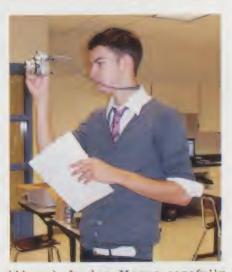
(Left) The class looks on as Mr. Dudeck, their advisor, leads an example of a lay-out concept on the computer. A lot of guidance and wisdom came from Mr. Dudeck, and without him, there would have been no yearbook.

(Below) Lauren Beaulieu, after successfully completing a yearbook layout, tacks the paper to the bulletin board to be checked over before sending to the publisher.





(Above) Kelly Christian and Whitney Mackay shares some love in yearbook. Friends before, they now have an even closer bond since working together all year.



(Above) Jordan Mazur carefully sets up a nice shot and takes some exquisite pictures for the Superlatives layout with his top-of-the-line camera.



(Above) Meg Fletcher, Rachel Brueno, Jordan Mazur, Kelly Christian, Lauren Beaulieu, Whitney Mackay, and Lisa Beltramello show off their 'guns' in the Yearbook room. It is hard to imagine that we actually got anything done with all the goofing around that we did. This definitely shows 'Team Yearbook' at its best.



(Above) Rachel Brueno takes a quick nap, again, on desks during yearbook class. She is probably dreaming about layouts or deadlines, just a few of her favorite things.



(Above) Lisa Beltramello stresses out about the business ads, it took a lot of work to get over the amount needed to be raised in ads for the production of the yearbook.



SUFFIELD HIGH SCHOOL

Catch Me If You Can - Most Athletic

Taylor Bartini, Lisa Beltramello & Jennifer Thresher; Josh Severns, Alexander Guminiak/ Michael Presnick, & Shawn DeFord

Look Who's Talking - Most Talkative

Alexandra Kuras, Kelsey Emmons & Eden Ettienne; Max Wiosna, Michael Fusick/Eric Heaney, & James Wilson See Page 50

Clueless - Dazed and Confused

Stephanie Tyman, Brittany Crosby, & Melissa Tittarelli; Matthew Miga, Skip Sneath, Thomas Ruzbasan

See Page 5

A Cinderella Story - Changed the Most Danielle Sullivan/Rachael Sullivan, Meghan

McGunigle, & Christina Luban; Justin Torone, David Shelanskas, Michael Tassinari See Page 51

Heartbreakers - Class Flirt

Taylor Neale, Ally Czerniak, & Kelly Christian; Drew Kirkland, Christopher Coates, & Sean Smith

See Page 51

Napoleon Dynamite - Most Unique

Mary Bauchiero, Cassandra West, & Ashley Dunn; Justin Torone, Wilhelm Schon, & Randall Parker See Page 51

Failure to Launch - Most Likely to Stay in Suffield

Amanda Thibedeau, Lauren Beaulieu, & Kelly Bielonko; Matthew Lefcheck, Justin Phillips, & Billy Schnepp. See Page 52

Sister Act - Best Friends Female/Female

Danielle Sullivan & Rachael Sullivan, Ashley Agudelo & Brittany Crosby, Taylor Bartini & Melissa Jenkins See Page 52

Crazy/Beautiful - Best Looking

Jennifer Silva, Jacqueline Tyman, & Ashley Agudelo; Sean Smith, Michael Presnick, & Kane

Stand By Me - Best Friends Male/Female

Alyssa Frechette & Jordan Mazur, Rachel Brueno & Alex Cerri, Nick Bologna & Kelsey Emmons

Band of Brothers - Best Friends Male/

Michael Presnick & Bryan Hull, Travis LaValley & Kyle Dalrymple, Christopher Drake & Drew Kirkland See Page 52

The Devil Wears Prada - Best Dressed

Laura Dorman, Eden Ettienne, & Tricia Herring; Jordan Mazur, Sean Smith, Joshua Severns

Little Miss/Mr, Sunshine - Best Personality

Taylor Kerr, Kristen Pepler, & Meghan McGunigle; Bill Schnepp, Eric Heaney, & Bryan Hull See Page 53

Jaws - Best Smile

Samantha Cieri, Ashley Agudelo, & Nicole Titarelli; Eric Heaney, Bryan Hull, Sean Smith See Page 53

The Little Rascals - Class Cutie

Kara Chamberlain, Alyssa Frechette, & Tricia Herring; Drew Kirkland, Edgar Brown, & James Wilson/Sam Smyth

See Page 53

Million Dollar Baby - Most Likely to be a Millionaire

Kirstie Albert, Alexandra Messmer, & Elizabeth Breen; Robert Parise, Kevin Connelly, & Michael Fusick See Page 53

Mickey Blue Eyes - Best Eyes

Margaret Cooper, Christina Szczepanski, & Braidy Zavisza; Skip Sneath, Cody Keller, & Alexander Guminiak See Page 54

Bringing Down the House - Life of the Party

Kalleigh Peterson, Amylia O'Neil, & Kera Simons; Kyle Dalrymple, Skip Sneath, & Michael Fusick

See Page 54

Hairspray - Best Hair

Mary Bauchiero, Ashley Agudelo, & Meghann Cocca; Alexander Slimm, Jacob LaValley, & Justin Torone See Page 54

Billy Madison - Class Clown

Kristen Pepler, Kelsey Emmons, & Melissa Tittarelli; Michael Fusick, Eric Heaney, & Kyle Dalrymple See Page 55

Superstar - Most Talented

Alyssa Frechette, Cassandra West, & Elizabeth Breen; Steven Cannon, Michael Tassinari, & Justin Torone See Page 55

Don't Say a Word - Most Shy

Katelynn Gay, Jessica Haffner, & Brittany Saunders; Christopher Oprica, Sean Congden, & John Williams See Page 55

2 Fast 2 Furious - Best Car

Alison Murray, Brittany Brown, & Melissa Jenkins; Michael Fusick, Justin Torone, & Bryan See Page 55

taylor bartini joshua severns



MAX WIOSNA * ALEXANDRA KURAS

The Talkers Are Back



LOOK WHO

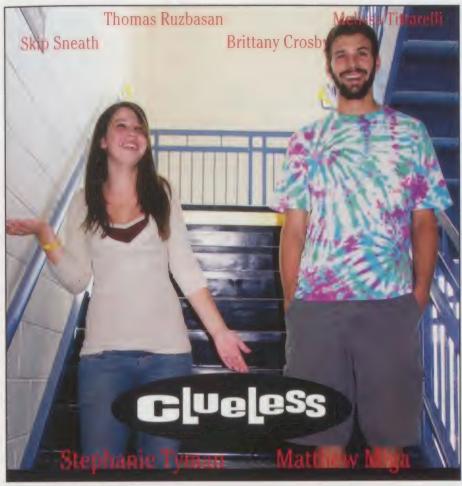
Featuring the voices of Michael Fusick/Eric Heaney, James Wilson, Kelsey Emmons, and Eden Ettiene.

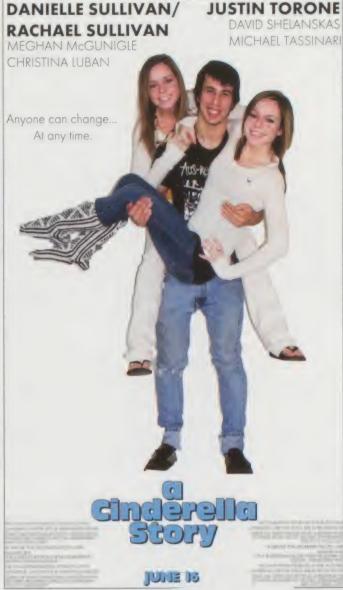
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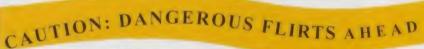


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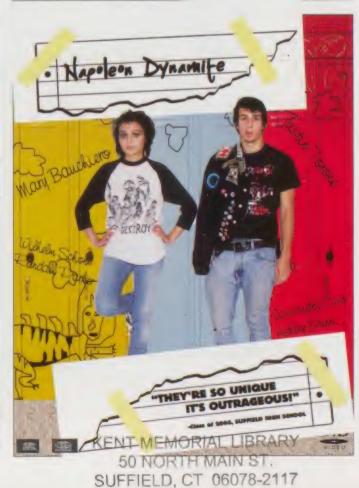




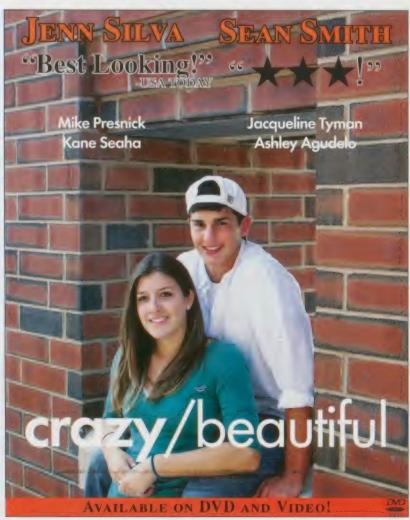


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MELLILO MUSIC SUPPRISORING BY
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CLSON PROLICTION DESIGN BY STEVE DUEDOROX
EARCHLIGHT PICTURES IN ASSOCIATION WITH





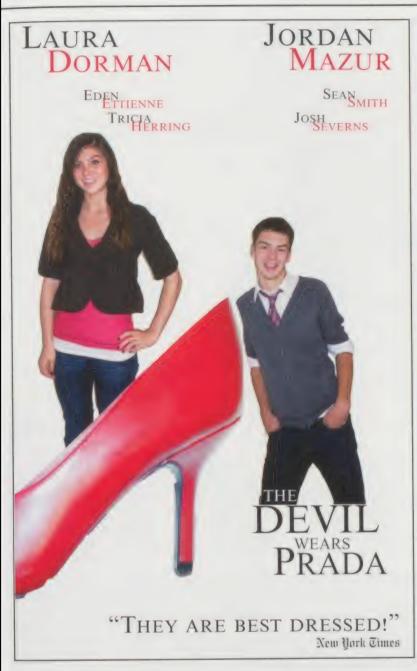






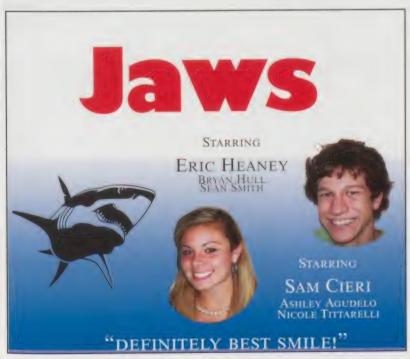


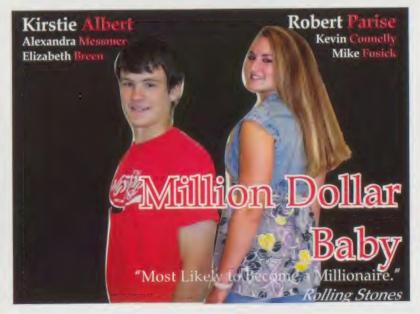


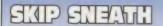












GODY KEWER

ALEXANDER GUMINIAK



BRAIDY ZAVISZA

GKEY BLUE EYES

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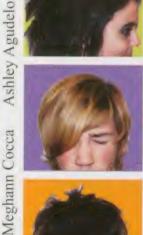
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Alexander Slimm



















WHO's WHO

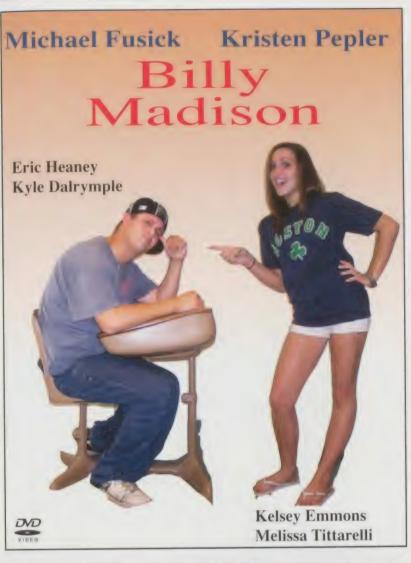


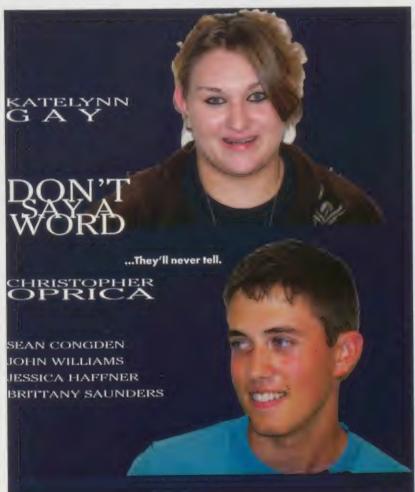
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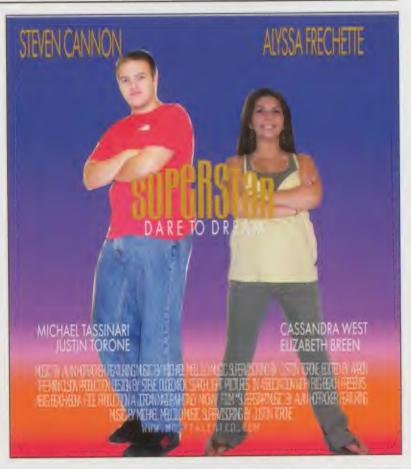
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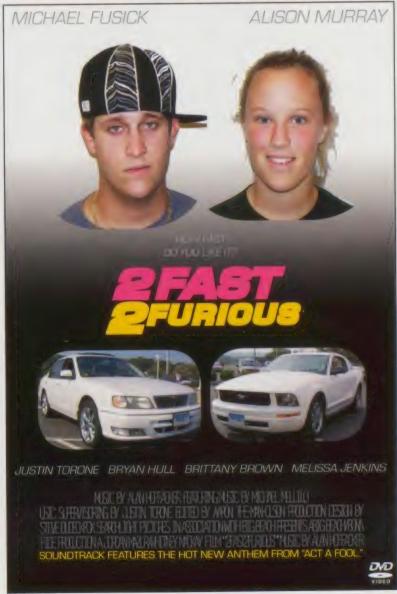
GET READY FOR SOMETHING BIG JULY 20th!

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(Right) Sheila Leary and Taylor Kerr stop for a drink at an outdoor café in Madrid in the wee hours of the morning.

(Below) Braidy Zavisza, Kaitlin Butterfield, and Melissa Pruitte relax in the sun on the beaches of Madrid.







World travelers: (front row, left to right) Julia Roder-Hanna, Sheila Leary, Meghan Fletcher, Kathryn Spencer, Danielle Monsiegneur, Alexandra Messmer, Liz Treiber, Alyssa Johnson, Ali O'Halloran, Jackie Adams (second row) Kim Dupois, Sam Bieleski, Carrie Perkins, Liz Breen, Taylor Kerr, Shannon Smith, Taylor Bartini, Rachel Brueno, Kelly Bielonko, Meghan McGunigle (third row) Karin Riordan, Christine Messmer, Laura Hawk, Melissa Pruitte, Braidy Zavisza, April Nicotera, Kelly Cmara, Diana Mark, Sara Shea (back row) Marsha Monsiegneur, Chloe Fortin, Steve Shultis, Kaitlin Butterfield, Bill Schnepp, Matt Silva, Brianna Neale, Courtney Bednaz, Kyla Phelps, Sean Willoughby, Amanda Scozzafava



(Above) Students admire the unbelievable stone carvings of artist Guadí in Park Güell in Barcelona.



EL: ESPAÑOL

SPAIN - During the week long 2007 April vacation, 37 students from Suffield High School traveled to Spain for an amazing, unforgettable adventure.

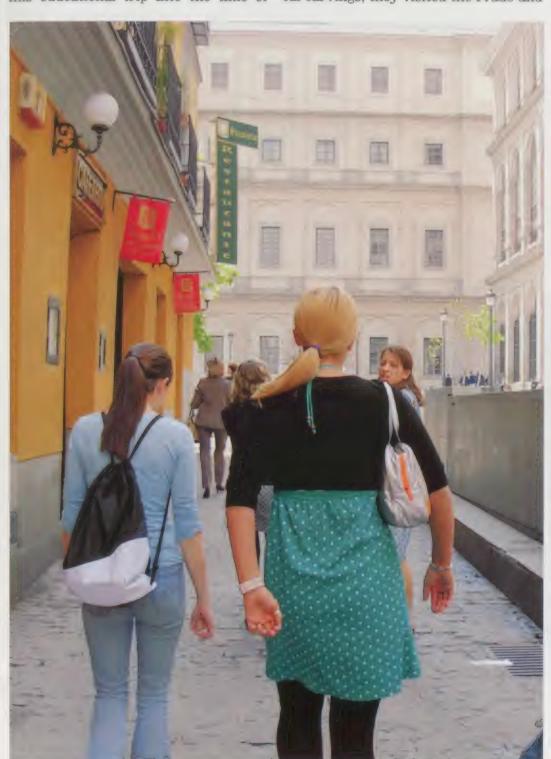
They had all studied the language for years and now their skills were being put to the test. However, rather than being nervous, the students embraced the chance to experience a completely different culture. They turned this educational trip into the time of

their lives. They learned to navigate the packed metro, bartered in a different language, and even spent hours dancing with new acquaintances at a 'discoteca'. Braidy Zavisza said that her favorite part was attempting to talk to the Spanish teenagers they met.

The architecture and art they saw in Spain was nothing like they had seen before. Buildings were huge with beautiful carvings; they visited the Prado and the Reina Sofia art museums and saw authentic Picasso paintings in person.

After days of traveling from Madrid to Barcelona, countless tours, and tons of shopping, the students were able to relax on the endless beaches in Mallorca. This was a great way to end the busy trip. The students will never forget this experience and many are now planning on continuing their Spanish by studying abroad.







(Above) Kim Dupois, Señora Riordan, and Danielle Monsiegneur pose in front of a gorgeous fountain near the Cathedral for Nuestra Señora del Pilar in Zaragoza.

(Left) Shannon Smith, Kelly Bielonko, and ALexandra Messmer roam the streets of Madrid. Exploring the city was one of the most exciting parts of the trip.

(Right) The Suffield High School students (from left to right) Michelle LaPlant, Lauren Mercik, Lauren Beaulieu, Eden Ettiene, Laura Dorman, Christina Luban, Jordan Mazur, Kara Chamberlain, Aaron Olsen, Colleen Moroney, Amanda Leonhardt, Chris Oprica, Laura Sauter, Lisa Beltramello, Allison Rodgers, and Alison Gagnon.

(Below) Michelle LaPlant, Colleen Moroney, and Amanda Leonhardt are standing on the walkway of the Mont-Saint Michel. This old chateaux is built upon an island that's made of rock.







(Above) Here you see the changing of the guards of Monaco. The Grimaldi family has ruled this country for 700 years. This principal still remains separate from France, even though a border is shared.

(Right) This is a statue in front of the a perfume factory called Le Frogenard. The students got to see how perfume was made and buy authentic French perfume with ingredients found only in France.





EL: FRANÇAIS

FRANCE - This summer, seventeen students from Suffield High School embarked on a once-in-a-lifetime oppurtunity. They got to visit one of the most exciting and stunning countries in Europe: France. The Suffield students shared this wonderful experience with students from Stafford High School as well.

The first stop was Nice, a tropical paradise that's located directly on the Mediterranean Sea. Here, they got to relax on the beach and shop the little shops all over the town. From there, they visited Monaco, which is a separate monarch inside France. They got to see the palace that the ruling prince still lives in.

The next stop was Paris. The students got to go on a bus tour of the old city and see many of the famous sites, such as the Arc de Triomph. They saw the Eiffel Tower, of course, and even traveled to the very top! After the

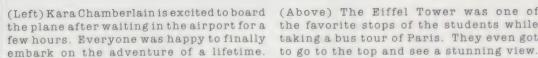
sight-seeing in Paris, the students then proceeded to travel to Normandy. They walked in the American cemetary and on Omaha Beach where so many soldiers lost their lives. Finally, the students saw some of the most famous cheese and chocolate factories Switzerland.

"It was the best trip I have ever been on. It was a life changing experience that and I will never forget it as long as I live," says Suffield student Lauren Mercik.





(Above) The Normandy American Cemetery and Memorial in France opened the eyes of the students to how many people sacrificed their lives for America during the D-Day invasion. Over 9,000 soldiers are buried here at the first American cemetery on European soil during World War II.





(Above) The Eiffel Tower was one of the favorite stops of the students while taking a bus tour of Paris. They even got

STUDENTS STAY "FOREVER YOUNG!"

CHEZ JOSEF- The day began with hair and nail appointments. Students started preparing for the 2007 prom right after school. Most of the ladies got their hair and nails done while the men did their own prepping with their friends. Many going to prom could not resist the traditional photos taken before prom with their prom dates and friends. All the ladies wore elaborate prom dresses, and some even matched their dates' tuxes. Most arrived at Chez Josef in limos or in other spiffed-up cars with their dates and friends. Pictures were taken at the door as everyone arrived, and the excitement grew. "I was waiting for this night ever since I was a freshman. I never thought it would be this great!" says Alex Wilson.

Later on in the night students showed off their dance moves. The DJ played a wide variety of music that appealed to all prom goers. Also the tranquil surroundings of prom with the decorations of the theme, "Forever Young" created an environment that all the kids loved.

(Right) From left to right. Jerome Hill, Jamell Stevenson, Joel Lee, Jordan Colon, Noreen Harnett, Dan Wallace, Rob Hill and Ace Gonzalez all strike a

pose for the photographers.

The elegant sit down dinner served at prom was also a big hit. Students got their choice of chicken, stuffed shrimp or prime rib. "I got the chicken and it was exquisite in presentation!" says Melissa Jenkins.

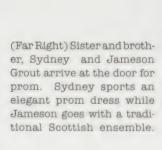
The dance floor was never left empty throughout the entire night. The senior prom committee did a wonderful job putting together and organizing the theme. From start to finish the promattenders will truly stay "Forever Young." 🗳



(Above) Left to right, Ashley Boudle, Sam Cieri and Jessica Haffner. Their hair, make-up and dresses are









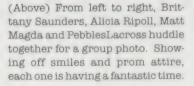




(Left) All the students begin to really start dancing and get into the music. Many prom attendees cheered for each other on the dance floor. "I cannot wait until prom senior year, if it is anything like this year it will be out of this world!" says Alicia Boyd.









(Below) From left to right, Kevin Muscarella, Chris Drake, Bojan Bojic and Mike Presnick, pose for a photo while they take a break from extreme dancing. They look dashing in their black suits.

STUDENTS SHOW THEIR "WILDCAT PRIDE"

SHS - Suffield High is constantly bustling with activity in the hallways, classrooms, and on the sports fields, but the school really comes alive for the after-school events. Whether it be dances, marathons, or "beauty" pageants, you can always count on Suffield High School students (and staff!) to be there.

At SHS the events that take place after school are just as influential in the students' lives as the events that take place during the school day. The students at Suffield High are committed to supporting their classmates and are always looking for ways to have a good time. "Wildcat Pride" is very important to the students and they prove this by participating in a great deal

of school functions.

The semi-formals always draw large crowds. The students love to dance and have fun with their friends.

Prom is an event that also draws large crowds. This is another event where the grades intermingle; juniors and seniors often invite freshman and sophomores and a good time is had by all.

Spirit Night is the night that the students look forward to all year long. There is nothing like good healthy competition between grades to start off the school year.

No matter what event is occurring, the Suffield High School students can always be counted on to attend or offer their services such as setting up or MC-ing an event. 🚜



(Right) Students, like Liz Treiber, volunteered their time to work at Suffield on the Green. Students of all grades participated in various booths, all for different causes. To see more pictures go to pages 74-75

(Far right) Richard Vaughn kicks back at his table during prom while dressed in a sharp suit with matching black hat. To look at all the other prom attendees, head to pages 68-69









(Left) A group of seniors work quickly to put tape on the back of some of their decorations for Spirit Night. However, even a ruined banner could not dampen their spirits. To see how the night turned out and who won, check out pages 76-79

(Far left) Two SHS band members practice on their saxophones before their parade at the Big E in West Springfield. To see more of the clubs in the school go to pages 132-142





(Above) Joga Bonito and The Royalty battle it out in the semi-finals of the Volleyball Marathon! All students that participated seemed to have a good time, even though only two teams can make it to the finals, and only one team can win it all. To see who makes it to the finals, read more on pages 72-73

(Left) Josh Severns, Sean Smith, Mike Presnick, Alex Peterson, Luke Anderson, and Bojan Bojic display their casual wear during the first round of the Mr. Suffield Pageant. To discover who takes the crown turn to pages 70-71

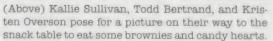
(Right) Alex Flynn, Sean Smith, Anthony Cervione, and Erik Lee take a break from dancing to show how much fun they are having at this year's semi.

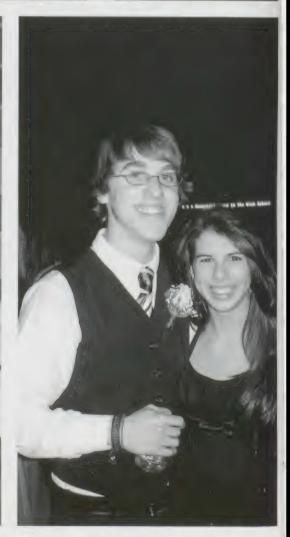
(Below) Close friends Sarah Kaplan, Shelby Bermani, Meaghan Kelly, and Stephanie Pascoe pose together to display their beautiful dresses they got for this special evening.











(Above) Shaughn Flynn and Lauren Monsiegneur came to semi together this year. They had a blast dancing to music and spending time with one another throughout the evening.

STUDENTS ASK, "BE MINE?

COMMONS - Just in time for Valentines Day, the juniors and seniors of Suffield High School are hosting a semi-formal honoring the holiday. The theme was "Be Mine?" with festive pink, red, and white streamers and wonderful heart-shaped balloons embellishing the tables. Like every semi-formal at SHS, this one was held in the commons with the ideal amount of space for dancing and conversing with friends.

The songs were played by a DJ very familiar to the school, Jason Silva, a SHS alumni. There was a wide variety

of music played from hip-hop to slow songs that perfectly suited the Valentines Day theme.

Many people came to the dance with dates while others came with some close friends. No matter what the situation was, everyone seemed to have a great time spending the evening with people that they could easily have a good time with. Also, it was fun for many of the students to mingle with the teacher chaperones in a place other than the classroom.

As the night came to an end, many of

the seniors were tired from all the dancing they did at their last high school semi-formal. The juniors left the dance with elevated expectations for their senior semi-formal for next winter.

"I had so much fun at this year's semi. It was the perfect way to spend my last semi-formal as a senior. I really enjoyed how all of my friends were in the same place and all having a great time together," says Meghann Cocca.

This great success paved the way for a very happy Valentines Day for the students at Suffield High School.



(Above) Michele Neijadlik and Andy Parent spend the majority of the night dancing, smiling, and laughing with each other.



(Above) Celena Bycenski and her date for the evening, Sai, came to the dance in matching colors perfect for Valentines Day.

(Right) Nicole Salamone, Tim Glynn, and Brian Sutton spend some time chatting in between songs. This is a good chance for friends to catch up outside of classes.

(Below) Tyler Schwarz and Kaelee Thompson smile in the commons where the two danced together often. Tyler made sure to match his tie with Kaelee's dress.









(Above) Emily DeFord and Katie Sullivan, friends and teammates, spent a lot of the night together. Semi is a great time to get together with your closest friends. It gave friends a chance to spend quality time with each other getting ready and taking pictures.

(Right) Dean Porcello takes a break from dancing to strike a pose for the camera. "Overall, semi was fun and memorable." There was a lot of dancing going on at semi. The DJ got the crowd moving with a lot of good music. Requests were taken so that everybody got hear what they wanted.

PARADISE FOUND AT SEMI-FORMAL

SHS COMMONS - April 27th at 7 p.m. the freshmen and sophomores gathered for the annual semi-formal. This year's theme was "A Night in Paradise," and what a night it was. Everything was decorated to fit the tropical theme. Everybody looked great all dressed up in their dresses and collared shirts. The students were able to dance the whole night along with the music of the DJ. Snacks were also available for the stu-

dents to have in between songs. The refreshments were located at a tropical style hut on one side of the commons. This, along with the many palm trees scattered around the outside of the dance floor, gave students the feeling that they truly were in paradise.

The event was a great success. The students of the freshman and sophomore class were able to mingle nicely without any problems. This made

the night a safe and enjoyable one.

For some, this was the first semiformal ever attended. "I had so much fun and I loved getting dressed up and seeing all of my friends", says Stephanie Shamy. "The decorations were great. It really set the mood for paradise", says Anthony Cervione.

The fun and excitment from the events from this year's semi-formal left students anticipating next year's dance.





(Above) Cara Ryan and Kelly Walsh are excited to be at the semi formal this year. There were a variety of colors and styles of dresses bought from many different stores.

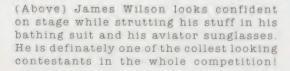
(Left) Rachel Packard shows off her dance moves eagerly to her favorite techno song, "Sandstorm". Many people spent most of the night dancing and having a good time.

(Right) The night was hosted by the humorous group of Bryan Hull, Alex Cerri, Kyle Dalrymple, and Travis LaValley.

(Below) Shawn DeFord shows off his assets during the swimsuit competition equipped with a snorkel, noodle, and flippers.











(Above) Backstreet Boys' Sean Smith, Alex Guminiak, James Wilson, Josh Severns, and Mike Presnick had the girls going crazy.

GROUT REIGNS SUPREME

introducing the thirteen contes- dance, to drumming. To end off votes were tallied. The second tants. The contestants then went the night, the boys had to do runner up was Sean Smith, but through a variety of clothing be- a question and answer series Jameson Grout, dressed in his ginning with casual wear, then, where the questions were asked traditional Scottish attire took the most loved, swim wear, and by teachers. With the help and the crown. The boys had a blast finally, formal wear. There was spunk of Mr. McCullough, Mr. and it was definitely a night to also a mystery guest who was Gatto, and Ms. Harnett, the au- remember.

AUDITORIUM- The high expectanone other than Suffield High dience learned a lot about the tions for the Mr. Suffield competi-School's beloved Mr. Garvey. personalities of the contestants tion were fulfilled once again for the Class of 2008. The anticipated portion. Talents ranged from insponses. During a short intermisnight began with humorous hosts tense raps, to a Backstreet Boys sion, ballots were handed out and





(Above) Runner-up, Sean Smith, sporting his Backstreet Boy attire, smells a rose he got from an adoring fan. Sean was a crowd favorite, but proved to be no match for the drumming talents of Jameson Grout.

(Left) The new Mr. Suffield, Jameson Grout, took home a bouquet of roses and a shiny new crown for his win, not to mention the personal feeling of accomplishment he will have for the rest of his life. No one else can say that they won Mr. Suffield 2008.

STUDENTS BUMP, SET, SPIKE AT VOLLEYBALL MARATHON

GYMNASIUM - Friday, March 23rd, Suffield High School hosted one of its largest and most attended events of the school year, the Volleyball Marathon. Students from different grades and groups all participated in this action-packed jubilee.

Students arrived at the school at 8 p.m. and stayed the whole night to play in games with their

(Below) Rachael Bromson and Gabby Macari ignore the rivalry between their teams and get together after an early morning game. Their smiles hide their exhaustion.

team until 6 a.m. the next morning. Loaded up on energy drinks, the majority of the students stayed awake the whole night.

Competition was fierce throughout the night. During the final games of the tournament, many teams became disappointed when eliminated. In the last game, the group of

(Below) In between games, the G Force gathers together at their site to prepare for their next game while eating pizza and relaxing.

teams was narrowed down to just two: senior team, GSE, and junior team, Joga Bonito. The match was very close until the bitter end when the GSE pulled away with a victory. The final score of the game was 25-17.

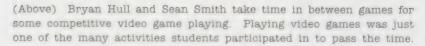
After the championship game, the students headed home to catch up on much needed sleep.

(Right) Jenn Thresher and Alex Wilson show their excitement for the volleyball marathon in the commons. The students spent most of their time here.











(Above) Katie Sullivan, Kelly McDonough, Kalleigh Peterson, Kelsey Emmons, Jim Sanville, and Brett Sullivan from The Good Guys show their spirit, while Travis LaValley from an opposing team frowns with contempt.





(Above) Luke Anderson and Todd Bertrand were thrilled to know that they got the chance to compete against the faculty team. After the game, the boys pose with their favorite teacher and soccer coach, Mr. Beigel. The match was fierce and the faculty sent The Abusement Park away with a loss. Lesson learned: never underestimate the teachers.



(Above) Members of the junior team, Joga Bonito stand in a circle to practice their bumps and sets before their final game against senior team, GSE. After a long match of going back and forth, the GSE earned a victory afainst Joga Bonito with a score of 25-17. Out of 24 teams, there could only be one winner.



(Above) Members from the Midnight Mafia, pictured from left to right, Katie Summa, Travis LaValley, and Jaime Coates, sit on the bleachers to cheer on their team during play. Being a good teammate involves being supportive.

Scoreboard

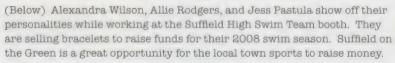
GSE	1ST PLACE
Joga Bonito	2ND PLACE
The Royalty	3RD PLACE
Fourth Meal	4TH PLACE
THE ABUSEMENT PARK	. 5TH PLACE



(Above) Janet Frechette and Alyssa Frechette share a bonding moment in front of the Suffield VNA booth. Alyssa says, "I always look forward to helping out at Suffield on the Green, it's a great time and I love hanging out with my friends!" Many families can be spotted spending time together as well.



(Above) SHS secretary Paula Anderson and Paula Cervione take a minute to pose for a picture while working at their Suffield High School Athletic Booster Club table. Mrs. Anderson, who has awesome school spirit, also lent some of her time at the dunking booth on the hot Saturday afternoon.









(Above) Steph Shamy takes a pie in the face at the junior pie throwing booth. Surprisingly they chose to use shaving cream instead of whipped cream, "because the whipped cream would be very sticky and gross, after hours in this heat!" explains the junior class president, Andrew Lamagna.



SUFFIELD GOES GREEN WITH Annual Town Fair

TOWN GREEN - Saturday, September 8th 2007 marked the beginning of yet another outstanding year at the Suffield on the Green. The townwide event continued on through Sunday and left many "Suffieldians" satisfied with another successful year.

The Suffield on the Green is a two day fanfare held every

(Left) Many adults, teens, and children come out to explore all the different booths and tents and see what Suffield really has to offer.

September on the town green in the center of Suffield. Many local businesses, groups, restaurants, and organizations use this time to promote, inform, and spread the news about their business or organization as well as creating a place for fun.

Often children can be spotted laughing, eating candy, and just having a good time amongst

(Below) Suffield alumn Traci Mnich sings her heart out in an exclusive performance on the green. She set an upbeat tone for everyone to enjoy. the numerous games and activities located around the green.

Wrapping up, The Green is an excellent opportunity for families to have fun and see what their town has to offer. and for businesses to show off everything they have to offer. Make sure to mark your calenders for next year so you don't miss out on this event!

(Below) Senior James Wilson has a little fun while helping out at the Suffield High School Lacross booth, which allowed kids to shoot some balls.







(Above) Hadley Stevens, Kristi Chamberlain, Nicole Cordiliko, Ally Pasquarillo, and Paige Anderson stop for a quick picture during their Saturday afternoon on the green. "I really enjoy an afternoon on Suffield at the Green with my friends, its a great place to socialize and have fun!" says Paige Anderson



(Above) Mr. McCullough, a Suffield High social studies teacher, gives a little of his time on the weekend to sit in the Senior Dunking booth in which proceeds went to support the graduating class of 2008. Mr. McCullough had a lot of fun and also helped raise some big bucks for the seniors!

A Fun Freshmen Mardi Gras Festival

Spirit Night. With a Mardi Grastheme,

It is always a struggle for freshmen to be prepared for this night due to lack of experience. However, the class of 2011, blew the crowd away with elaborate props and a creative skit.

As expected, the seniors started the notorious "freshmen" chant to intimidate the younger students. However, the freshmen held strong and gave 100% in the competitions.

Their skit was full of shiny props and

GYMNASIUM- The freshmen came the dance was done to a mix of partywith their best effort for this year's themesongs. If the students participating in the skit were nervous, they did they were ready to celebrate and have not show it. They gave it their all and made sure that they had fun with it at the same time.

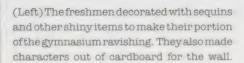
> Although the freshmen did not win the best overall skit, they did walk away with the sportsmanship award. "I had so much fun participating in Spirit Night. It was so awesome and a great experience and I can't wait for next year!" says Nicole Cordiliko, who danced in the freshmen skit.

> The freshmen had an amazing night thanks to all of their hard work.





(Above) Freshmen dancers gather in a group after all the skits have been completed. You can tell by the expressions on their faces that they are happy with how everything went.





(Above) Karoline Porcello digs in to her pie during the pie eating contest. Once she finished the pie, she had to flip the dish over using only her mouth and find the teacher who was pictured on the bottom.



(Above) The freshman struggle together as they at tempt to finish the human knot activity. They came in fourth place for this event, however, the effort they put in for should have given them first place.

(Above) Kristi Neilson and Katelyn Moores fiercely compete in the pudding eating contest and end up taking home the victory for their grade against the freshmen, juniors, and the seniors.



(Above) Anne Treglia tries her hardest to eat a doughnut dangling off of a string for one of the competitions at Spirit Night. She had to eat the entire doughnut without using her hands to help her.

SOPHOMORES BRING IT AT BOOT CAMP

GYMNASIUM-Having a year of experience under their belts, the sophomores came out ready to compete in the events of Spirit Night. Their theme was boot camp and the whole grade arrived decked out in camouflage and black

Their skit began by "sending" two boys off to boot camp. While the girls were dancing, the boys were performing several tasks that would be expected if going through training. For their skit, they made a tank out of cardboard to put over one of their classmates so that he could maneuver around the gym while the girls danced.

Although they came in third for the skit, they did win some of the competitions such as the blindfold pudding eating competition. They were more prepared this year after knowing what to expect from freshman year.

The judges were thoroughly impressed with all of the effort put in by these students and all of the creativity that was displayed. They made a lot of improvement from their freshman

Many of the sophomores are looking forward to being upperclassmen next year and hopefully taking home a victory.



(Above) Kaitlin Sych, Lauren Monsiegneur, Mariah Canty, Jackie Ferland, Kayla Nadeau, and Meghan Maddison pose just before going out to perform their skit.



(Right) The sophomores decorated their bleachers with a camouflage sign and an American flag. They also had army barracks in the corner of the gymnasium.

MURDER MYSTERY Among Juniors

GYMNASIUM - "Who did it?" was the question that most students were asking each other on Spirit Night. The juniors worked very hard this year on their skit, and proved their true competitive sides throughout the night.

Their theme was murder mystery, and it depicted the thrilling story of a detective attempting to discover the true criminal. Between a ballroom scene, dead girls dancing, and a reenactment of a murder, the juniors had the entire school on the edge of their seats!

The juniors excelled in the competitive events throughout the night and even took first place in the string threading competition!

A lot of juniors participated in the skit, but those who didn't still came to Spirit Night and showed their support for the rest of the grade. Everyone had a "superfan" T-shirt, and they all had a great time!

When it was time for the night to come to an end, the votes were tallied and the winners were announced. The votes were close, but the juniors came in second place. They all agree that with hard work and school spirit, they are destined to win next year! 2





(Above) The juniors' skit began with a formal dinner scene where the boys and girls shared a special dining evening. You can imagine how much of a surprise it was when dead girls came out from underneath the tables!

(Left) Evan Laux, Jenn DiMauro, and Gosi Kelliher smile for a picture after their skit. They agreed that once they performed the skit, they could relax and just enjoy the night!



(Above) While Mitch Flagg searches for the faculty mem ber whose picture is on the pie pan, the junior class roots him on in hopes of winning this portion of the competition. The juniors were very supportive of each other all night.



(Above) Although Brendan O'Shea and Kendra Zaczynski were not in the skit, they still came to Spirit Night to encourage and cheer for their fellow class mates. They both saidtheyhadagreattimeandplantoparticipatenextyear

(Above) Senior Michael Tassinari has always helped out with the props for Spirit Night, but this year he went above and beyond, building an 18 foot space ship on wheels! His hard work was much appreciated by the senior class!



(Above) As the second out of four players in the race, Kara Chamberlain bobs for an apple so she can run back and the next person in line can begin. Thanks to Kara and the other three competitors, the seniors won the relay race!

SENIORS WERE OUT OF This World

GYMNASIUM - It was the last Spirit Night for the seniors, and they wanted to make it a night to remember. This year, they did just that! Their theme was "Outer Space," and their skit was out of this world!

The skit began with the take off of an 18 foot space ship! Then, astronauts were dominated by alien girls, who performed a space dance. To finish off their skit, the seniors sprayed all of the bleachers with silly string.

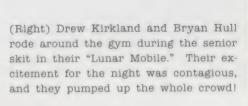
The seniors definately dominated the night, and won first place for their theme, skit, and overall!

Since freshman year, the class of 2008 has won the human knot competition, so it was no surprise that they came in first again this year.

Although the seniors had a lot of participation in the skit, many others showed up to Spirit Night to support the class. The bleachers were completely full! The seniors cheered the loudest, and had great sportsmanship. When the night came to an end, everyone agreed that they will miss Spirit Night and the awesome times they had participating in the most eventful night of the school year. 🗳



(Above) Christopher Coates, Skip Sneath, Brian Gracey, Bojan Bojic, David Shelanskas, Adam Dwelley, Mike Presnick, and Kevin Muscarella showed their support for the seniors by painting their bodies blue and white!





SRORTS: FALL SEASON

ATHLETES TURN OVER A NEW LEAF



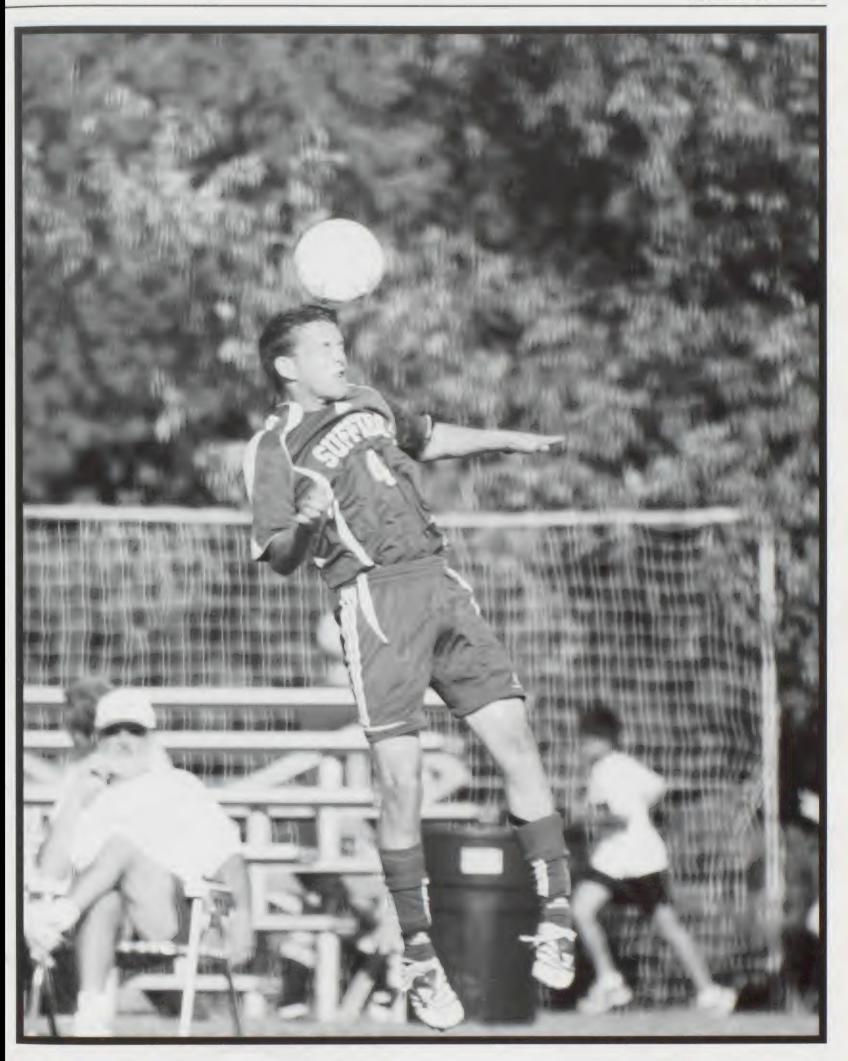
(Above) Six members from the Suffield High girls Cross Country team compete in a race at Bruce Park. They stay together in a group at the beginning of the race to maintain a good pace.

begun, which means the fall sport season is about to commence. The soccer players suit up, hoping to score more goals than the last season, and continue their reign as state champions. A field away, the field hockey girls work hard, shooting with their sticks, to take on their strongest

competitors like Granby and Canton, hoping to make the state tournament. The cross country team conditions themselves in the magnificent fall weather, working to cut down their times and run stronger for the races that lie ahead. Using all their strength, football players and swimmers begin their season at

(Right) Junior Todd Bertrand jumps up high to headbutt the soccer ball during an intense Varsity boys soccer game. Athletes have to use not only their feet, but their heads during the game.

Windsor Locks High School, setting new goals and heading out to achieve them. Anticipation mounts as the first games, scrimmages, and meets near. Players and participants hope for great improvement and the opportunity to triumph over their opponents. Highlights of the season are compiled in the following pages.





(Above) Girls' Varsity Field Hockey Team: (front row, left to right) Alex Smith, Kathryn Kenney, Braidy Zavisza, Trish Herring, Sam Cieri, Amber Nadeau, Ali Kuras (second row) Ashley Giller, Kayla Fahle, Colleen Moroney, Brenna McGann, Vicky Heyse, Kelly Caron (third row) Coach Dan Gatto, Rachel Shermer, Caitie Jones, Stephanie Shamy, Taryn Scozzari, Kelly Kenney



(Above) Girls' Junior Varsity Field Hockey: (front row, left to right) Paige Anderson, Moriah Canty, Kelly Miskin, Jackie Ferland, Kelly Kenney (second row) Sam Guzzi, Julia Dalrymple, Rachael Cocca, Kayla Nadeau, Lilly Hopcroft, Taryn Scozzari (third row) Coach Donna Wertmen, Nicole Cordiliko, Rachel Tyman, Lisa Forster, Emily Ellithorpe, Rachel Shermer



(Right) JV players Mariah Canty and Jackie Ferland stand with their new coach at the beginning of the game. This new coach helped the JV team so much this season.



(Far right) Sophomore Rachel Tyman, a member of the junior varsity team, carries that ball up the field toward the opponent's goal in hopes for scoring a point for her team.





(Above) Coach Gatto gives the girls a talk at halftime to pump them up. The girls got along very well with Mr. Gatto even though it was his first year as the Varsity coach.



(Right) Senior Braidy Zavisza waits for the ball during one of the team's big games. As captain of the team, Braidy was very helpful in leading the team to many victories.

STICK IT To 'EM

FIELD HOCKEY

where the girls in skirts are the toughest people on the field. Bumps and bruises are an everyday occurrence for these athletes, and the girls seem to care less. Winning a game is the only thing on their minds. Pain is temporary, pride is forever: the team understands and uses this as motivation in every game. No matter if the hard ball hits them or a player on the opposing team knocks them down, the players on the Suffield High School field hockey team will always get back up.

The girls have improved a lot over the past couple of years. They went from having a very poor record to defeating one of the best teams in Connecticut last year. With the loss of a few key seniors, the team had to step up their game. They met this challenge with enthusiasm and determination. The team has a very successful season, winning more than half their games. "We played really hard this season and I really enjoyed every minute of it. We all had so much fun together and we are like a family," says Varsity goal keeper Trish Herring.

To sum it up, the field hockey team stepped up to all the challenges they faced this year. They surprised many of their fans and fellow students and worked hard to get to the point where they are now. They are looking forward to next season because of the abundance of talent coming up from the JV team and the freshmen class. Everyone is excited for the following years to come.

STAYING IN THE LEAD

Cross-Country

RACE COURSE - When most people hear about how long a cross country race is, they are in disbelief. Running in general is one of the hardest sports because of the non-stop physical activity. Three to five miles of running would put most people into complete exhaustion. But this challenge is what draws the long-distance runners to the sport. The boys and girls cross country teams really went all out this year. The amount of miles they put in each week was staggering.

With the addition of many new athletes this year, the teams got a fresh start. The many incoming freshmen put a "fresh" face on the 2007 team. The returning members made sure to encourage the 'newbies'. The coaches as well, gave important lectures before each race. The first part of the race, you run with your head, determining your position and keeping smart about your pace. The middle part of the race, you run with your legs, the hardest physical moments in the race. Finally you must run with your heart, giving it all you have got to achieve your personal goals.

Both the boys and the girls had great seasons this year and can not wait for the next fall so they can start competing again. Chris Reynolds from the boys team and Chelsea Bishop from the girls team made it to the State Open Meet. Chelsea also competed in the New Englands. Congratulations to these athletes and their teams for an awesome season. 😃





(Above) Athletes Jessica Carson, Sarah Jordan, Julie Nadeau and Melissa Chapman prepare for a race by walking the course with the rest of the teams.



(Left) Peter Armata tries his hardest to keep his lead on his Canton competitor. It is clear that he loves running and thrives off of close competition.





(Above) **Boys Cross Country Team:** (front row, left to right) Peter Zaffetti, Andrew Shea, Casey Olden, Kevin Ho (second row) Jordan Lavin, Peter Armata, Zachary Anderson, Justin Pierce, Jimmy Padrevita, Nichalos Peluso (back row) Coach Casolari, Joshua Giller, Nicholas Tustin, Jameson Grout, Tim Dufore, Rob Hale, Chris Reynolds



(Above) Girls Cross Country Team: (front row, left to right) Kerstyn Basset, Soo Kim, Mary-Kate Tracy (second row) Sheralyn Burke, Caitlin Martin, Melissa Chapman, Rebecca Bowling-Worcester, Nicole Picard, Chelsea Bishop (back row) Coach Sinicrope, Julie Nadeau, Jessica Carson, Kelly Bielonko, Sarah Jordan, Stephanie Rypysc, Coach Burke





(Left) Captains for the boys team, Josh Giller and Jameson Grout obviously loverunning and are both extremely dedicated to the team.

(Far Left) Students Nicole Picard and Melissa Chapman are determined to get ahead of the opposing team. They worked together to gain strength.



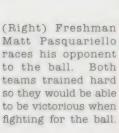
(Above) **Boys Varsity Soccer Team:** (front row, left to right) Kevin Muscarella, Drew Kirkland, Chris Coates, Josh Severns, Mike Presnick, Bryan Hull, Andy Parent, Sean Smith, Alex Guminiak (second row) Erik Lee, Anthony Cervione, Mike Small, Luke Anderson, Todd Bertrand, Joey Sullivan, Andy Lagana (third row) Collin McGunigle, Nick Cotrone, Matt Shute, Mike Chapman, Ryan Johnson, Coach Mark Beigel



(Above) Boys Junior Varsity Soccer Team: (front row, left to right) Travis Crosby, Mitch Crosby, Stephen Zaczynski, Matt Pasquariello, Drew Fahle (second row) Tyler Devine, Patrick Slattery, Nick Rigby, Dan Zatoni, Andy Dodds, Mark Wyse, Cory Allen, Josh Welch (third row) Coach Mark Cervione, Will Wertman, Charles McGann, Josh Dupuis, Craig Henderson, Drew Fortin, Mike Krzanowski, Dan Sullivan









(Above) The boys varsity team huddles around the coach, Mr. Beigel, for some halftime encouragement. The team was always trying to help each other during the season.



(Left) Senior Andy Parent takes the ball with speed by his opponent. Thanks to endless amounts of effort and tons of hard work, the boys came out victorious during the season.

Not Just A GAME

Boys Soccer

PACKARD FIELD- The Suffield High School Varsity and Junior Varsity teams came out with a firey start. Just having come off of a state championship, these boys had a lot to work towards during their season. Under the leadership of captains Josh Severns and Mike Presnick, the team was very successful. Just like the season before, the team spent nearly every night before each game dining together and becoming closer with one another.

At practice, the boys did nothing but work their hardest everyday. Practices were usually started with different types of running drills and ball control. Many afternoons were spent working together with their coach, Mr. Beigel. Most of the time, Beigel would run with the boys to help motivate them and push them harder. Even though there is a large amount of juniors and seniors on this team, the younger players also pulled their weight when the time came. "I was always impressed at how well this team worked together. It was a great season and I wouldn't change any of it for the world," says Presnick.

The JV also had a successful season with help of coach, Mr. Cervione. Some of the players were even able to play with the varsity team during a few of the league games. This team helps pave the way for a promising future of boys soccer here at Suffield. *

(Left) After saving a shot, JV goalie Andy Laganalooksouttothe field to look for open teammates. The JV team always worked very hard to cooperate with each other.

SHE SHOOTS, SHE SCORES

GIRLS SOCCER

PACKARD FIELD- With most of the players having two championship titles under their belts, this soccer season has been very successful. Coach David Sullivan helped to keep the team at their best during the fall months.

The girls have worked hard since the middle of August with a one week training camp to ensure that the team would be ready for the upcoming tryouts. Tryouts were held a few days before the school year began.

After the first day of school ended, the teammates headed out to the field for the first day of practice as a team. From there, they worked together everyday to improve their playing.

Under the leadership of captains Lisa Beltramello and Taylor Bartini, the team was victorious throughout the season. It was also helpful that the team had a high number of seniors and juniors. "This team had so much chemistry. They were so easy to work with and they made coaching them a great experience," says Sullivan.

The JV team also had a great season. Many new freshmen joined the program this year that will help the team for years to come. Many JV members were able to play with the Varsity team during some league games.

The season ended on a very high note with a great record for both teams. Because of this success, the underclassmen are left with high hopes for next season. The girls' hard work and training has really paid off and made the fall months full of achievements that every player should be proud of. &





(Above) Twelve senior players will be leaving the team next year along with senior manager, Taylor Kerr. This is one of the largest groups of seniors the Varsity girls' team has had in the past years.



(Left) Freshman Tara Sullivan goes up for a header against her opponent. Tara was one of the lucky freshmen who got the chance to play with the varsity squad this sesason and she did a great job.





(Above) Girls Varsity Soccer Team: (front row, left to right) Jenn Thresher, Meghan McGunigle, Melissa Jenkins, Taylor Bartini, Lisa Beltramello, Kelly Christian, Jenn Silva, Kara Chamberlain (second row) Tara Sulliva, Julie Muscarella, Kristi Chamberlain, Whitney Mackay, Emily Droney, Elizabeth Treiber, Alex Messmer, Katelyn Sych, Gina DiPrato (third row) Grace Presnick, Kelly McDonough, Ally Pasquariello, Rachel Packard, Kallie Sullivan, Rachael Bromson, Kristen Overson, Kristen Horanzy, Nicole Loughrey, Coach Tracie Zavisza



(Above) Girls Junior Varsity Soccer Team: (front row, left to right) Angela Moskwa, Erin Linsenbigler, Laura Vallance, Chelsea Hunter, Samantha Bujak, Katie Zien (second row) Nicole Poudrette, Anne Treglia, Katelyn Wood, Hillary Latanzio, Karoline Porcello, Emily Sweeney, Chelsea Peck (third row) Coach Tracie Zavisza, Jessica Flagg, Katie Shute, Brenna Lowe, Stephanie Guminiak, Maddie Motherway, Tara Boudreau, Silva Isotti





(Left) Junior captain of the JV team, Laura Vallance, dribbles the ball up the field with great speed and grace. Laura worked very hard and helped lead the team to victories.

(Far left) The Junior Varsity team celebrates after a goal was scored. They all hustle back to their starting positions in hopes to get another goal.



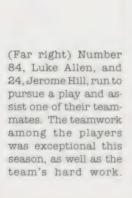
Boys JV and Varsity Football (Suffield Players): Chris Lawler, Jerome Hill, Britney Jodoin, Colin McGhee, Rob Parise, John Kopek, Anthony Beltramello, Kevin O'Kane, Bryce Cyr, Connor Betts, Greg Paquette, Ryan Perkins, Wes Contro, Rob Logan, Luke Allen, James Ullman, Matt Pravia, Cody Kaczmarek



(Above) There were four seniors on the varsity football team this year. (From left to right) Bryce Cyr, Jerome Hill, Rob Parise, and James Ullman all agreed that football was an awesome sport to play in high school. They also said it was nice to pair up with the Windsor Locks team. Not only did the football season bring them closer together, but it introduced them to many new friends.



(Right) After catching the ball, freshman Luke Allen runs down the field towards the opponent's end zone. Luke's dedication to the team through his first season ensures success for next year.









(Above) Quarterback Rob Parise looks up the field to pass the ball to one of his teammates while James Ullman works to keep the opponent away.



(Right) Freshman Anthony Beltramello plays tight end for the team, and makes sure that the outside is contained. By making greattackles, Anthony helped the team win many of their games.

REMEMBER THE RAIDERS

FOOTBALL

WLHS- The team took the field with high hopes and strong determination this fall. The previous year, the hard hitting team had scored many more wins than losses and stayed well above the .500 mark all season. Even so, larger expectations were pressured among the high school hopefuls. With grit and tenacity, the players tore up the gridiron on their way to another great finish.

Senior Bryce Cyr said, "This year was especially fun. Being a senior, I strived to leave a mark on this young team." That seemed to be the attitude of most older athletes on the team as they became teachers and aided the underclassmen to great achievements. All of the new players agreed that the help and positive attitudes of the older players made them feel comfortable on the team and encouraged them to work hard. Excelling on both sides of the field was key to the Wildcat's success this season. The team learned that there is more to victory than just scoring points. A good lesson indeed, as the team became just as strong on defense as they were on offense.

Such great desire displayed by the team this season made for a large test for other teams. Morale remained high and spirits were never too low. A sense of optimism was always evident in practice and in games. Hard work on the practice field brought great results in the long run and in the end, the players were dancing in the end zone.

Fans were very impressed with the team's efforts this season. Even though there may not have been a victory for every game, each one was very exciting to watch. Although football season is over, it is clear that the athletes will be working this off-season to ensure an even greater touchdown come next fall. 🍣

DIVE IN HEAD FIRST

GIRLS SWIMMING

WLHS POOL - Last year, the SHS swim team had one of their best seasons vet. sending numerous swimmers to the NCCC and state competitions. With a strong, competitive team, this year's season could only get better!

The girls on the team this season were eager to begin practicing. Every day, the swimmers would take the bus to the pool at Windsor Locks High School to practice. Under the leadership of Coach Walter Beck, the team would have full and sometimes strenuous practices. They would stretch, warm up, and then swim countless laps!

Between breast stroke, freestyle, back stroke, and butterfly, there was plenty for the swimmers to work on. Practicing the technique for these strokes is very important because in swimming, even a millisecond can determine the winner of a race. The girls spent hours perfecting their strokes, and many of them set new personal records.

Among the many girls on the swim team are a few that are dedicated to another water activity: diving. Over the past few years, the diving team at Suffield High School has become well known and has even set some new school records! Senior Alexandra Wilson broke many of her personal diving records this year, and represented Suffield High School in the state competition. The girls on the team all made Swimming & Diving T-shirts for States, and supported each other tremendously.

The girls started the season out very strong, and won many of their first meets. With confidence and determination, the girls continued to work hard. The season ended just as well as it began. The swimmers all agreed that they can not wait to dive in to another successful season next year! 🍣





(Above) Mindy Kilty is one of the few swimmers on the team who excels in the stroke of butterfly. Her excellence and dedication to the team showed in all the meets, and she scored many points for the team.

(Left) Megan Hysler is a freshman on the team this year. Freestyle is her best stroke, and her excellence in it helped the team achieve many of their victories. Megan said that being on the team has introduced her to many new friends and fun experiences.







Girls Swim Team: (front row, left to right) Annie Murphy, Julia Galica, Molly Clark, Sarah Voisine, Maura O'Malley, Chelsea Gervais, Samantha Saner, Lauren Haffner, Kim Willett, Kelsey Loveless (second row) Jessica Pastula, Toni Lewis, Maggie Reeves, Lauren Bissey, Madeline Droney, Anna DiLorenzo, Kate Eheander, Maggie Treiber (third row) Isabella Canetti, Kaitlyn Stanton, Erin Brault, Meredith Lowe, Gosi Kelliher, Silvana Luongo, Melinda Kilty, Brittney Moores (back row) Michele Niejadlik, Shannon Smith, Grace Perrin, Coach Walter Beck, Kirstie Albert, Alexandra Wilson, Allison Rodgers Not Pictured: Helen Humphreys, Amanda Lewis, Andrea Henao, Jennifer O'Leary



Girls Diving Team: Kim Willett, Alex Wilson, Kiristie Albert Not pictured: Amanda Lewis, Helen Humphreys, Brittany Hube





(Left) Seniors (from left to right) Michele Niejadlik, Kirstie Albert, Allie Rodgers, Alexandra Wilson, Grace Perrin, and Shannon Smith show their support for the younger swimmers on the team as they compete in their first races of the season.

(Far left) Senior Kirstie Albert has been diving on the team for two years now. In this picture, she shows off the back dive, which is one of her favorites. Kirstie worked very hard on her diving this year, and says that she will really miss being on the team.



ORTS: Winter Season

STUDENTS PUT THE "WIN" IN WINTER



(Left) Freshmen Hadley Stevens drives in the lane to make a basket. She played an important role on the freshman girls' basketball team this season and is excited for the seasons to come.

GYMNASIUM - Teams and players alike come inside to participate in sports to escape the bitter cold wind and the falling snow. This means it is time to hang up cleats and exchange them for a pair of running shoes. After school, you can see Suffield High School students running indoor track around the corridors. And if you happen to walk into the gym, you will find either the boys' or girls' basketball team practicing their lay-ups and outside shots. Over at the Enfield Twin Rinks, the hockey team ties up their laces and gets ready to skate. At Suffield Middle School the freshmen basketball teams practice on the courts, while the wrestling team (Above) There's a scuffle near the net as Suffield's goalie, Nathan Allard goes to block the shot. Nate was a very important senior player for the Wildcats during this winter season.

rolls out the mats in the workout center at the high school. Each team is coming into the winter season with a fresh start. They set goals and then get the chance to accomplish them. They get the opportunity to reach new heights with their skills and abilities. Best of luck to all the winter teams.

KEEPING THE PACE

INDOOR TRACK

SHS HALLWAYS- The 2007 indoor track season started off with a new twist this year. The team had a major shift when one of their coaches, Mr. Smith, left the school to go teach in New Jersey. Luckily, Mr. Janick stepped in and helped out by boosting moral and working with the athletes in the weight room.

Indoor track is an extremely demanding sport and requires a lot of practice and ambition. The students who participate in indoor track know (usually by the end of the first practice) that the season will bring many things; including late nights, medals, and sore muscles. Without an official indoor track to practice on, team members run through the hallways, often dodging other students and maneuvering around blind corners. All of the hard practices pay off when the true competition comes: other schools.

Every track meet involves long hours of participation. Each team member must mentally and physically prepare themselves for the events they are to run. Most "trackies" run for personal records and times, but in the end the scores add up and the team, as a whole, is placed in comparison to the other teams. Even with all the great competition in the whole state, Suffield usually comes out towards the top, which is rewarding for the athletes and all the hard work they have put in to prepare. The night meets can last until the early morning hours. "Even though we get home really late from meets I still love going because they are really fun and exciting!" says Alex Peterson. 🗳



(Above) Leftto right: Ian Shulman, Jameson Grout, Meghann Cocca, Margaret Cooper, Kara Chamberlain, Justin Phillips, Kirstie Albert, Alexamdra Messmer, Robert Parise, Shawn Deford, Alex Peterson, and Liz Treiber. These seniors of the indoor track show their team pride by using their bodies to form the letters of TRACK.



(Above) Margaret Cooper, Kara Chamberlain, Meghann Cocca, and Meredith Lowe stretch before another hard practice. They all know how important stretching is before running. "Stretching is an important part of track. You lose half of your workout if you do not stretch." Meredith Lowe.





(Above) Patrick Henderson participates in throwing the shot put at one of many track meets. He demonstrates excellent form and control of the shot.



(Above) Boys Indoor Track: (front row, left to right) Alex Peterson, Justin Phillips, Shawn DeFord, Jameson Grout, Ian Shulman, Robert Parise (second row) Justin Abrams, Connor Blake, Zach Anderson, Kevin Ho, Justin Pierce, Nick Rigby, Leo Zaffetti, (third row) Jeffery Daley, Logan Horner, Jole Jordan, Chris Reynolds, Steve Bascom, Patrick Henderson, Peter Armata, Luke Allen, Tom Brown (Not Pictured) Brian Gracey, Josh Giller, Kyle Buckingham, Rob Hale, Andy Shea, Taylor Werth, Nick Peluso, Taylor Seidel



(Above)Girls Indoor Track: (front row, left to right) Lauren Beaulieu, Kara Chamberlain, Kirstie Albert, Elizabeth Treiber, Alexandra Messmer, Margaret Cooper, Meghann Cocca Alexandra Wilson (second row) Rachael Cocca, Britney Jodoin, Holly Chamberlain, Julie Muscarella, Amanda Conway, Jessie Strickland, Erin Frawley, Sarah Jordan, Kim Willett (third row) Julia Boldy, Sarah Wilson, Ashley Giller, Clare Tassinari, Ana Zielinski, Alyssa Wagner (Not Pictured) Meredith Lowe, Silvana Luongo, Nicole Picard, Morgan Deske, Samantha Guzzi



(Left) Senior captains Shawn DeFord, Liz Treiber, Robbie Parise, and Alexandra Messmer goof around before another difficult practice.



(Above) **Boys Swimming Team:** (front row, left to right) Spencer Bernard, Eric Murphy, Michael Cristina, Gavin McKay, Chris Sweeney (second row, left to right) John Williams, Tim Dufore, Robert Domin, Andrew Lagana, Keys Perrin, Coach Walter Beck



(Above) Chris Sweeney is a junior on the boys' swim team, and excels in freestyle. His hard work and determination are a great asset to the team.



(Far right) Eric Murphy swims butterfly for the boys' team. His excellence in this very difficult stroke is crucial for the points that the team earns at the meets.











(Above) Junior Michael Cristina swims butterfly for the team. He is one of a few people that excelint his stroke, and the team was very lucky to have him.

(Right) Billy Schnepp was on the swim team throughout his past years in high school, but this year he decided to help out at the meets instead with timing races and supporting the boys.



Making A WAVE

Boys Swimming

WLHS POOL - Although the boys swimming team has only been a part of Suffield High School sports for three years, their ability and teamwork would lead one to believe that they have been a team for quite a while. The boys this year were extremely hard working, and had strenuous practices every day after school.

Don't worry, though, they did take some time to have fun! On occasion, the boys would take a break from their laps and play a game of intense water polo. By mixing fun with hard work, the boys grew closer as a team and became really great friends.

Part of their friendships were shown at the swim meets. Although they sometimes had to compete against each other, the boys were very supportive and encouraging of each other, and helped each other to succeed in their races. Suffield ranked high among the other schools in their division, and the boys definitely made Suffield look good.

Although boys swimming is one of the smaller teams at SHS, they have a huge amount of fans! Aside from their family and relatives, many of the members of the girls swimming team would attend the boys' meets, and even help out with timing.

Although the swim season had to come to and end, the friendships that the guys made did not. They all still get together, and agree that they can not wait until next year! 🍣

Staying In Line

DANCE TEAM

GYMNASIUM - For the past three years, the Dance Team at Suffield High School has been working together to choreograph their own routines to perform at the basketball games. Working on their own was extremely hard, so the girls were very excited when they heard that they had a new coach for the '07 - '08 season.

With a new coach, new girls on the team, and new uniforms, the girls had new attitudes! They were very eager to begin learning, and practiced nearly every day after school. Each practice began with a technical ballet warm-up, and then the girls would practice turns, leaps, and jumps across the floor. They would even learn new stunts such as lifts and acrobatic moves. Each of these elements was incorporated into all of their dances.

After lots of hard work, the girls had high hopes of impressing the crowd at the basketball games, and that is exactly what they did. They performed to many different hip-hop songs, and the audience thoroughly enjoyed their performances.

All of the girls on the team agree that their favorite part about being on dance team was not about the performing or the costumes, but about meeting new people and making new friends. The girls all became very close, and would get ready for the games together, have dinners, and even dance team sleepovers! Although the season had to come to an end, all of the girls said that they will remain good friends and hope to have just as much fun next year!





(Above) After many hard practices, all of the girls enjoyed performing for the sudents and parents that attended the game. You can tell by the smiles on their faces and the way they are in synch with each other that they have worked extremely hard.

(Left) Brittany Denue helps her friend Sabrina Cordiliko stretch before the first performance of the season. It was very important for the girls to stretch to make sure that they were warmed up for the routines.

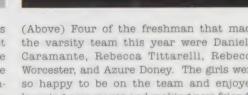




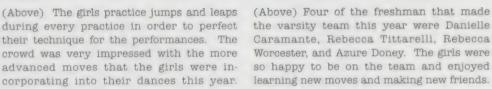


(Above) Girls Varsity Dance Team: (front row) Ashley Agudelo, Ally Czerniak, Alison Daguio, Rachel Brueno, Sabrina Cordiliko, Brittany Denue (second row) Heather Boudreau, Katie Romano, Chelsea Hunter, Michelle Kula, Julie Bianchi, Giuli Tittarelli, Lauren Monseigneur, Erika Hull (back row, left to right) Melissa Chapman (junior varsity), Jaime Torone (junior varsity), Rebecca Tittarelli, Rebecca Worcester, Azure Doney, Danielle Caramante, Jackie Ferland, Moriah Canty, Coach Lisa Worcester (not pictured) Nicole Torres (junior varsity).













(Left) The Dace Team Captains this year were Rachel Brueno, Ally Czerniak, and Ashley Agudelo. Each of the girls brought a different aspect to the team, and were very excited to help the new team members learn about dancing and performing.

(Far left) As the halftime buzzer goes off and the girls prepare for their dance, they cheer for the basketball team. The girls showed a lot of support and encouragement for all of the team members at the games they performed at.



(Above) **Cheerleading Team:** (front row, left to right) Kayleigh Brown, Tiffany Fellows (second row) Ellen Fredrick, Kyla Murray, Sara Kaplan, Christa Brown (back row) Christy Martin, Alaina Watson, Felicia McPherson, Jasmine Flores, Brittany Hube, Managaer Alex Justesen Not pictured: Becky Higginbotham, Fosie Cauley, Megan Hysler



(Above) The cheerleading team shows off one of their most difficult moves during practice. These lifts always get tons of cheers from the crowd during halftime.

(Middle) Each girl on the team cheers in perfect unison with the girl next to her. They cheer extra loud to make sure each and every fan hears them root for the team.







(Left) Christy Martin leads the rest of the teamina cheerleading move during a home game at Suffield High. The girls 'roar' like the Wildcat mascot to pump up the crowd.

(Right) Sara Kaplan performs an elaborate back-hand-spring in front of her fellow cheerleaders. She performs her gymnastic moves in perfect form to the amazement of the fans.



PEP IN THEIR STEP

CHEERLEADING

shs games - The members of the cheerleading squad at Suffield High Schoolare extremely dedicated to their sport. Not only must they memorize intricate and long routines for each cheer, but they physically must be in awesome shape to perform some of the lifts and moves for each cheer.

Without the cheering and yelling in the background of the cheerleaders, the basketball games would not have the enthusiastic fans they have now. The cheerleaders pump up the crowd and start chants that the entire bleachers begin to shout. Although the cheerleaders give so much recognition to the Suffield High School basketball players, they deserve much of it themselves.

They have practice everyday after school and they perform at each of the basketball games. The girls created a tight-knit pack that worked together like a family. Their cheers and moves were always with perfect unison and they performed as if they were cheering for a professional sports team.

Led by coaches Gereem Nicholson and Leon Wallace the girls especially enjoyed the new cheers and moves this year. They expanded their cheers and moves immensely, yet maintained their best, such as the infamous pyramid.

Without the cheerleaders at Suffield High School, all winter sport games would lose a lot of their fans. Great season girls!

WILDCATS FACEOFF

HOCKEY

ENFIELD TWIN RINKS - Last year was a tough year for the boys hockey teams to swallow. After loosing a couple key seniors, the team was looking forward to a youthful and energetic team this year.

The boys started the season off with a strong desire to win and a passion for the game. The boys started off the season strong but were always looking to improve. As the season continued so did the boys determination to win. Even with a young team, the veterans from last year made their presence known. Seniors Alex Cerri, Luke Anderson, Brett Sullivan, and Nate Allard lead the way not only with their on-ice play but their leadership as well. The push and drive of these players demonstrates what teamwork is all about.

Although the season was a successful one, it also showed some promising potential for the future. Both the freshman and sophomores had their chance to shine and show their skills at the varsity level. Competing with older and more experienced teams was not always an easy task, but the experience obtained is an important part of the rebuilding process for next year.

Finally, the team would be nothing without its great team spirit and enthusiasm. Hopefully with the season coming to an end, the team will take the knowledge and experience from this season and make improvements for the years to come.





(Right) Senior captain Alex Cerri zones in on the goal as he goes for the shot. Concentration and quick thinking are important qualities to have in order to play hockey. Alex always works hard and leads by example.

(Left) Brett Sullivan, one of the senior captains, gets ready for the face off to begin one of the games this past season. Brett always has his game face on but also has a lot fun.





(Above) Junior Varsity Hockey Team: (front row, left to right) Mitch Crosby, Zach Perkins, Chris Lemay (second row) Coach Rowe, Charles McGann, Dylan Balfore, Tim Bordeau, Matt Spadorcia, Jesse Potter, Jameson Moran, Mike Dahmke, Eric Quagliaroli, Hunter Stone, Nick O'Honnessian, Matt Dombrowski, Nathan Allen, Curtis Powers



(Above) Varsity Hockey Team: (front row, left to right) Tyler Reopel, Brett Gardocki, Jesse Potter, Mitch Crosby, Nate Allard, Kyle Doane, Mike Small, Dylan Balfore (second row) Coach Tenczar, Matt Spadorcia, Mike Rasmus, Anthony Poissant, Zach Allard, Zach Chemelowski, Tom Campion, Brett Sullivan, Alex Cerri, Mike Durej, Jon Cieri, Hunter Stone, Eric Tenczar, Collin McGunigle, Luke Anderson, Coach Rowe, Coach Carney





(Left) Senior Nate Allard sets himself up to make another amazing save. Playing goalie is one of the most difficult positions to play, coordination and quick relfexes make this a job tough to master.



(Above) **Boys Freshmen Basketball Team:** (front row, left to right) Dan Sullivan, Andy Dodds, Matt Pasquariello, Patrick Slattery, Eric Lenser (second row) Zack Biederman, Mark Wyse, Anthony Beltramello, Mike Krzanowski, Cody Kaczmarek, Zack Bergamini, Coach Semanie. Not pictured: Soobyung Pauk



(Above) **Girls Freshmen Basketball Team:** (front row, left to right) Julie Nadeau, Karoline Porcello, Kelly Kenney, Hadley Stevens (second row) Rebecca Lavoie, Isabelle Canetti, Molly Clark, Kayla Hale



(Right) Molly Clark tries to get by her determined defender during a home game against Fermi. Clark looks towards the hoop hoping to score a point for the team.





(Far Right) Patrick Slattery looks to pass the ball around the defender to one of his forward teammates in hopes that they will find a chance to score a basket.



(Above) Forward Anthony Beltramello keeps the ball away from his opponent while searching for a team member to pass to during the Freshman Boys home game against Canton.

(Right) Isabel Canetti and some other members of her team block their opponent from making a layup during a game versus Fermi High. Strong defense helped the Freshmen girls succeed this season.



SHOOT FOR THE STARS

FRESHMEN BASKETBALL

sms- The freshmen boys and girls basketball teams started their season very successfully. From the moment tryouts began, the members of each team worked their hardest to make their victories worth while. Both teams spent their season in the middle school's gymnasium practicing and improving their skills. Led by coaches Ms. McGurn for the girls and Mr. Semanie for the boys, these students learned a lot about playing together.

As the season continued, the records continued to show improvement. As freshmen, both teams did an excellent job representing the school. With all the stress and pressure of adjusting to being the youngest students in the high school and keeping up with school work, these kids did great with juggling so many responsibilities.

Due to such a successful season, many of these athletes will be able to play and compete with teammates of the JV and Varsity squads. "I had such a good time participating and being able to play this winter on a basketball team. I feel like I am prepared for next basketball season," says Zack Bergamini.

The dedication from each player was very important to the boys' and the girls' teams. Suffield High School is proud of their freshmen and the determination to do well throughout the winter months. Everyone cannot wait to see what each player will bring to their teams in seasons to come. Congratulations to both teams on their success this season.

Boys Take it to the Hoop

Boys Basketball

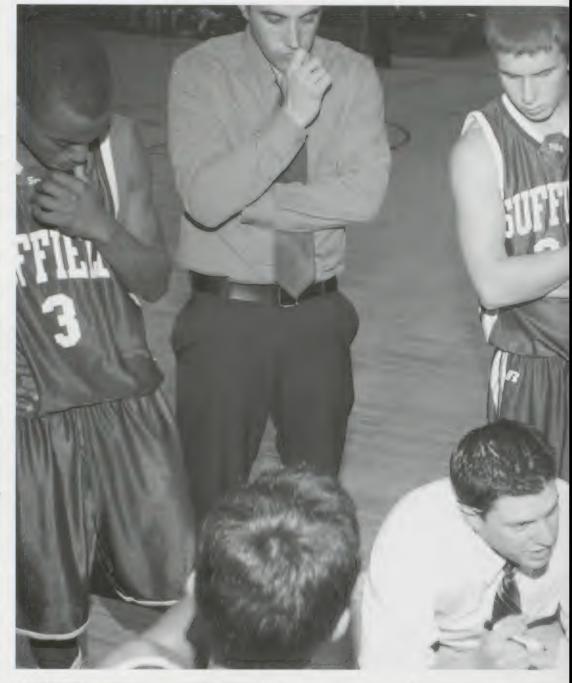
shs gymnasium- As always, the basketball season started off with great intensity. After the season commenced, the boys spent everyday in the gymnasium after school. When not in the gym, members of the teams spent their time in the fitness room building muscle and making sure that they were in shape. Under the leadership of captains Alex Guminiak and Sean Smith, the boys made sure they broke a sweat everyday.

Both teams had successful seasons because of the teamwork and dedication from every single one of the players. The two teams often felt like one. A few JV players were able to have the opportunity to join the Varsity team during league games.

As always there was the natural rival with neighboring town, Windsor Locks. This game is always very exciting and many students come out to support the boys in their battle. "I loved seeing the crowd at the Locks game. It got me pumped up and ready to play," says Chris Coates.

The JV and Varsity boys' teams ended the season very smoothly while the Varsity team was very successful when advancing games during the state tournament. The boys dedication and hard work paid off when it was very crucial.

The underclassmen members of both teams are left with high hopes for next season and cannot wait for more victories to happen.

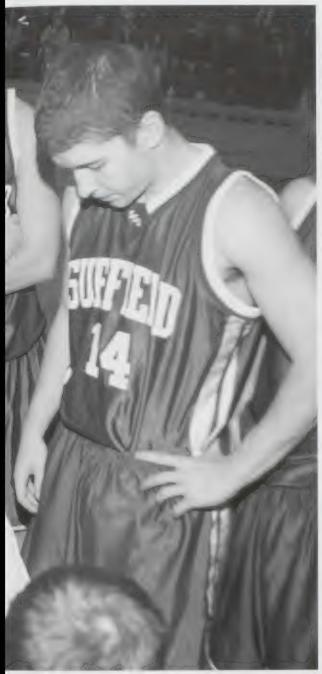




(Above) Erik Lee, Chris Coates, Mitch Flagg and other members of the boys Varsity basketball team stand around Coach Gattotohearwhatplay they are going to run.



(Left) Sean Smith keeps the ball away from his opponent while driving to the hoop. The boys did a lot of training so they were able to be quick on their feet.





(Above) **Boys Varsity Basketball Team:** (front row, left to right) Chris Coates, Alex Guminiak, Sean Smith, Chris Drake (second row) Coach Gatto, Mitch Flagg, Mike Chapman, Drew Fortin, Dan Wallace, Ben Forester, Alex Flynn, Joe Rigby, Erik Lee



(Above) **Boys Junior Varsity Basketball Team:** (front row, left to right) Mike Chapman, Stuart Malec, Tyler Devine, Matt Ullman (second row) Mitch Flagg, Mike Thibodeau, Matt Shute, Drew Fortin, Joe Rigby, Coach Gatto.





(Left) Sophomore Drew Fortin fights for the ball on the floor during one of the boys' away games. Drew was akey player on the team and he has a bright future in basketball.

(Far left) Chris Drake, Alex Guminiak, Sean Smith, and Chris Coates are the four senior players on the team. Their leadership has helped the team succeed this season.



(Above) Girls Varsity Basketball Team: (front row, left to right) Kayla Nadeau, Whitney Mackay, Taylor Bartini, Jenn Thresher, Jessica Carson (second row) Coach Tracie Zavisza, Rachel Packard, Kristin Horanzy, Nicole Tedone, Brenna Lowe, Stephanie Guminiak, Jessica Flagg, Chelsea Bishop, Coach Dan Sullivan. Not pictured: Michele Niejadlik



(Above) **Girls Junior Varsity Basketball Team:** (front row, left to right) Samantha Pandolfi, Katelyn Wood, Jessica Carson, Kim Kuras (second row) Coach Tracie Zavisza, Jessica Flagg, Hillary Lattanzio, Stephanie Fahey, Angela Moskwa, Chelsea Bishop

(Above Right) Freshman Stephanie Guminiak drives to the hoop against East Windsor. Steph had a great season and still has 3 more years ahead.



(Right) A JV team huddle is necessary at the beginning of the game in order to boost team spirit and pump everyone up for the competition.







SUIIII

(Above) Junior Nicole Tedone watches as freshman teammate Brenna Lowe grabs the basketball and attacks her defender.

(Left) Allthree Senior Co-Captains Whitney Mackay, Taylor Bartini, and Jenn Thresher led the team this year with points, assists, and rebounds.

(Right) Jessica Flagg goes for a layup against an Enfield player. Jess was definitely a threat to all opponents, offensively and defensively. She played JV and Varsity.



Driving to the Basket

GIRLS BASKETBALL

and Junior Varsity teams for girls Basketball started off the season with tough tryouts, long practices, and intense scrimmages. The Varsity team was returning three starters to the lineup, including senior Co-Captains Taylor Bartini, Whitney Mackay and Jenn Thresher. They also had a bench full of seasoned players and some new freshman.

Coach Dan Sullivan also added another member to the team, new Junior Varsity Coach Tracie Zavisza. Tracie stepped up this year as a first time basketball coach, but she did a great job guiding both of the teams.

The girls basketball teams have always been strong competitors in the NCCC and this year was no different. The Junior Varsity Team was very strong, seldom losing any games. Both teams play a very competitive schedule, but always ended up near the top. This year, a few more teams unexpectedly brought some tough competition to Suffield. However, hard work, perseverance, and teamwork helped the girls throughout the season. Often times they came out victorious and occasionally falling just short of a win.

The entire season was enjoyable and successful for both of the teams and their spectators who came loyally to many of the games, home and away.

PIN To WIN

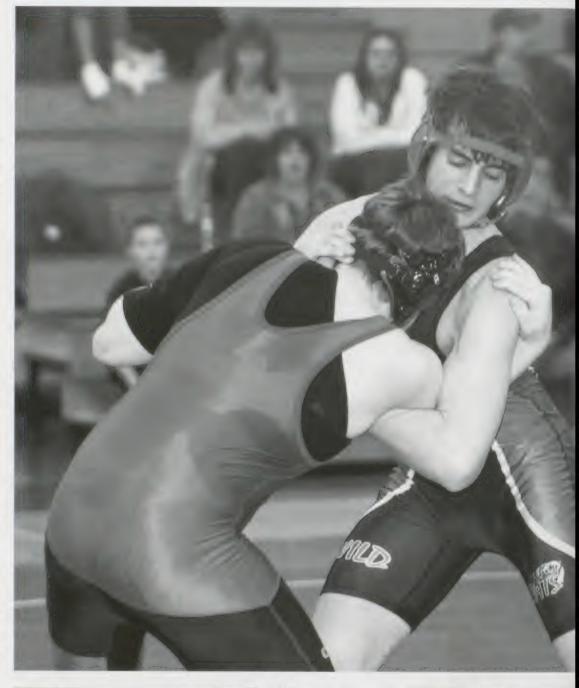
WRESTLING

GYMNASIUM - Wrestling is becoming more and more popular as the years go on. With each season comes more kids that want to participate in this sport. Many students are getting drawn to wrestling because of the intensity of the sport.

Wrestling is not just a physical game. The mental part of wrestling is just as important as having the strength to pin opponents. You need to know when and how to do each move. Also, it is necessary to size up your competition and figure out the best strategy to defeat them. Knowing how to get out of a position your opponent may have you in is extremely important as well.

The mental part of this sport also includes the will never to give up. The Suffield High School Wrestling team shows that they have mastered both the physical and mental components of the sport. That is what helped the team win NCCC conference title last year. This year, they are hoping for a repeat. Leading the team are seniors Jimmy Lemire and Dave Shelanskas. "We worked really hard this year and the team chemistry was awesome. Everyone got along and because of that, we had a very successful season. Best of luck to the team next year," said senior Kevin Mannino.

All in all, the wrestling team had a successful season. The undersclassmen are looking forward to the upcoming seasons.





(Above) Senior and captain David Shelanskas grabs the kid from the rival team. He's planning his next move to get the other team on the floor so that he can help add to Suffield's score.



(Left) Jeff Bridge gains the upper hand in his match as he attempts to pin his opponent for the win. Victory is the only thing in his mind as he makes sure that he is in command of the match.



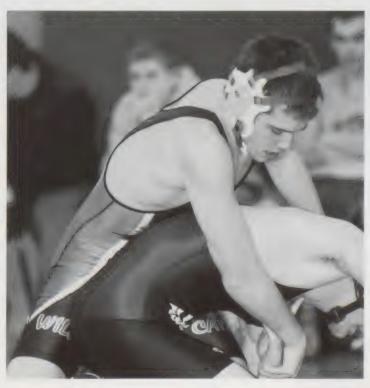


(Above) **Boys Wrestling Team**: (front row, left to right) David Shelanskas, Kane Seaha, Jaime Coates, Bojan Bojic, Kevin Mannino (second row) Andrew Fahle, Joe Gleason, Tim Buckingham, Cory Allen, Ryan Buckingham, Daniel Champagne (back row) Coach Potter, Anthony Liquori, Mario Santos, Kyle Sheridan, Jeff Bridge, Jamal Saleh, Coach Moran. Not Pictured: Nick Oliver, John Kopec, James Lemire



(Above) Nick Oliver throws himself on top of the opposing team in the heat of the battle. He keeps a firm hold on his opposition in an effort to secure a win.





(Left) Jimmy Lemire came out with intensity during this match. He wants to win so that his team can be one step closer to winning the NCCC Championship for the second year in a row.

(Far Left) Drew Fahle fights to get out of a head lock while the opponent holds him down. This freshmen has gained a lot of experience during this season and is looking forward to next year.

SRORTS: Spring Season

STUDENTS "SPRING" INTO ACTION



(Above) The boys Varsity Lacrosse goalie, freshman Ryan Johnson, is about to make a long pass to the midfield, after receiving the ball from the defense, Justin Waterman.

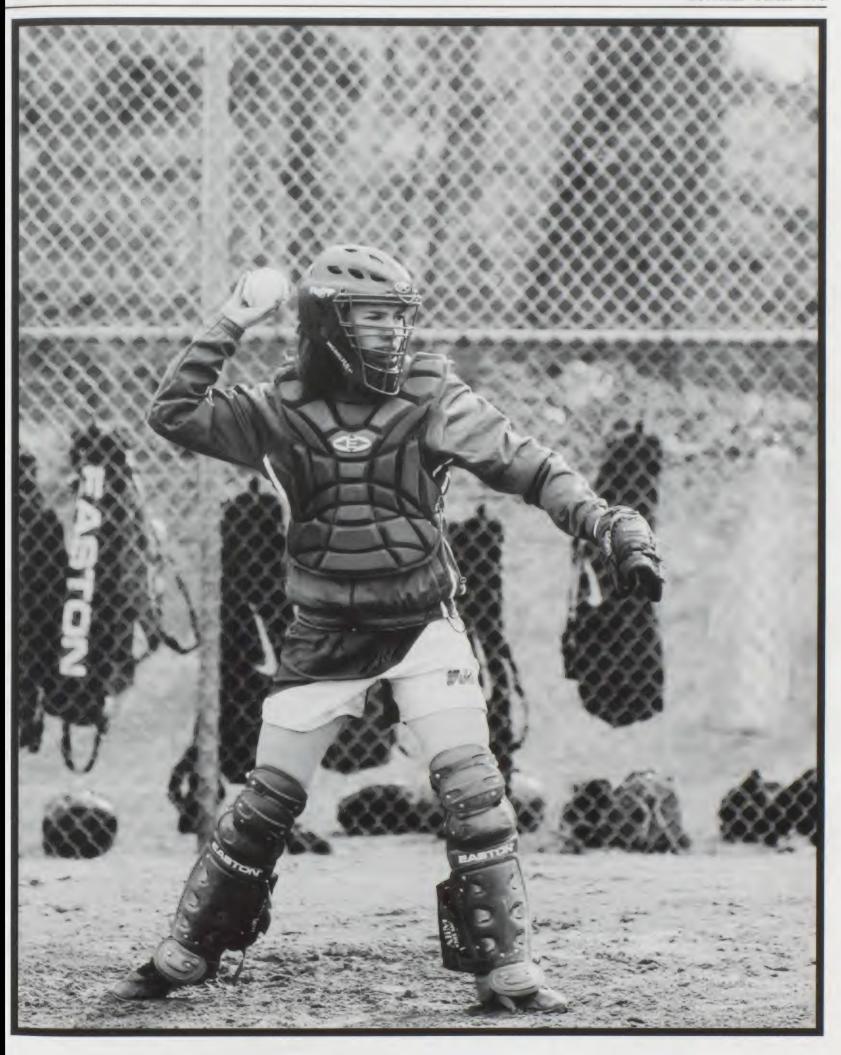
sports fields - With the snow finally melted, the athletes are able to make their way outside once again. With spring there comes a new hope for each team. The golfers head out to practice their drives, the lacrosse players are able to take some shots, the track team is ready to begin their sprints and hurdles, tennis is

practicing their serves, and baseball and softball are ready to swing for the fences.

Anticipation is high for all the teams this year, since last year nearly all of the teams were successful. New goals and expectations are now being set, as teams strive to improve their records from last season. All of the athletes feel as though

(Right) The varsity softball catcher, freshman Julie Muscarella, just caught the ball after a strike and prepares to throw it back to the pitcher's mound to give the batter another try.

they have made strong improvements over the off-season and hope to prove this in their games and matches. And as long as they work increasingly hard in practice and in scrimmages, success will be achieved early and often throughout this year's season. Read about the spectacular headlines on the following pages.





(Above) **Boys Varsity Baseball Team:** (front row, left to right) Pat Sullivan, Tyler DiPrato, Corey Vogt, Steven Treglia, Richard Burke (second row) Michael Presnick, Bryan Hull, Nicholas Moskwa, Christopher Drake, Sean Smith, Alex Guminiak (back row) Coach Rob Eggleston, Erik Washburn, Dean Porcello, Christopher Stein, Luke Anderson, Coach Guy Fortunato



(Above) Boys Junior Varsity Baseball Team: (front row, left to right) Josh Dupuis, Mike Thibedeau, Shawn King, Max Wiosna, Glenn Dardenelli, Dan Bartini (second row)Mike Duncan, Jeff Leonard, Frank Mnich, Dylan Lawrence, Kyle Dallaire (back row) Jeff Stein, Tyler Devine, Jon Cieri, Matt Schnepp, Matt Lavoie, Eric Gauthier. Not Pictured: Coach Dan Gatto



(Right) Mike Thibedeau prepares for the oncoming pitch in hopes of hitting a home run. Mike had a great start to the season, and turned a lot of heads. His optimistic attitude and great batting throughout the seasons ensures his optimistic future.

(Far Right) Mike Presnick runs straight through first base and on to second after hitting the ball far into the outfield. Mike was a strong player on the varsity team this year, and his hard work shined through in every game.









(Above) Vasrity base-ball player, Bryan Hull, steps up to bat for the second time in the game. You can tell by the dirt stain on his knee that he already successfully slid into second base earlier in the game.

(Right) Eric Gauthier, pitcher for the junior varsity baseball team, works very hard on the field. His practice paid off, leading the team to their first victory of the season. It is obvious that Eric has a promising future on the baseball team.



A Big Hit!

BASEBALL

BASEBALL FIELD - As the winter season was coming to an end, the baseball team could be found starting their season early, having indoor practices nearly every single day. It was obvious that the boys were perfecting their technique for the upcoming tryouts for the spring season. When the weather cleared up, the boys became even more excited about practicing every day. Everyone could tell that they wanted to have a great season, and their hard work and determination definately paid off.

Lead by senior captains Tyler DiPrato and Steven Treglia, the team had a great start to the season, and won many of their first games. Their success lasted through the season, and they ended just as great as they began. Most of the boys agree that the most fun they had this season was during spring break when they took a trip to play ball in Florida. Even though their lead pitcher, Steven Treglia, broke his arm on the trip, the boys kept a positive attitude. Steven even pitched with his cast on at the next home game!

Sports are very popular at Suffield High School, for both the athletes and the spectators, and the baseball team was quite a hit this year! Both the junior varsity and the varsity teams attracted a lot of attention to their sport this year. Aside from parents, many students came to support their friends on the baseball field. Varsity baseball player Nick Moskwa said, "So many people came to the home games after school. It was really nice that all the players' friends would come and support the team."

DIAMONDS FOREVER

SOFTBALL

SOFTBALL FIELD - The Suffield High School Girls Softball Teams were extremely dominant on the fields this season. Nothing thrills a small town like high school sports, and what can be a more perfect example than the Varsity Softball Team? The Wildcats have toiled in the past, facing good teams, mediocre teams, and some bad teams, without bringing home any reward. However, that all changed this season.

With the addition of a new JV Softball Coach, the two teams excelled in every aspect of the game. The leaders of the two Wildcat teams both proved to show heart, drive, competitive spirit, and class.

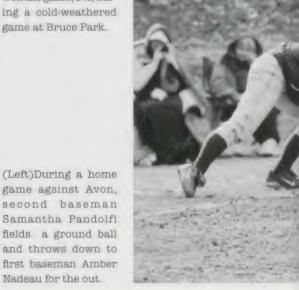
One major aspect that many people do not think about is the mental part of the sport. Staying focused on the field and off the field is an essential part of the game and the entire softball season. The Varsity team began their season with a weekend tournament, pulling out with all wins, however the team also suffered with the injury of a teammate later that night. The Wildcats pulled through and kept their mental game right on track. Performance and team chemistry were very high this season. Players on both teams don't see it just as a sport: they view playing on the team as a lifestyle for the season.

To finish the season, the Varsity team kept their composure to capture the NCCC Conference Champion title. This season was one to remember, making history as the first SHS softball team to win a conference championship.





(Above) During the Suffield vs. Enfield game, Jennifer Thresher batted third in the lineup. The Wildcats wonthe game, 3-2, during a cold-weathered game at Bruce Park.







(Above) Girls Varsity Softball Team: (front row, left to right) Lauren Mercik, Julia Muscarella, Colleen Moroney, Angela Moskwa, Kalleigh Peterson (second row) Whitney Mackay, Kara Chamberlain, Jennifer Silva, Taylor Bartini, Kathryn Kenney, Michele Niejadlik (back row) Coach Andy Lombard, Samantha Cieri, Jennifer Thresher, Emily Droney, Coach Joanne Pressur. Not pictured: Melanie Chapman.



(Above) **Girls Junior Varsity Softball Team:** (front row, left to right) Marissa Marek, Maggie Reeves, Christie Mastroberti, Gina DiPrato, Kylie Gifford (second row) Samantha Pandolfi, Brianna Liquori, Stacey Brunelle, Meliss Zaczynski (back row) Coach Tom Kadamus, Melanie Albert, Kayla Nadeau, Amanda Emery, Amber Nadeau, Taryn Scozzari, Manager Alison Gagnon





pitcher Kylie Gifford throws a pitch down to catcher Taryn Scozzari for the strikeout. Kylie struck out many girls in the home game vs. Avon at Bruce Park.

(Left) Junior Varsity

(Far Left) Emily Droney, number four batter and right fielder on the Varsity Team, shows her skill and athletic ability as she safely slides into third, avoiding the tag.

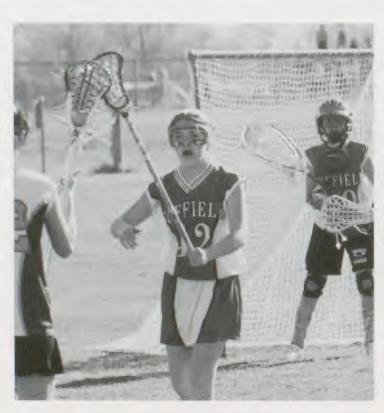


(Above) Girls Varsity Lacrosse Team: (front row, from left to right) Margaret Cooper, Lauren Smith, Lisa Beltramello, Kelly Christian (second row) Emily DeFord, Melissa Jenkins, Ali Murray, Meghan McGunigle, Taylor Kerr (back row) Keri Ann Bernault, Shannon Heyse, Sheila Leary, Kathryn Simison, Gretchen Eastman, Alyssa Johnson, Alicia Baumann, Coach Margaret Majewski Not pictured: Morgan Denno and Coach Selena Quirion



(Above) Girls Junior Varsity Lacrosse Team: (front row, from left to right) Kayla Fahle, Stephanie Shamy, Brittany Crosby, Kelly Miskin, Katie Sullivan (second row) Maddy Droney, Erika Hull, Laura Vallance, Molly Bascom, Laura Sauter, Maddie Motherway (back row) Megan Moreau, Ashley Giller, Megan Madison, Cara Ryan, Kristy Koistinen, Amanda Conway, Coach Margaret Majewski Not pictured: Andrea Henao, Katelyn Moores, Alicia Olschafskie

(Right) Laura Sauter plays tight defense on her opponent to prevent her from taking a shoton goal. Defense is just as important a position as offense. They are essential in stopping the opponents. Although defense doesn't get the glory, they are important for winning games.





SAY IT



"I really loved playing on this team. It was such a great experience. Because I was a freshman on the varsity team, I got to learn a lot by

watching the girls who have been playing longer. My skills improved so much practicing with the older girls. The upper classmen were encouraging and patient with the new members of the team. This season makes me hopeful for next spring. It was a great and unforgettable experience."

Emily DeFord



(Above) Meghan Mc-Gunigle runs down the field while avoiding the opponent's defense. Speed and good stick skills are important in the game of lacrosse. Meghan is one of the top scorers for the Varsity team.

(Left) JV goalie, Katie Sullivan, saves the ball and looks out at the field for an open teammate. Katie was a key player to the team and was always positive. "I loved playing with my team," says Katie.

No Helmets Needed

GIRLS LACROSSE

BRUCE PARK - Girls lacrosse takes a lot of heart, hustle, and determination to play. No matter what position you may play, girls lacrosse is not a dainty game. There are many stereotypes that say that girls lacrosse is easy, but like the boys, it requires you to get physical in order to be victorious.

The team's goal was to make it into the state tournament. After losing their first scrimmage against Suffield Academy, the girls were feeling a little bit down, but they didn't give up. They fought for every game and refused to quit despite the score. Their determination was shown after they came out on top in their first game against Windsor. They also won their next game against Ellington. Eventually, the girls' work paid off and their goal was reached. They are the first girls lacrosse team to make it into the state tournament. "We just went into every game with a positive attitude. We just focused on one game at a time and put everything we had into that single game," said Cara Ryan.

Both the Varsity and JV's seasons ended on a good note, but big changes will be taking place next season. The Varsity coach, Mrs. Quirion, will not be continuing on with the girls. She will be missed by everyone next season.

Eventhough changes are being made, the girls are still looking forward to next season with high hopes. New talent and new coaches make for a unknown future, but the girls remain optimistic.

Don't Cross THESE BOYS

Boys Lacrosse

SHS FIELDS - Boys JV and Varsity lacrosse had a successful season. Boys Varsity started with a once-in-a-life time opportunity to play with the creators of lacrosse, an actual tribe of Native Americans, in Seneca Falls, NY. There they began their pre-season training and it paid off. With team captains Nick Shute, Matt Conway, Ben Sweeney and Dan Holmes leading varsity, the team went on to win against the toughest teams and learn the true meaning of being unified. The boys got down and dirty, winning everyone of their faceoffs and skillfully passing their way down the field and scoring the first goals of their games. "I really enjoyed playing with this team, we all got along, had an amazing season, and had so much fun!" says Ryan Johnson, a freshman varsity member.

Throughout the season, the boys continued to work on their skills and improved immensely. Each memberpulled their own weight and contributed 100% of their talents and efforts into the team's season.

The positive attitude and the fans support of the boys in every game also set the season right. The assistance of the defense and the fending off of the opponent attackers, led to outstanding glorious wins. The attackers also were putting the ball in the back of the opponents net, thus leading to many victories for Suffield High School boys lacrosse. The boys learned many things this season and are looking forward to winning more during next year's season. 🏖





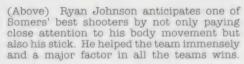
(Above) Suffield boys varsity put there sticks together and shout "Go Suffield!" right before they go on the field. This intimidating chant was used to show Somers how Suffield Boys lacrosse is really played.



(Left) Andy Shea outruns numerous opponents while traveling towards the goal to score. His fancy footwork and crafty stick skills can foolanyoneontheopposing team until he finds a teamate to pass to.









(Above) From left to right Peter Armata, Anthony Cervione, Matt Shute stand up to get a better view of the field and cheer for their team to win the draw. They wait eagerly for their chance on the field.



(Above) Boys Varsity and JV Lacrosse Team: (First Row, left to right) James Wilson, Matt Breese, Shawn Jordan, Ben Sweeney, Mike Romano, Matt Conway, Nick Shute, Dan Holmes, Nico Connor, Zack Donais, Shawn DeFord, Tim Glynn (Second Row) Joey Sullivan, Jesse Potter, Ryan Johnson, Justin Phillips, Ryan Perkins, Matt Shute, Dan Carney, Collin McGunigle, Joel Jordan, Justin Waterman, Kyle Doane, Andrew Terlesky (Back Row) Coach Conway, Coach Lee, Zach Allard, Pol Viussa, Tyler Simons, Brett Sullivan, Anthony Cervione, Peter Armata, Eric Tenczar, Sean Riddell, Brett Gardocki, Andy Shea, Kevin O'Kane, Wes Contro, Coach Cervione (Not pictured) Matt Winne.





(Left) Shawn Deford does a few spins to throw off the opponents as he works his way down the field. As one of the Suffield boys sets a pick for Shawn, he has time to look for other open players to then go on and score.

(Far Left) Ben Sweeney rolls around the back of the net and outruns his defender as the goalie awaits for his next move. While he does this other Suffield attackers cut to get open to make a shot on the Somers goalie.



(Above) Boys Varsity Track Team: (Front row, left to right) Jordan Lavin, Nick Tustin, Joseph Jauregui, Brian Gracey, Robbie Parise, Josh Giller, Joe Rigby, Andrew Parent, Evan O'Connor (Second row) Vesko Zlatev, Logan Horner, Justin Pierce, Mike Holland, Ian Shulman, Patrick Henderson, Chris Reynolds, David Dardanelli (Back row) Coach Dave Rusnuck, Coach Joe Sinacroupe, Walter Malec, Nick Cotrone, John Gancarz, Jameson Grout, Nathan Sheriden, Matt Pravia, Robert Hale, Coach Brian Smith, Coach David Olechna Not pictured: Robert Hill, Emile Backes, Bryan Sutton, Daniel Wallace, Alex Wright



(Above) Girls Varsity Track Team: (Front row, left to right) Alexandra Wilson, Elizabeth Treiber, Sydney Grout, Chloe Fortin, Andrea Ruotolo, Nicole Boudreau, Alexandra Messmer, Kirstie Albert (Second row) Lauren Beaulieu, Nicole Loughrey, Brianna Lertora, Chelsea Hunter, Holly Chamberlain, Silvana Luongo, Meredith Lowe, Casey Merrick, Fosie Cauley (Back row) Coach Dave Rusnuck, Coach Brian Smith, Nicole Picard, Kaitlin Sych, Soc Kim, Caitlyn Martin, Jessica Carson, Maggie Treiber, Tara Boudreau, Kashmira Lennox, Amanda Lewis, Ashley Terlesky, Christina Lacafta, Chelsea Lacafta, Coach Joe Sinacrope, Coach David Olechna

Not pictured: Chelsea Bishop, Meghann Cocca, Crystal Ludwig, Kelly McDonough, Danielle Monsiegneur,

(Right) Nick Tustin tucks his legs up in order to get the longest possible distance on thelongjump. His form looks good and this jump will surely be a new personal best for









Grout and Josh Giller take off from the starting line the second they hear the gun. Maintaining a good position right from the start is the key to a



(Above) (Left to right)
Nicole Boudreau, Alexandra Messmer, and
Meghann Cocca sprint
with all their strength
during the last few
seconds of their 100
meter dash, earning a
victory against the opposing Canton team.

(Right) Nathan Sheridan has finally mastered the technique, strength and precision required for the throwing of the javelin. Field sports give many necessary points to the team's final score after an intense meet.



Going the Extra Mile

OUTDOOR TRACK

SHS TRACK - Trackies are known for their determination and stamina, but this year the track and field athletes at Suffield High School really proved themselves. Under the guidance of five excellent coaches, the athletes pushed themselves to the limit.

It is not just about running, and that is what was proved. It is about the heart and the mind of the runner. Freshman learned the true meaning of work-outs and those returning to the sport readied themselves for a tough season. It definitely paid off.

Individual efforts were extremely rewarding this season. The personal times and goals of many were broken. Pole vaulter Alexandra Messmer increased her height by nearly two feet overthe course of a year. "Although a lot of my motivation is personal, without the encouragement and support from teammates, I would not have been successful."

Teammates are extremely important for the athletes, especially in relays. Interactions amongst relay members must be executed perfectly to achieve a victory in these races. Andrew Parent participates in a four-byone race. He says, "What is great about a relay is that it gives you a stronger connection with your team."

Individually and on a team basis, track had a great season, and the members cannot wait to prove themselves again next year.

Making a Raquet

TENNIS

TENNIS COURTS - Having lost some key seniors last year, both the boys and girls tennis teams knew that they had to step up their game and reach for the stars this year. They faced many challenges but with a winning attitude and hard work ethic, both had solid years.

The girls tennis team had a great start to the season beginning 7-1. Having lost 5 seniors from last year, the girls knew they had to step up their game. Rachel Packard got off to an amazing start, beginning the season undefeated in what was an excellent season for the whole team. "Our players work well together. There is a lot of talent which makes our team really versatile. This year really is a great year for us," says Allie Rodgers. They girls went full-force into the NCCC tournament hoping to come out on top.

The girls team wasn't the only team making a racket out on the courts, the guys team had a very good season as well. The team had to battle this season but never gave up which gave them an overall solid record by season's end. Ben Forrester and Matt Brew led the way, and the boys finished with a win against rival Windsor Locks. One of the important factors on the team this year was the love the players have for the game. "Tennis, wow...it's not just a sport, it's a dream come true!" says Eric Heaney.

The coaches were proud of their players for their efforts this year. Both girls and boys teams had great seasons and are looking forward to next year.





(Above) Rachel Packard nails a hard return in a crucial match during the season. She got off to a great start and continued throughout the season as she finished solid as one of the top players on the team.









(Above) **Girls Varsity Tennis** - (back row, left to right) Monica Deshmukh, Allison Garber, Jessica Hafner, Katie Zien, Rachel Burnaford, Stephanie Yuan. (front row, left to right) Elizabeth Shamy, Lyndsey Zavisza, Alex Smith, Rachel Packard, Allison Rodgers. Not Pictured: Ali Bromson, Bethany Klose, Ashley Boudle, Rachael Packard, Coach Len Senofonte, Manager Gabby Canetti, Manager Nicole Toores.



(Above) Boys Varsity Tennis - (back row, left to right) John Cosker, Manager Emily Tracey, Marcus Macari, Tom Barker, Jimmy Chmiel, Ben Forrester, Brendan Kearney, Andrew Lagana, Eric Jesperson, Derek Stiles, Coach Mark Jannick. (second row) Joe Panasiewicz, Kevin Ho, Patrick Pease, Matt Brew, Edward Szoka, Noah Mealy. (front row) Tyler Brooks, Austin Chandler, Eric Heaney, Michael Christina, Chris Oprica. Not pictured: Sean Heyse, Brendan Stephan.





(Left) Jessica Hafner gets ready to serve but still keeps her poise. Her concentration and hard work paid off for her this year and she was very satisfied with the season.

(Far Left) Ben Forrester winds up for a killer return in one of the matches this past season. Ben has an awesome first season at SHS after coming here from Suffield Academy his Sophomore year. He hopes to improve more for next year.



(Above) **Boys Golf:** (front row, left to right) Jerry Hunihan, Mitchell Flagg (back row) Michael Masso, Vincent Morelli, Dave Pianki, Coach Fran Aniello. Not pictured: Michael Formagioni, Brandon Bielonko Not pictured: captain Melanie Chapman.



(Below) Head Coach Diana Cunningham mentors upcoming talent Alyssa Lacross. With such great coaching both on and off the field, the girls had no trouble reaching the green during matches.





(Above) **Girls Golf:** (front row, left to right) Anne Treglia, Ellen Fredrick, Alyssa Lacross, Kristie Laverdiere (back row) Coach Ron Kilby, Michelle Kelly, Anna DiLorenzo, Sara Gardocki, Coach Diana Cunningham



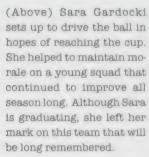
(Right) Michael Masso chips the ball toward the hole. As one of the young-eston the team, he learned much from the senior leaders. It is safe to say that alot can be expected in coming years from this rising talent.



(Far right) Vinny Morelli putts for par in his effort to aid the team's chances of winning. Vinny sank many clutch strokes this year and became a very reliable teammate for his peers.







(Right) Mitchell Flagg prepares for a practice stroke. Preparation was key this season for Mitchell and the Wildcats, as they faced much adversity and very tough competition. However, they always seemed to pull through in the end.



THE SWING OF THINGS

GOLE

AIRWAYS G.C. - Spring is in the air, and lately so are the golf balls. The excited golfers grabbed their clubs, and returned to the golf course to start another season.

Dave Pianki is returning for another year at the green as the previous season did not live up at all to his high expectations. "I hope I made an impact this year", said Dave, who showed tremendous promise this season. The teams showed much improvement from a year ago as the program continues to mature and grow in popularity. Both male and female teams competing this season are looking up as they seek to improve. With the loss of leadership from passing seniors, new faces led the team to victory.

"It was an interesting test this year, and I was anxious to see how the season would turn out. I'm confident in my kids, they're hard workers." Girls Coach, Diana Cunningham, said about the team. Although last year was not a breakthrough season, all team members and coaches agree that the level of enjoyment achieved created an optimistic future.

A turn around year was in the horizon from the start for the Suffield athletes, as the male team came storming onto the green with a quick 2-0 start. The golfers were determined to continue their dominance as spring turned to summer and the school year ended. Although the sport is quite unpredictable, it is clear that the teams will share incredible memories and lasting friendships.



ARTS &

Entertainment



(Above) Members of Student Activity Board help set up an event during Spirit Night. Many students are involved in this club which plans many events for the school.

SHS - The Arts and Entertainment are a pretty big part of Suffield High School. There is a large variety of activities that many people, including students and teachers partake in after school.

Nearly every student at Suffield High School is a proud member of at least one of the many groups and clubs. From Academic Quiz Team to Drama Club, the groups provide a fun place for students to express themselves and find what really moves them.

Many groups are not only fun, but give great opportunities for the students to prepare themselves for leadership roles and business situations. Being a (Right) Junior Amber White pauses in her band uniform while waiting to perform in the band parade at the Big E. She plays flute for the Suffield High School Band.

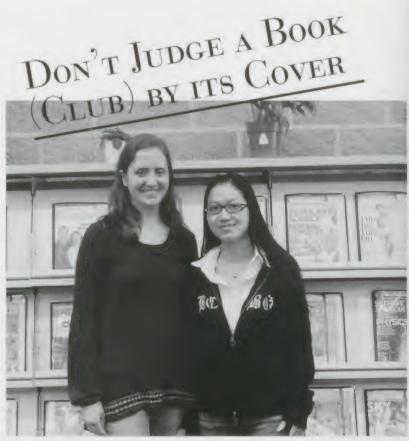
member of Student Council, Senate, or Debate encourages students to expand into a mature environment and see how well they can handle multiple situations.

Even with groups that are just for fun, students share their talents and interests. Look into the following clubs to see if you are interested as well.

WILDCATS REACH OUT



Wildcat Outreach (left to right) Becky Suzenski, Advisor Ms. Radziewicz, Ian Shulman, Adam Santaniello, Evan Laux. Not Pictured: Rob Domin, Jenn DiMauro, and Advisor Mrs. Kochanek.



Book Club (left to right) Denise Buckingham, Tran Phan

BEST BUDDIES STICK TOGETHER

Best Buddies (front row, left to right) Kelly Kenney, Kathryn Kenney, Jen DiMauro, Bryan Sutton (second row) Advisor Ms. Kaplan, Rachel Tyman, Michelle Kopek, Jill Sipperly, Nate Book, Wesley Sanborn, Marco Muzio, Kayla Hale, Valerie Motter, Advisor Mrs. Clouse (back row) Rebecca Lavoie, Casey Merrick, Amanda Emery, Victoria Heyse, Chelsea Cosgrove, Katie Delisa, Brittney Anthony



(Above) Davon Hardeman and Jalon Griggs work behind the scenes of the morning show. These students dutifully come early to school every morning to set up and prepare the cameras, microphones, and other equipment.

STUDENTS LIVE FROM SUFFIELD HIGH SCHOOL



SHS Today Bill Schnepp, Braidy Zavisza, Adam Santaniello, Evan Laux, Liz Breen, Amanda Emery, Kara Chamberlain, Jordan Mazur, Whitney Mackay, Liz Treiber, Margaret Cooper, Rachel Shermer, Jessie Strickland, Gosi Kelliher, Colleen Moroney, Angela Zaffetti, Maggie Treiber, Sam Mercouriou, Lilly Hopcroft, Brandon Clark, Nicole Ouelette, Kyle Dalrymple, Travis LaValley, Rob Brooks, Emile Backes, Lindsay Strong, Cory Roy, Vinny Barnes, Michelle LaPlant, Natalie Patterson, Fosie Cauley, Felicia McPherson, Jalon Griggs, Davon Hardeman, Chuntay Fletcher



Student Activity Board (front row, left to right) Kara Chamberlain, Alexandra Smith, Colleen Moroney, Meredith Lowe, Andy Shea (second row) Gosi Kelliher, Michelle LaPlant, Shannon Wilson, Brianna Lertora, Amanda Leonhardt, Kristy Koistmen (back row) Brianna Liquori, Falyn Rasmossen, Nicole Loughrey, Stephanie Shamy, Michelle Kula, Advisor Mr. Gatto, Kristen Overson, Taylor Bartini, Kallie Sullivan, Whitney Mackay, Ali Daguio, Ally Czerniak, Brittany Denue, Sabrina Cordiliko. Not pictured: Cara Ryan, Trish Herring, Nicole Salmone, Braidy Zavisza, Jordan Mazur, Lauren Mercik, Kristen Pepler, Ali Murray, Tyler Devine, Ally Spadorcia, Caitie Jones, Kayla Fahle, Dan Bartini, Gabby Macari, Ali Kuras



2008 Council (front row, left to right) Alexandra Wilson, Meghan Fletcher, Kalleigh Peterson, Kirstie Albert (back row) Alex Peterson, Advisor Mrs. Potter, Advisor Mrs. Riordan, Luke Anderson. Not pictured: Jordan Mazur



2009 Council (left to right) Advisor Mr. Sullivan, Bernadette Raum, Lucas Zielinski, Nathan Rossi, Mike Chapman, Colleen Moroney, Austin Chandler, Andy Lamagna, Nicole Salemone, Lauren Mercik, Advisor Mrs. Lombard, Eric Ouelette

STUDENTS RULE THE SCHOOL

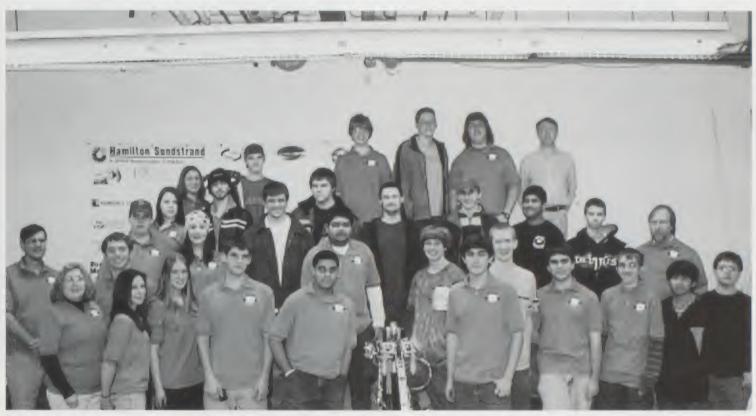


2010 Council (left to right) Eric Tenzer, Megan Madison, Molly Drenzek, Advisor Mr. Katulka, Katie Sullivan, Jackie Ferland. Not pictured: Kayla Nadeau, Advisor Ms. Harnett

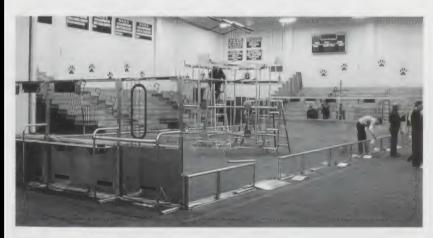


2011 Council (front row, left to right) Jamie Torone, Sarah Voisine, Paige Anderson, Julia Galica (second row) Advisor Mrs. Kochanek, Sarah Wilson, Justin Abrams, Zach Anderson, Sarah Jordan, Lisa Forster, Advisor Mr. Casolari. Not pictured: Eric Lenser, Kim Willett, Courtney Haglund, Rachel Liberty, Brittney Anthony

ROBOTICS GETS INTO GEAR



Aces High Robotics (Suffield Members) Nate Book, Lisa Bornas, Kayleigh Brown, Patrick Bucior, Brendan Cahill, Lindsey Carboneau, Sean Congden, Eric Giuliano, Chris Holtzman, Sawyer Judkins, Brendan Kearney, Dylan Lawrence, Conor Lynch, Peter Pagnoni, Andrew Pogg, Frank Ruggiero, Julie Silva, Bryce Skawski, Derek Stiles, Megan Walsh, Matt Willett, Mike Sutton, Emily Tracey, Rachel Liberty, Mathew Sheahon, Bojan Bojic, Dylan Fields



(Above) The Suffield High School Gymnasium completely transforms into an elaborate arena for the Robotics competition. Countless adults and students put hours into the preparation for this exciting event. When the time came for the competition to begin, fans packed the bleachers to watch the amazing creations that students and their mentors had created.

(Below) The Aces High Robotics team presents their robot, Ace of Spades. Students from Suffield and Windsor Locks High School worked together to create the perfect winning machine. The robot won competitions in Toronto, was awarded Second Place in New Englands and made the First Seed during International Championships in Atlanta, Georgia.





Symphonic Band Alex Wilson, Kirstie Albert, Jenn Thresher, Amber White, Giovanna Lancaster, Stacey Adamczyk, Alison Garber, Erika Hull, Page Anderson, Helen Humphreys, Elena Zakina, Neha Mehta, Liz Treiber, Aaron Olson, Nate Sheridan, Cassandra Devney, Lindsey Carboneau, Alyssa Wagner, Sarah Wilson, Britany Anthony, Luke Anderson, Zack Anderson, Eric Lenser, Ryan Kulas, Soobyung Park, Dante Maisano, Taryn Scozzari, Liz Breen, Amanda Emery, Robert Domin, Carissa Colins, Alex Peterson, Julia Boldy, Sam Mitchell, Steve Cannon, Steve Barthen, Michael Cristina, Joshua Giller, Walter Malec, Chris Sweeney, Rebecca Bowling-Worcester, Adam Santaniello, Rebecca Suzenski, Alex Messmer, Colby Tyler, Wesley Sanborn, Mario Santos, Eric Jesperson

BAND MEMBERS MAKE SOME NOISE



Jazz Ensemble (front row, left to right) Soobyunong Park, Dante Maisano, Eric Lenser, Ryan Kulas, Elizabeth Breen (back row) Eric Jespersen, Stephen Cannon, Michael Cristina, Brit Ant, Carissa Collins. Not pictured: Taryn Scozzari, Kevin Ho, Gavin McKay, Elizabeth Treiber



Senior Band Members (left to right) Kirstie Albert, Stephen Cannon, Alex Wilson, Jen Thresher, Alexandra Messmer, Elizabeth Breen. Not pictured: Nathan Sheridan, Aaron Olson, Luke Anderson, Alex Peterson, Steve Barthen



NCCC Group (left to right) Michael Cristina, Eric Jespersen, Elizabeth Breen, Carissa Collins. Not Pictured: Alison Garber, Gavin McKay



Northern Regional Group (left to right) Robert Domin, Stephen Cannon, Michael Cristina

Performances Critiqued Spectacular



(Above) Dante Maisano and Soobyung Park warm up on their saxophones for their marching band performance at the Big E. They both know how important it is to practice, especially since they must march and play simultaneously.



(Above) Ian Shulman and Ariel Rogeness lead the band by holding the banner during their marching band performance at the Big E. Despite heat and nervousness of each musician, the band pulled out a great performance.

NEWSPAPER TELLS IT LIKE IT IS



(Above) The Newspaper crewis concentrating on editing and brainstorming for the next edition of the newspaper. It is alot of work for this small group to gather all the pictures, facts, and stories needed for this school newspaper.

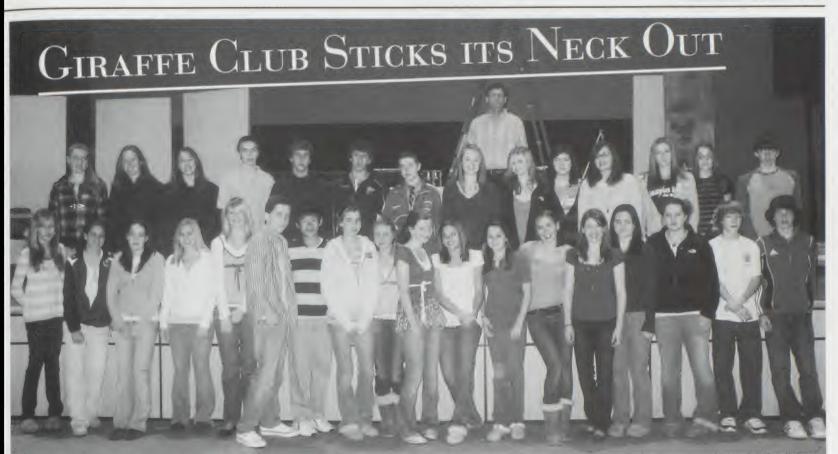


Newspaper (front row, left to right) Anna Durkin, Carissa Collins, Brianna Lertora (second row) Lilly Hopcroft, Elisha Dorsey, Stephanie Shamy, Wes Sanborn, Advisor Ms. Johnson





Interact Club (front row, left to right) Rachel Brueno, Amanda Eliothorpe, Nicole Salemone, Paige Anderson, Kevin Ho, Advisor Mrs. Lombard (second row) Advisor Mr. Garvey, Alex Peterson, Zach Anderson, Luke Anderson, Alex Wilson, Anthony Cervione, Mike Champman, Rob Hale, Peter Armata



Giraffe Club Laura Dorman, Ashley Agudelo, Liz Treiber, Kara Chamberlain, Whitney Mackay, Jenn Thresher, Luke Anderson, Andy Dodds, Kayla Hale, Rachel Tyman, Jackie Tyman, Megan Walsh, Kelly Walsh, Kelly McDonough, Nicole Loughrey, Wesley Contro, Ben Forster, Dean Porcello, Nicole Salemone, Lauren Mercik, Michelle Kula, Alison Gagnon, Amanda Leonhardt, Cara Ryan, Kristen Overson, Michele Niejadlik, Michelle LaPlant, Brenne Lowe, Karoline Porcello, Colleen Moroney, Emily Ellithorpe, Chelsea Moser, Silvana Luongo, Jenn Dimauro, Kathryn Niemiroski, Katie Sullivan, Andy Shea, Meredith Lowe, Chelsea Gervais, Courtney Randall, Melissa Pruitte, Sara Kaplan, Zach Biederman, Kristin Horanzy, Kallie Gifford, Briana Liquori, Ashley Dunn, Michael Chapman, Emily Dorman, Alexandra Messmer, Amanda Lewis, Kevin Ho, Kevin Mannino, Tran Phan, Briana Cuevo, Denise Buckingham, Paige Anderson, Katie Shute, Zach Anderson, Ally Pasquariello, Tara Sullivan, Peter Armata, Sarah Voisine, Jordan Mazur, Vicky Heyse, Braidy Zavisza, Rob Domin, Dan Bartley, Nathan Rossi, Molly Clark, Hilary Lattanzio, Kirstie Albert, Maggie Treiber, Angela Zaffetti, Holly Chamberlain, Joseph Rigby, Jessica Nadeau, Amanda Loveland, Rachel Burnaford, Chelsea Bishop, Molly Bascom, Jessica Carson, Kayla Fahle, Andrew Parent, Lauren Beaulieu



Math Team (front row, left to right) Will Holtzman, Brendan Stephen, Peter Armata (second row) Andy Shea, Tran Phan, Julie Silva, Kevin Ho (back row) Megan Wesolowski, Liz Treiber, Alex Wilson, Alexandra Messmer, Kirstie Albert, Advisor Mr. Janick. Not pictured: Kara Chamberlain, Lauren Beaulieu, Jessica Nadeau, Ed Szoka, Brendan Stephen, Jeff Kaplan, Sean Heyse, Dylan Lawrence, Kelly Bielonko, Rachel Brueno



Camerata (front row, left to right) Maggie Reeves, Taryn Scozzari, Julia Boldy, Margaret Cooper, Kara Chamberlain, Ryan Kulas, Erik Lenser, Rachel Shermer, Mary Tracey, Giovanna Lancaster, Maddy Ciccito, Helen Humphrey, Cassie West (second row) Jess Lawrence, Laura Sauter, Taylor Kerr, Julia Roder-Hanna, Greg Hall, Shaughn Flynn, Evan Laux, Adam Santaniello, Gosi Kelliher, Elena Zaykina, Sara Wilson, Kimberly Willet (back row) Sara Congden, Lisa Forster, Anastasia Zielinski, Brittney Anthony, Hannah Vigneri, Elisha Dorsey, Steven Cannon, Mike Cristina, Amanda Emery, Brenna McGann, Liz Treiber, Maggie Treiber, Molly Drensek, Molly Bascom

Brass Choir Shines Bright

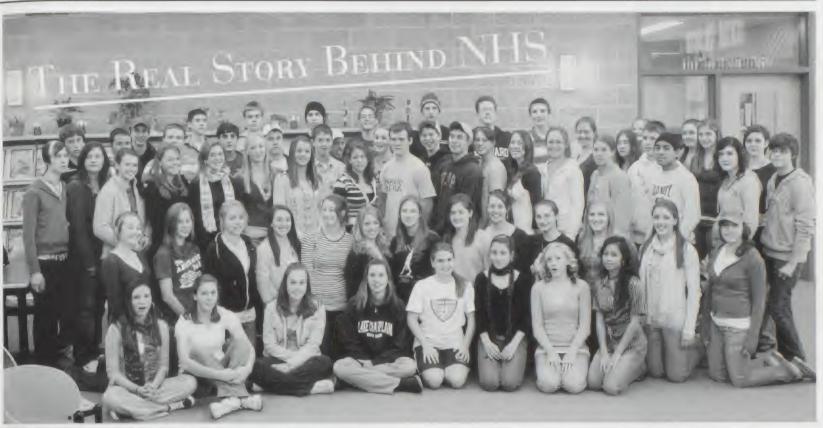


Brass Choir (left to right) Steve Cannon, Mike Cristina, Julia Roder-Hanna, Taylor Kerr, Ryan Kulas. Not pictured:

CHAMBER HEARD LOUD AND CLEAR

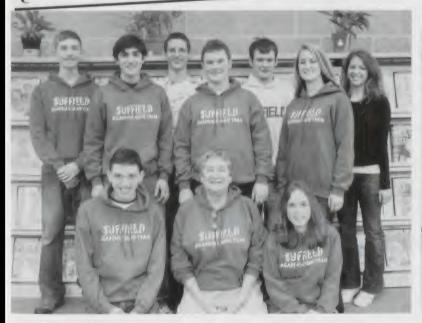


Chamber (clockwise starting at far left) Mike Cristina, Greg Hall, Elisha Dorsey, Sara Congden, Cassie West, Kara Chamberlain, Molly Drenzek, Shaughn Flynn, Brenna McGann, Amanda Emery, Florence Panasiewicz, Hannah Vigneri, Steve Cannon, Gosi Kelliher. Not pictured: Connor Blake, Shawn Deford



National Honors Society (2009) Brianna Cuevo, Eva Banlaki, Denise Buckingham, Anthony Cervione, Holly Chamberlain, Mike Chapma, Mike Cristina, Jennifer DiMauro, Rob Domin, Amanda Emery, Kayla Fahle, Jessica Fall, Ben Forster, Alison Gagnon, Victoria Heyse, Kristin Horanzy, Eric Jesperson, Margaret Kelliher, Michelle LaPlant, Evan Laux, Amanda Leonhardt, Brianna Lertora, Nicole Loughrey, Meredith Lowe, Silvana Luongo, Brenna McGann, Jessica McKenna, Lauren Mercik, Colleen Moroney, Carly Neuman, Kristen Overson, Rachel Packard, Justin Pierce, Courtney Randall, Joe Rigby, Nate Rossi, Stephanie Rypysc, Nicole Salamone, Adam Santaniello, Laura Sikes, Julie Silva, Alexandra Smith, Kallie Sullivan, Edward Szoka (2008) Kirstie Albert, Luke Anderson, Lauren Beaulieu, Lisa Beltramello, Kelly Bielonko, Bojan Bojic, Elizabeth Breen, Steve Cannon, Kara Chamberlain, Kelly Christian, Allison Corbosiero, Shawn Deford, Jameson Grout, Taylor Kerr, Amanda Loveland, Jordan Mazur, Meghan McGunigle, Alexandra Messmer, Michele Niejadlik, Aaron Olson, Chris Oprica, Andy Parent, Rob Parise, Randy Parker, Alex Peterson, Melissa Pruitte, Julia Roder-Hanna, Allison Rodgers, Bill Schnepp, Jill Sipperly, Mike Tassinari, Liz Treiber, Matt Willett, Alexandra Wilson, Braidy Zavisza, Rachel Brueno, Margaret Cooper, Meg Fletcher, Alyssa Frechette, Chris Holtzman, Bryan Hull, Kathryn Kenney, Ali Kuras, Justin Philips, Shannon Smith, Jackie Tyman, Megan Wesolowski, Cassie West

QUIZ TEAM TESTS THEIR KNOWLEDGE



Academic Quiz Team (front row, left to right) Matt Magda, Advisor Ms. Schmidt, Liz Breen (second row) Lucas Zielinski, Matt Willett, Randy Parker, Austin Chandler, Rob Parise, Kirstie Albert, Alexandra Messmer

Four Stars For B-Squad



B-Squad (left to right) Advisor Mr. Shultes, Jordin Lavin, Jacob Lavalley, Chris Holtzman, Greg Wright, Brendan Cahill, Sean Congdon. Not pictured: Randy Parker



(Above) Conor Lynch and Sam Eastman play an intense game of chess while other members of the Strategic Games Club look on. The two players obviously take this game very seriously and hope for their own victory.

STRATEGIC GAMES STRIVES TO CONQUER



Strategic Games (left to right) Advisor Mrs. Mentzer, Mike Sutton, Ian O'Connor, Evan O'Connor, Conor Lynch, Sam Eastman, Matt Nichols, Josh Guzzi, Cory Roy, Greg Schon.

DEBATE DUPES THE RIVALS

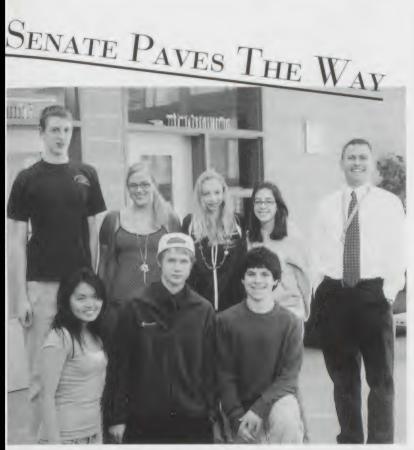


Debate Team (front row, left to right) Advisor Ms. Holland, Gavin McKay (second row) Zach Shoemaker, Brendan Stephen, Allison Corbosiero, Cassie West, Jillian Sipperly, Matt Magda

FFA OFFICERS TAKE CHARGE



FFA Officers (front row, left to right) Carly Neumann, Stephanie Rypysc, Christina Szczepanski, Brittany Saunders (second row) Marisa Marek, Eva Banlaki, Monica Deshmukh



Student Senate (front row, left to right) Soo Kim, Collin Mc-Gunigle, Andy Shea (second row) Jameson Grout, Kelly Bielonko, Sarah Wilson, Jamie Torone, Advisor Mr. Casolari. Not pictured: Mike Cristina, Bill Schnepp, Rob Parise, Stephanie Shamy, Chelsea Bishop



Earth Club (front row, left to right) Advisor Mr. Kaput, Randy (second row) Carly Neumann, Laura Sauter, Devon Johnson, Alyssa Lacrosse (back row) Will Holtzman, Chris Oprica, Derek Stiles

DRAMA CLUB MEMBERS ACT OUT



Midsummer Night's Dream (front row, left to right) Evan Laux, Jenn Dimauro, Adam Santaniello, Cassie West, Aleix Puerta, Celina Bycenski, Eva Banlaki, Jasmine Ruckey, Chelsea Cosgrove, Chelsea Moser, Miranda Ingram, Lauren Parley, Brittany Saunders, Pebbles Lacrosse, Tom Burchell, Katie Summa, Travis LaValley (second row) Carley Neumann, Gavin McKay, Zach Shoemaker, Ariel Rogeness, Kelsey Tavino, Sarah Congden, Jessie Strickland, Jordan Lavin, Matt Magda, Director Ms. Holland, David Brinker (back row) Dee Lamantini, Katy Lamantini, Vinny Barnes, Christian Skoski, Emile Backes, Ross McKinley, Jacob LaValley, Bryce Skawski

AGRISCIENCE STUDENTS EXPAND THEIR HORIZONS!











(Top to bottom) Mr. Griffin and Max Carroll ensure that the SHS John Deere tractor is running efficiently. Amy Collins is extremely dedicated to her project, which involves volunterring at a local vet's office, to work with dogs. Ross Mckinley works with a smile on his face, as he prepares for the annual holiday sale. (Left) Marisa Marek, with student teacher Jennifer Ellman, receives her award in Dairy Cattle Handling. (Right) Former SHS student Sara-Jean Griffin (daughter of Mr. Griffin) is honored for her dedication to furthering her education of agriscience.

area towns come to Suffield High School to have the oppurtunity to increase their knowledge in the agriscience field. These students go on to study in the most up-and-coming fields of science and some will pursue careers in biogenetics, agricultural sales, forestry, aquaculture, veterninary science, and many, many more.

There are quite a few events that the agriscience students take part in throughout the year. These include the FFA National Convention, the annual holiday sale, and the Agriscience expo.

Some may classify FFA (Future Farmers of America) as just a club, but anyone who knows anything about its members knows that FFA takes more heart and dedication than any other organization in this school. Commitment to FFA is one of three requirements of the agriscience program. This past year FFA members traveled to Indianapolis for the 80th National FFA Convention. Suffield FFA members who attended participated in many workshops and competitions. While competing, Marisa Marek earned a gold medal

in Dairy Cattle Handling, and placed among the top ten of the country. Also, Carly Neumann, Nathan Sheridan, Celina Bycenski, and Anthony Fusco, members of the Natural Resources Team, earned a silver medal in competition.

Another major event for the agiscience department is the annual holiday sale. The holiday sale is a rewarding experience for all students who are involved. Each year the students look forward to making and selling products, that they grow or make, to the public.

The agriscience expo takes place every other year, in the spring. It is a great oppurtunity to educate the public about agriculture. Children from the other schools in town, and students in the high scool, enjoy coming to the AG Expo to see a variety of animals and other displays.

Today, half a million student members are engaged in a wide range of agricultural education activities, similar to the Agriscience Program at Suffield High School, which lead to over 30 career opportunities in the food, fiber, and natural resources industry.



(Above) The FFA officers are Marisa Marek, Eva Banlaki, Monica Deshmukh, Carly Neumann, Stephanie Rypysc, Christina Szczepanski, and Brittany Saunders. The goal of the FFA officer team is to ensure that the Suffield Regional FFA Chapter and its members have a successful, fun, and productive year. The FFA officers are always working hard to make sure their chapter is the best it can be.



Above: SHS FFA members proudly walk march through the Big E fairgrounds, displaying their chapter's banner. Every year students from Suffield High School display various projects, concerned with different topics.



(Above) The Natural Resources Team that went to the National Convention consisted of Carly Neumann, Nathan Sheridan, Celina Bycenski, and Anthony Fusco. They were advised by Mr. Kaput. The team was happy to return home with a silver medal.



(Left) All the students, and advisors, who attended the convention in Indianapolis agreed that it was time they will never forget. The students who competed learned more at this convention than they ever thought possible.



A MIDSUMMER NIGHT'S Dream Is a Hit at SHS

AUDITORIUM - This year at Suffield High School the fall play performed was William Shakespeare's "A Midsummer Night's Dream". This classic play was brought to life on the October 19th and 20th.

On opening night the seats were packed with friends and family of the actors. The audi-

(Below) Junior Sara Congden stays

in character as she poses dramatically on stage in her beautiful costume. while the students were runto get rid of last minute jitters backstage.

ture. They made it appear, however, as if speaking in this way

(Below) The actors met before the play to relax and get into character while Ms. Holland, gave them a pep talk!

ence buzzed with anticipation was second nature to them.

The audience was amazed ning over their lines and trying by the scenery and props. The props committee did an amazing job turning the stage into The performers had to meet an enchanted forest. Both audistage at Suffield High School on the challenge of memorizing ence and performers felt it was and reciting some of the most asuccess. "It was the most fabucomplicated phrases in literalous thing to hit Suffield since the soda machines," says senior actor Jacob LaValley.

> (Right) Jordan Lavin and Jacob La-Valley gaze off into the distance while on stage during the performance.







(Above) Gavin McKay and Ross McKinley perform a hysterical scene in the play. Gavin dressed up as a woman for the play, with a wig and dress. He and Ross got a lot of laughs out of the audience with their ridiculous antics.



(Above) Senior Emile Backes dresses up as a lion for a scene. He has been in many other high school productions. Emile's performance was better than ever and the other members of the play enjoyed working with him.





(Above) Kelsey Tavino, Zach Shoemaker, and Jenn DiMauro perform an intense scene during the play. Their costumes were very elaborate and interesting. The actors especially liked picking our their outfits for their characters.



(Above) Backstage, a group of actors from A Midsummer Night's Dream pause for a funny photo. To get rid of stage fright and nervousness before the play the actors joked around to calm each other down.



(Above) Kelsey Tavino and Matthew Magda portrayed two of the main characters, Hermea and Lysander. Their chemistry on stage was incredible and they agreed the play was more fun since they had such awesome co-stars to work with!



(Above) A group of fairies confront actor Jacob LaValley during the play. At some points it was hard for the actors to maintain straight faces throughout the play, since they all could make each other laugh so much.

Musical Oliver Takes SCHOOL BACK IN TIME

AUDITORIUM - On March 30th, 31st, and April 1st, students at Suffield High School performed their own version of the musical, "Oliver". The performance proved spectacular, members of the audience were extremely impressed and it was difficult to believe that this production was put on by high school students.

The solos, duets, and

(Below) Michelle Kelly and Pebbles Lacross stop to pose backstage. Do not let their smiles fool you, they are quite nervous for their first performance.

choral numbers were all meticulously executed, due to the countless hours that the actors spent practicing in the auditorium, sometimes past 10 p.m. at night. Not only did they have to practice their scenes, but they constructed extravagant scenery and props. With the help of directors Lyle Pearsons, Stacev Navratil and Jonathan Richter, finally everything was

(Below) Keith Leonhardt and April Nicotera share an embrace in their first duet. Their interactions on stage were quite humerous in this scene.

accomplished on time.

However, it was not all work and no play. Despite the stress of the musical, all the students had a great time with one another. Sophomore Jess Lawrence says, "Being in the musical was awesome; I cannot wait to do it again next year."

One thing is definite though, next year they sure do have a tough act to follow. 🗳

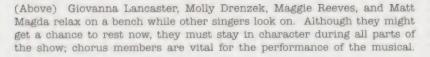
(Right) Leading actors, Adam Santinello and Michael Cooper sing animatedly together, as a group of chorus members joins in singing background.













(Above) Johanna Ruckey and Michael Cooper pause for picture right when they get out of the dressing rooms. Both spent quite a bit of time get ting ready for the show. To look the part of her character, Johanna had to wear a wig, while Michael had makeup applied to make him look elderly.





(Above) A group of the 'orphans' sing during their dinner time at the orphanage in one of the most famous scenes of the play. Harmonization and cooperation was crucial during the song and dance acts with large groups of chorus members so as to not cause any collisions. The cast definitly executed this perfectly in all performances of the show.



(Above) Laura Sauter and Jeff Bridges are exhausted after stressing about the performance all day long. They take a quick break in the prop and costume room before they have to go on stage. The cast and crew of Oliver formed close relationships after working together nearly every day.



(Above) Giovanna Lancaster, Molly Drenzek, and Maggie Reeves practice their song and dance in the hallway before their big scene. They all had a great time doing the musical and were happy that they could spend so much time with each other, on and off the stage.



(Above) Evan Laux, Kyle Smith, and Keith Leonhardt demonstrate their acting expertise with elaborate facial expressions of anger, shock, and happiness. All the actors and singers enjoyed hanging out backstage and joking around before a stressful performance.

LIGHTS, CAMERA, ACTION! STUDENTS TAKE PART IN LOCAL FILM FESTIVAL

AUDITORIUM - This year the annual Film Festival was held in the auditorium here at Suffield High School. There was an enormous turnout for the crowd, as well as a numerous amount of talented directors who submitted their films for viewing and prizes.

The entire Film Festival was a great success and many prizes and awards were given. However, that's not the only important thing. The pure satisfaction

(Below) Mr. Casinghino was the teacher in charge of it all this year. He announced all of the films and handed out the awards that were given at the end. of watching a film produced by yourself or another student on that big screen for everyone to watch and critique is a great feeling. The time and effort put into this event is overwhelming, and everyone seems to enjoy the productions a lot. There were so many different types of films and the different, real-life situations many films addressed.

Many of the students that watched and attended the festival were in awe and were also

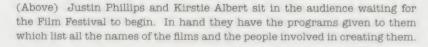
(Below) Mrs. Johnson and Ms. Harnett helped out at the Film Festival collecting money and stamping hands as the admission tickets were given out. amazed at how great all of the films came out. As a junior attending the festival, Kelly Bielonko had this to say about the night's productions, "The Film Festival was great! All of the films were very interesting and involved a lot of variety. I especially liked the funny ones, but the serious ones were also good." It can definitely be said that everyone really had an enjoyable time watching the films that were created.

(Right) All the student film makers came up on stage at the end of the Festival to get recognized for their hard work and to receive the awards.











(Above) After the Film Festival a few students were waiting outside for their rides. Colleen Moroney, Michelle LaPlant, Brenna McGann, and Gosi Kelliher showed us their smiles and how much they liked all of the films.





(Above) Matthew Silva received an award from Mr. Casinghino. He had produced many amount of films that were submitted into the Festival, all of which were very good. His films involve comedy, but Matthew often submits mulalso real-life drama and or situations. tiple films into every festival and the outcome is always great.



(Above) At the beginning of the night, many students, faculty, and family members entered the auditorium to attend the Film Festival. There were students from all different grades ranging from freshman to seniors, and many faculty members from all departments. Many of the students that produced films had their family members present to support them and their hard work.



Festival. Victoria Heyse, Jennifer DiMauro, Evan Laux, and Adam Drew Kirkland, and Sean Smith sat and enjoyed all of the films having a few Santaniello said they really enjoyed the Festival and all of the films. laughs along the way, but also enjoying the seriousness of some of the films.



(Above) These students were also waiting for their rides after the (Above) In the crowd there were many familiar faces. Alex Guminiak,

STUDENTS RAKE IN THE DOUGH\$

JOB LOCATION - Along with school work, a social life, and sports, many students also have to juggle a part-time job. After school and on the weekends, students can be found in many different businesses in Suffield and neighboring towns, from restaurants, to department stores, landscaping to office filing.

These students look forward to a weekly or monthly paycheck to pay for gas, class dues, and frequent shopping sprees. Not only is the cash essential to the average Suffield High student, but having a job gives a student more responsibility to help prepare them for their lives after graduation. Working at a job gives each student more freedom, since they no longer have to rely on their parents to borrow money from.

At some jobs, like Highland Park Market, Subway or Dunkin Donuts in the center of Suffield, many Suffield High students work together. This makes working more fun because the kids have people their age to talk to about work or to help cover for them. However, on days like prom and Spirit Night, it can be pretty hard for these businesses to find people to work, since most of their employees attend Suffield High.

Junior Kyle Doane really likes his job because he gets to "drive around in really nice cars". He works as a mechanic at his father's auto shop in Suffield, cleaning up the shop, fixing cars, and transporting them. Other students have become entrepreneurs themselves. Senior Tom Ruzbasan and a friend started their own business called JET Landscaping. "Mowing lawns is fun", he says about the work he did nearly everyday during the summer.

It is obvious that Suffield High students are on the path to success from an early age.



(Above) Nicole Tittarelli smiles as she waits for customers at Ruby Tuesday. She works as a hostess a couple days a week after school at this restaurant in the Enfield Mall.

(Below) Kyle Dalrymple is caught by surprise as he slyly sneaks a snack for himself during an afternoon shift. He enjoys working at Dunkin Donuts, and especially likes sampling all of the different donuts and muffins.





(Above) Katie Summa, Jeff Brightman, Amber Nadeau, and Kalleigh Peterson pose in their uniforms on a Sunday afternoon in Subway. Two staff members are on at a time, and often it is two Suffield High students. They all said that they do not mind working at Subway, unless the customers get extremely rude.



(Left) Bill Schnepp poses with a co-worker, Wizard, at his job in the Suffield Animal Hospital. Billy takes care of many animals and controls the kennel area of the hospital.

(Below) Becky St. John stocks the shelves at CVS Pharmacy in the center of town. She enjoys working there because she recognizes many people from town who shop here.





(Above) Matt Pravia washes dishes in the back room of Suffield Pizza. Although it is a messy job, he does not mind it, since working there helped him save up money for his truck

(Below) Mike Tassinari and Julia Roder-Hanna pause in between customers for a quick picture. They work together in the meat department at Highland Park Market. Since they started working there, they are now experts on every kind of deli product.



Family: Together Through It All...

EVEN SCHOOL!



shs - The seven hour school day can be tough to get through. Those who have family members at the school might not realize just how lucky they are. Although they might not get along all of the time, most of them would agree that it is nice to know that there is always someone there for them, somebody that's family.

From brothers and sisters, parents and children, cousins, and even twins, Suffield High School is filled with sets of family members. Students with older siblings said their favorite thing about having an older sibling at school was getting a ride in the morning. Kids with parents in the faculty told us that if they ever forgot their lunch money, it was a good thing that they had their parent there to help out.

Even though school can be very busy, family members always find time to say hi to each other throughout the day. All of the family members at Suffield High seem to get along great and enjoy sharing the everlasting experience of high school with their family.

From Top to Bottom: Twins Rachael and Danielle Sullivan pose together in between classes. Danielle said, "I really like going to school with Rachael. We have a lot of the same classes, and it's nice to be able to work on homework together." Rachael agreed, saying, "Partner projects are fun because Danielle and I usually get to work together." Kristen Pepler and cousin Melissa Zaczynski have the same lunch. Kristen says, "Melissa is definitely my favorite cousin! I enjoy going to the same school as her. It gives us a chance to catch up on family gossip."



Junior Daniel Carney poses with his mom, Mrs. Carney, and cousin Matthew Shute. They all drive to school together in the morning, and agree that it's a great way to start their school days.



Luke Anderson and his mom, Secretary Mrs. Anderson, take some time out of their extremely busy days for a quick picture. together.

VIEWPOINTS



"Zach and I played on the hockey team together this year. I think it was fun to be on a team together."

Nathan Allard



"I'm glad I go to school with Nate. He can drive, so I always get a ride to school in the mornings."

Zachary Allard



STUDENTS STRUT THEIR STUFF ON THE (WILD)CATWALK!

though the school day feel good for the day ahead. very distinct styles.

For girls, a designer be new and exciting! 🗳

SHS HALLWAYS - Even purse or jewelry adds flair to their everyday look. Many doesn't begin until 7:30, boys can be recognized by many of the students at a hat with the logo of their Suffield High wake up very favorite sports team that early every morning to they wear nearly every day. ensure that they look and Other students are more bold in their fashions, and Although many of the girls wear crazy apparel and and boys at school wear accessories. You can be similar styles and brands of certain that even if your clothing, a select few have classes are boring, the fashion at SHS will always

"I wear this hat all the time. It's really comfortable and matches everything. I love it!"

Sam Smyth



"Everyone just looks like clones of each other. I hate trends, so I don't buy into them."

Justin Torone



(Left) Laura Dorman poses with her new Aldo purse. Laura says, "I love to shop at stores like Anthropology and Banana Republic."



(Left) Anthony Cervione says that he doesn't really worry too much about what he wears to school. "As long as it's comfortable, I'm happy!"

SHS STUDENTS TAKE A STUDY BREAK

sports practices, games, extracurricular activities, and homework, the students at SHS are extremely busy throughout each day of the school week.

However, on the too few weekends, the teenagers embrace their free time and make sure to have fun! Even though Suffield is relatively small and lacks a Emily Droney. large array of activities students still manage to find things that keep them busy. Between going out to eat,

OUT OF SCHOOL - Between shopping, watching movies, playing video games, or even practicing a sport with their friends, everyone at Suffield High School agrees that the weekends are the best time to take a Study Break! "On Friday nights, I always go to Friendly's for dinner with a group of friends. Then we usually catch a movie or go disco bowling," says senior

> All the students have their own ideas of what is "fun", but they basically all just need a "study break". 🗳



(Above) Billy Schnepp and Margaret Cooper plan what they are going to do tonight. They decide to go see a movie. Here in the library they look at the newspaper to see what is playing, what time, and which theater to go to.



(Above) Casey Merrick and Ali Gagnon discuss what they did last weekend. "It's always fun to share good times with good friends and talk about them later. I love laughing about funny things that happened in the past!" Ali Gagnon



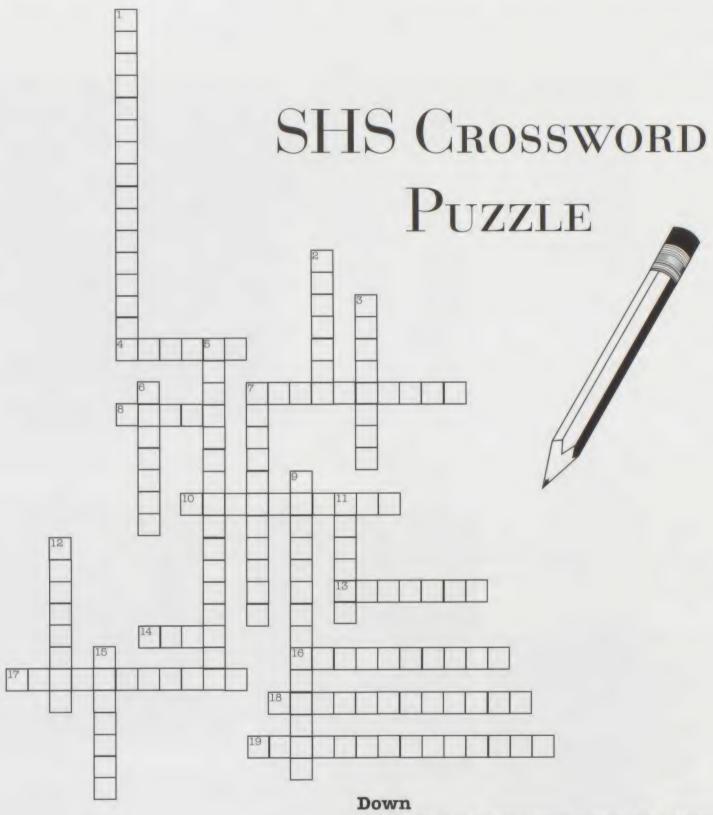
(Above) Despite Laura Dorman's crutches, she and Ali Kuras take time out for a few moments while having a small snowball fight during the first snow fall of the year. Students don't even have to leave school to have fun!





(Left) Amanda Loveland primps before going out Friday night with her friends. She never knows who she might run into! "When you go out you want to look good, plus it's fun to get ready with all your friends!" says Amanda.

(Above) Justin Phillips, Kirstie Albert, Alexandra Messmer, Ian Shulman, and Jessie Strickland all can not wait to get out of track practice on a Friday afternoon because they all have something fun waiting for them after practice.



Across

- 4. Games and competitions that most students participate in
- 7. Fill in for teachers when they are absent
- 8. The library is full of these
- 10. When underclassmen get their school photos taken
- 13. Most of us have 7 of these in our schedules
- 14. Night juniors and seniors get all dressed up
- 16. Tests that are given at the end of each course
- 17. This tag hangs in the front of students' car windows
- 18. The town that suffield rivals
- 19. Girls and boys soccer teams held this title in 2006-2007

- 1. The 12th graders gain these for being good individuals
- 2. Where students keep their belongings during the day
- 3. Our amazing town
- 5. The official name of the yearbook
- 6. Area where lunch is eaten and meetings are occasionally held
- 7. Competitive event held between the grades
- 9. Infamous last day of the week when the upperclassmen welcome the 9th graders
- 11. The last name of the fantastic yearbook teacher
- 12. Work that students do outside of school
- 15. Our loveable mascot

Suffield High Astrology

SHS CRYSTAL BALL - Have you ever wondered what the future has in store for you? Of course, it is impossible to know your own fate, however, at Suffield Times we look towards the moon and stars to find what approaches.

Each year holds exciting events for every student. Whether you are anticipating the outcome of the championship game, dying to know who your date to prom will be, or anxiously awaiting your exam grade, many students are eager to find the answers.

Of course, every time after you win the game, score a hot date to prom, or ace the test, you are absolutely and completely relieved. You look back and think, "What was I so worried about?" However, if you knew the outcome to every problem, what would be the point? There would be no hope or no wishing, no freaking out, no crossing fingers. Imagine if even the winner of Spirit Night was already known ahead of time.

This is no way to go through high school, or life for that matter. So we have made some predictions about the future for all students. Find your fate, or predict your own. However, remember, as long as you put your mind to it, you can accomplish anything... even your wildest dreams.



(Above) Christie Mastroberti waits in line during lunch time. She hopes that the lunch is something good and she will not be disappointed that she decided to buy. Thankfully the school has menus so that students do not have to predict each lunch.



(Left) This all-senior environmental science class obviously cannot predict the weather very well. They were scheduled to go outside and collect leaves for their Devine Brook projects, yet it was pouring rain outside. Luckily they were able to improvise with ponchos made from extra plastic garbage bags.



(Above) You can never guess what students will end up wearing to school during Spirit Week. Here, Jessica Fox sports some fluffy red Elmo slippers that add some crazy personality to her outfit.

(Below) Tara Sullivan, Katie Shute, and Nicole Cordiliko maintain smiles even though these freshman have no idea what the first year of high school has in store for them.



(Below) Chris Coates and Chris Drake guard the table for the Spirit Week penny war. All the grades compete in this competition, and the outcome is usually up in the air.



WHAT DO YOU SEE IN YOUR FUTURE?



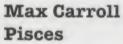
Melissa Jenkins Capricorn

"I will be a successful, prosperous social worker, with a family in the making."



Brenna Lowe Aquarius

"I will go to college and be smart, happy, successful, and rich."

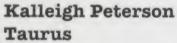


"My future looks very hearty."



Claire Tassinari Aries

"My whole life will be involved in theater. Eventually I will star in my own movie."



"I'm going to be rich, joyful, and have a luxurious life."

Nick Peluso Gemini

"I'm going to beat Halo 3."



Shawn Deford Cancer

"I'm going to work at McDonald's for the rest of my life. With a hair net."

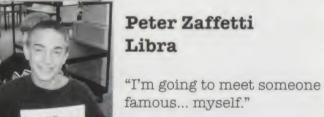
Nikki Jordan Leo

"My life is going to be awesome!"



Mike Christina Virgo

"I'm going to be a professional musician."



Ben Dorman Scorpio

"I'm going to become a biologist."



Nicole Salemone Sagittarius

"I'm going to live on the ocean in Italy, running a seaside Italian cuisine restaurant."

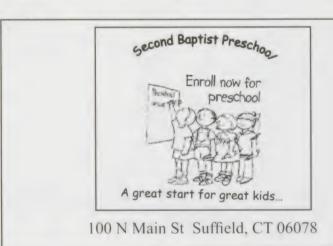
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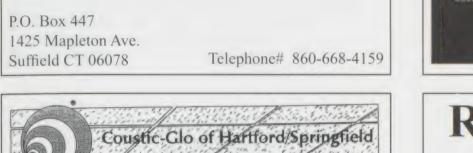




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Best Wishes to Kelly, Ali, Kyle, Braidy, Jaime And the SHS Class of 2008! You all have a place in my heart



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Josh Severns Mike Presnick Kevin Muscarella Chris Coates Bryan Hull Alex Guminiak Sean Smith Drew Kirkland Andy Parent Luke Anderson

And the entire Class of 2008

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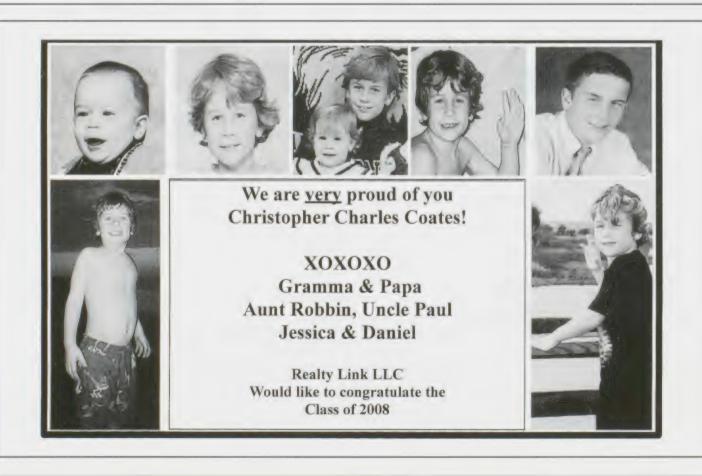
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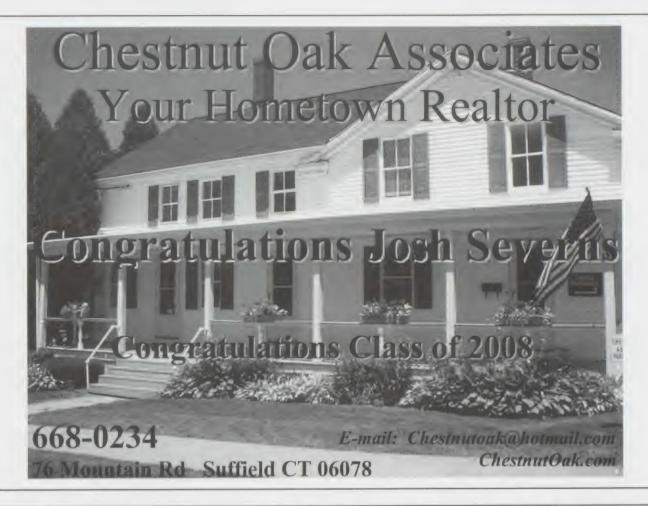
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Katelyn, Amanda, and Matt We Wish Success in all Future Endeavors for the Class of 2008!

SUFFIELD FIREMAN'S ASSOCIATION

As you drive into the future, Jenn, remember to enjoy the ride!

Love: Godmother Jean and Family!



Congratulations Margarett

We are so proud of you and know you'll continue the hard work and perseverance into your future.

Good luck. Love, Mom, Dad, and Michael





Jennifer Thresher.

Hard work pays off! We are so proud of you and all that you have accomplished.

Love, Mom, Dad, Catherine, Jason, Jessie, Max, Hunter, Bubba

Alannah "Lana" Justesen

We wish you all the success in every endeavor you pursue.

Enjoy life, see past every mountain, and remember, we are here for you.

CONGRATULATIONS

Love,

Mom, Alex, and Angelique

SARAH

We love you and are very proud of you!

Dad, Mom, Jamie, and Sammy



Congratulations

We are very proud of your accomplishments.

Love, Mom and Dad



Congrats Grad!

Eden,

We are proud of you and what you've become. You have much to offer and whatever you decide to do, we know you will do it with passion and will accept nothing but the best.









Remember to go after your dreams

May God guide you in life's journeys

Desire to make a difference,

Love Hard

Remain strong and true to yourself.

Braidy Lynne

Watching you change and grow over the years has brought such happiness...

We have tried to give you roots and have tried to give you wings as well, so that you feel confident enough to go in the directions you choose, but with the knowledge that wherever you go, you always have a place called home to return to and someone who loves and believes in you!

Love, Mom and Dad



Congratulations Jimmy!

We are very proud of all your accomplishments!









Love, Mom, Dad, and Nikki (Abby and Tasha, too)



No matter your "look" you always look great to us! We are very proud of you. Congratulations!













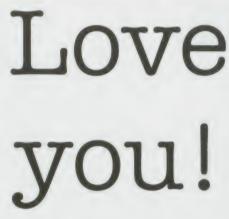
Go Jess!













Congratulations Justin!

"To be nobody-but-yourself in a world which is doing its best, night and day, to make you everybody else..." E.E. Cummings

To honesty, integrity, and strength of character you've shown this past year and always makes us so proud of the man you've become.

We love you!

Love,

Mom, Dad, Jessica, and Jamie





The future lies before you Like a field of driven snow, Be careful how you tread it, For every step will show.

KELLY,

May the sun shine,
all day long,
Everything go right,
and nothing go wrong.
May those you love
bring love back to you,
and may all the wishes
you wish come true!

Love, Mom





Congratulations
Super Seven
and
the Class of
2008!





Some Things Never Change!

Congratulations
Josh, Mike, &
Sean
and the
Class of 2008!

Lisa.

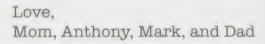


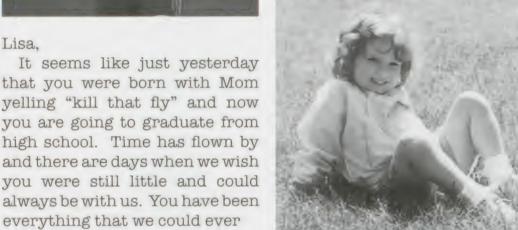
Congratulations LISA

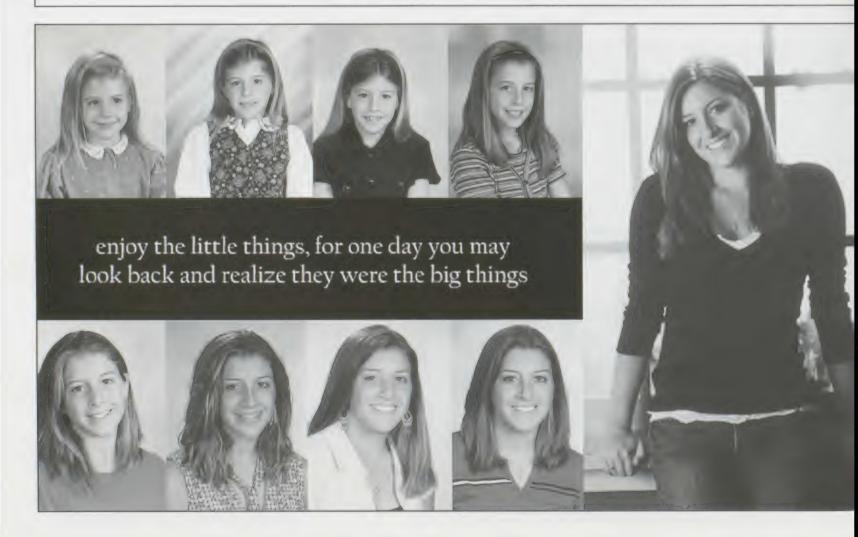
want in a daughter. But it is time for us to let you go so that you can spread your wings. There are many new friends to meet, new adventures to be had and lessons to learn. With all that



the world has to offer you, do not forget these things: the friends you have made in Suffield, the life lessons you have already learned and the fun you have had. Keep true to your beliefs for they will lead you down the right path. Congratulations.







Congratulations Taylor!

You

are the

Sunshine

of our

Life

Love Mom, Dad, Jamie,

Betty, Barney and Ali









As you journey through life, choose your destinations well but do not hurry there.

You will arive soon enough.







You have so much to offer the world and you've only begun!
We love you and are forever proud!

Love, Mom, Dad, Rayshelle, and Conor









Mar-Bear Congratulations We love you

Mom, Dad, Ann & Winston











ASHLEY,

Every great dream
begins with a dreamer,
Always remember,
you have within you
the strength, the patience,
and the passion
to reach for the stars to
change the world
-Harriet Tubman

I love you, Dad



KAYLEIGH-

You've always been the sunshine in our home. May your light shine bright everywhere your future brings you! God bless you and the Class of 2008!

We are so proud of you baby! All our love-

Mom, Dad, Christa, John, Sarah, Jesse, and Stub

Lexi,

Fly and you will catch the wind. Dream and you will reach your goal. We're so proud of you!

Love, Mom, Dad, Nikki, Grandma, Grandpa, Uncle Matt, and Aunt Gaby















Luke

We are so proud of you and all that you have accomplished through high school. Wishing you continued happiness and success as you go off to college. We will miss you!!

We love you.

Mom, Dad, Zach, & Paige
Congratulations Class of 2008





Alex-

May your carefree outlook and contagious humor follow you through life.

Love, Mom, Dad, and Lesley







Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.

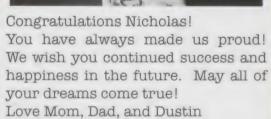
Congratulations Rich!





Love, Dad, Mom and Katie















MICHELE

"Love is patient; love is kind and envies no one.

Love is never boastful, nor conceited, nor rude;
never selfish, not quick to take offense. There is
nothing love cannot face; there is no limit to its faith,
its hope, and its endurance."

Compassion, empathy, inner strength, kind heart, open-mindedness, wisdom beyond your years - these are just some of your trademarks - they shall see you through to the wonderful life that awaits you.

As you travel the road of life, follow your dreams, continue to be your own person and have faith in yourself.

The best is yet to come.

We are so happy for your many successes and proud of your strength and character, you are such a beautiful good person.

All our love, Dad, Mom, Niki & Kyle Reba, Cocoa & Reilly



Congratulations

SHAWN!

You are the Gentle Wind whose calm, confident demeanor conceals incredible discipline, perseverance, and strength.

Know that you have done your "job" extremely well, and have a great deal to be proud of - as we are of you. Now, find and pursue your true passion, and make your own mark in the world.

We love you, Mom, Dad, and Emily







You make us so proud. We know you will be happy and successful. We love you so much.

Love,

Mom & Dad



Congratulations Ali!
Time to leave SHS behind and make some new memories. Oh the places you'll go!
Love, Mom and Dad





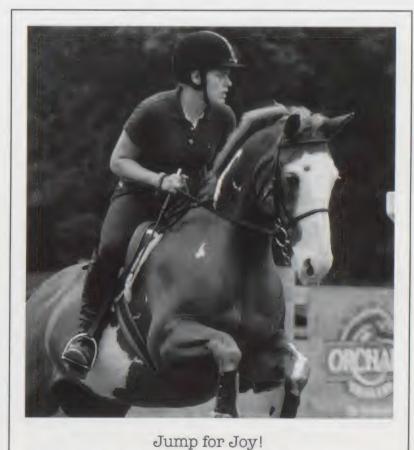


Be the change you want to see in the world. Be kind, keep an open mind, and stay focused on your goals!

Always know you are loved, Kiddo!

Love,

Mom, Dad, and Sean



Congratulations 2008 Graduate!

Love,

Mom, George, Apple, Arizona, and Catherine



Together you have conquered the common things in life in an uncommon way. We are so proud of your strengths and the passions which have made you both so successful.

We Love You,
Mom, Dad, Grammy, Rozz,
Ryan



Congratulations Kevin

& CLASS OF 2008

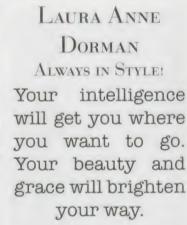
What lies behind us and what lies before us are tiny matters to what lies within us.





May you have smooth sailing in your dreams!

Love, Mom, Dad, & Emily







We are so proud of you!
Congratulations!

Love, Mom, Dad, & Kristi





Across the miles
So many smiles
Love ya!
Your Family









"To acquire knowledge, one must study but to acquire wisdom, one must observe" -Marilyn vos Savant

Wishing you a great future with lots of happiness.

Love,

Uncle Chris, Aunt Diane, Christopher & Nicole



Congratulations Brian!

From, Dad, Dan, Emily, & Elizabeth



"If you can imagine it, you can achieve it. If you can dream it, you can become it."
William Arthur Ward

You make us proud.
Continue to strive for greatness.

Love, Mom, Dad and Connor





Congratulations Meghann!
We are so proud of your accomplishments.
Keep smiling!
May all your dreams come true.
All our love,
Mom, Dad, Michael, and Rachael



Kind hearted
Entertaining
Vibrant
Imaginative
Nice

Congratulations,
Kevin!
We are extremely
proud of you
and all of your
accomplishments.

Love, Mom & Dad Alex & Jason





Remember, wherever you go in your life Ashley, and no matter what the weather may be, always bring your own sunshine.

Make (Bumpa) proud.

Keep shooting for the moon Ashley! If you do not reach it, you will still be among the stars.

We are so proud of you!
Congratulations!
Job well done!
We love you,
Mom, Dad, Brother Benjamin
and Nana

Ashley Boudle

I hope your dreams take you to the corners of your smiles, to the highest of your hopes, to the windows of your opportunities and to the most special places your heart has ever known. You're not a little girl anymore, but a rising star, ready to sparkle in the world.









Brett-

Remember, 20 years from now you will be more disappointed in the things you didn't do then the things you did. Explore, dream, discover. We are proud of you!

Mom, Dad, Katie, and Nick



"Don't stop believin...
Hold on to the feelin"
CONGRATULATIONS MATT
YOU MAKE US SO PROUD
Love, Dad, Mom, and Ally



CONGRATULATIONS
CHRISTINA
AND THE CLASS OF
2008
Tinkerbell,
You have gone from
our miracle baby to
a beautiful young
woman in what
seems like a few
short years. But the

best is yet to come. We are so proud of you.

We love you always, Mom and Dad

P.S. I always knew you would do it. Love, T.J.









Jacqueline Tyman
We are so proud of you!
Love,
Mom, Dad, Sarah, Pat, and Rachel



KELLY IRENE

Keep those GIANT dreams alive...
Congratulations!
Love,
Mom, Dad, and Klaire

And when you get the choice to sit it out or dance...

I hope you dance. I hope you never lose your sense of wonder. Never settle for the path of least resistance.
-LeeAnn
Womack

Congratulations Sam!

Love, Mom, Dad, Jon, and Zac



"Life was meant to be lived, and curiosity must be kept alive. One must never, for whatever reason, turn her back on life."

Eleanor Roosevelt



We love you and are very proud of you
Brittany.
Congratulations,
Dad, Mom, Mitch, and Travis



Billy,
YOU are in the driver's seat now!
We're so proud of the person you've become.
Love, Mom, Dad, Matt & Alec



John...
From a little boy to a fine young man, I am so proud of you.
Love, Mom



SEAN
CONGDEN
It seems
like only
yesterday it
was your first
day of school.

God's blessings in your Pursuits! Kevin Connelly, Stephen Cannon, Sean Congden, Matthew Willett, Greg Schon, Nick Moskwa, and Aaron Olsen.

> Love, Mom and Dad Congden



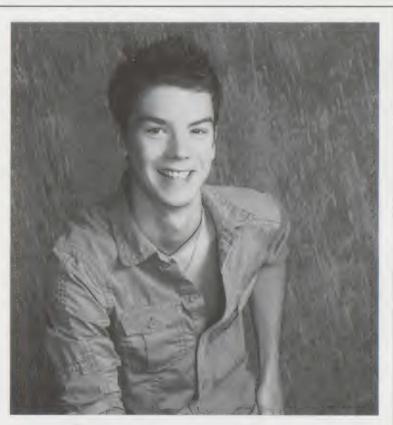
Congratulations TRAVIS!





Travis,
From your first day of school to your senior year, we couldn't be more proud of who you are as a person and all that you have accomplished so far.

Love, Mom and Dad



Congratulations Jordan!
I am very proud of you.
Love,
Grampy "G"



We're very proud of your hard work and accomplishments and for the person you've become. Good luck pursuing your dreams.

Love, Mom, Dad, and Kim

Congratulations Matt

"Don't aim for success.

Just do what you love
and believe in and it
will come naturally."

-David Frost



"I'd be happy to show you my pocket copy of the U.S. Constitution."



Melissa,

Go confidently in
the direction of your
dreams and live the
life you've always
imagined.
We are proud of you!
Love,
Mom and Dad



Congratulations Amanda

We are so proud of the person you have become. You have so much life to live and enjoy.

We love you. Mom, Ashley, Auntie, Grandma, Papa, and Rosie





Congratulations
Amanda, Ali, and
Mary. It seems like
yesterday you were
little and carefree,
met for breakfast at
Billy's, played in the
sandbox, rode your
bikes and played
under the sprinkler.
Best wishes and good
luck after graduation.







Congratulations Ali!
We are so proud of you!
Love,
Mom, Dad, & Kimmy



Congratulations
Class of 2008!

From,
The Wildcats Hockey
Booster Club



Congratulations Amanda::

We are very proud of you! Look how far you have come!

Love, Mom, Sarah, Matt, & Tom





Alicia Boyd

Some say this hill took forever to climb - some say the wind has blown the years by.

You say "at last" and I say "so soon".

But everyone agrees that the world is about to receive one gracious, insightful, and spunky young lady.

We love you and are so very proud.

Mom, Dad, Granny, & Amanda





Congratulations Class of 2008 and to our daughter Tiffany Marie Fellows. We are so proud of you.

Love, Mom, Dad, Rachel, Kelly, Meggan, Chris, Ben, DJ, Kaily, and Brandon



Congratulations Justin, John and Friends!
Justin, we are so proud of the young man you have become and all you have achieved.

Love,

Mom, Dad, and Chelsea





We are so proud of younot only your many
accomplishments, but
also the wonderful person
that you are. As you go
out into the world, there
will be many things in life
that will catch your eye,
but only a few that will
catch your heart - pursue
those! May all your
dreams come true.
With lots of love always,
Mom and Dad

Congratulations
Allie
Class of 2008:



ALANNAH, CONGRATULATIONS!
I stood with you everyday
waiting for the bus on the
start of your journey in life.
Now your Journeys are with
friends, one day with a family.
Though I am not standing with
you, I am there for you and I
am very proud of you.

Love you very much, Dad



Congratulations Bryan!
We are very proud of you and love you very much.
Love, Mom, Dad, Erika, and Kevin







Kansas (Eric) Heaney
Can you believe it? You did it.
We are extremely proud; job well done.
Tomorrow is a new day; begin it well.
Love, Bob, Ileana, and Kelly



Congratulations Seniors:
Thanks for leading us through a memorable and special swim team season!
Love, SHS Swim and Dive Team 2007







Congratulations Whitney on a job well done!
We are very proud of you and we love you so much.
Love,
Mom, Dad, and Bruce

EMMIE TRACEY

Congratulations to our ever-smiling Peanut!

Love, Mom, Dad, Mary Kate, and Caeli



You truly are special - look at all you have accomplished!

We love you Emily!

Mom, Dad, Maddy, Jimmy, Jack, Maeve, and Pedro





You've brighten our world and made us proud. Love, Mom, Dad, Caylene, Brenna, & Laura

Alyssa Frechette



My BROTHER

Dear Shawn.

Of the past 16 years that I have known you, the last three years have been the best yet. Not only have we matured in our roles as brother and sister, but we have also become the best of friends. Know that as you take your voyage through the uncharted waters of college, I will continue to be proud of you and will miss you as well.

Love always (even if we don't say it) -Emily





We're so proud of you and the beautiful young lady you've become. Congratulations on your graduation! All our love forever, Mommy, Daddy, and Bivs

LEXI



Congratulations Alex & Andy

We are so proud of you and all your endeavors! All our love, Memère & Pepère



Congratulations
ALEXANDRA

We know you'll dive into college and make a big splash.

We are so proud of you!
Love,
Mom, Dad, & David



Congratulations
Cousins

Rock on through
college.
Two brilliant
young people, two
promising futures.
We love you both.



Congratulations
Alex:

We always knew
you would climb to
the top!
Love,
Uncle Bob
&
Auntie Mimi



Still friends after all these years!

Love, Mom & Dad



JESSICA

We're so very proud of you.
You've become a wonderful young woman.
Congratulations!
Love always,
Mom & Dad



Kirstie

ALBERT

Since you day you were born, you have never stopped AMAZING us! You are as beautiful on the outside as you are in spirit and we wish you love and joy forever!

Love, Mom, Dad, Joshua, and Noelle



Congratulations
Breana

You have always
loved doing things
your own way.
We're so proud of
you!
Love,
Mom & Dad



Estamos muy orgullosos de ti. Felicitaciones.

-Mom and Dad







A journey began on your first day of school...it now continues towards a wonderful future. Congratulations. Love, Mum & Mark Amylia



We are so proud of you and all you've accomplished.

Love,

Mom, Dad, and Jason

Way To Go Meg:



CHRISTINA DARLING

Congratulations!
You will always be our special girl.
Wishing you a bright and happy future.
We love you very much.

Always, Gram and Grampy



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